



# ON THE FLY *October 2024*

CALIFORNIA FLY FISHERS UNLIMITED-ESTABLISHED 1962  
N.C.C.C.F.F. AFFILIATE [WWW.CFFU.ORG](http://WWW.CFFU.ORG)  
OCTOBER 2024 ISSUE 7

## PRESIDENTS MESSAGE

JEFF STEPHENS

Many thanks to those stepping up to enhance our member's experience and others outside our group...

## CONSERVATION

Dave Lentz

No current reports

## SOCIAL/GATHERINGS

ANNUAL DINNER!

April 6, 2024

Dante Club

Laurie Banks

We had lots to do last month!

## EDITOR/EDITORIALS

**EDITOR-FORREST OLDHAM**

**LOTS HAPPENED**

**LOTS TO HAPPEN**

**PONDERINGS**

Some thoughts on fly fishing.

## TECH SERVICES/SKILLS

Tech Services Corner

Jeff Morin

What we did.

## OTHER EVENTS

**FLY OF THE MONTH**

Come to the meeting for the Fly Tyer's Exchange and bring your flies!

## GENERAL MEETING

SPEAKER

A note on last month's speaker from Tim and Frank.

## OUTREACH/ YOUTH

OUR SERVICES HAD TO SPLIT GIVEN CALENDAR CONFLICTS! WE ARE IN DEMAND!

## MISCELLANEOUS INFO

**SUPPORT OUR SUPPORTERS!**

Our specialty shops are exactly that, SPECIAL! They are sources of items and information conveniently we need to continue to enjoy our sport. Without our supporting them, they wither away and so does the convenience

## OTTERS

Come join us for a good meal  
Some lies, and fly tying.

## FISHING REPORTS! WELCOME NEW

Come to the meeting to get  
a report! MEMBERS !!

### President's Corner

by Jeff Stephens (with help from Forrest)

September's been a busy month for CFFU. We were asked to participate in some activities that conflicted on the calendar. We are making an impact! Read on for more information.

The new 2024 President's Pins arrived and I started handing them out to members who've volunteered and are eligible for the President's Outing later this year. I also handed out a few "Challenge Coins. Come find out what they are about.

We're in the middle of the winter months now, but the club is staying busy planning activities, our Annual Dinner, Canoemobile, and Girl Scout Program just to name a few. There's a lot going on and don't forget the Otters meet twice a month, keep checking the calendar; Laurie always keeps it updated.

### CONSERVATION "A FISH IS TOO PRECIOUS TO BE ENJOYED ONLY ONCE"

Dave Lentz

Who made this quote? Lee Wulff.

Conservation Committee report for newsletter, Feb, 2024

During 2023, The Conservation Committee's focus was working on a report for Solano County Water Agency. The report was completed and submitted to SCWA in December, 2023. The report concerned habitat restoration and enhancement in lower Putah Creek and fishery management in the "interdam reach" downstream of Lake Berryessa. The Committee's Putah Creek team includes several retired biologists and aquatic habitat professionals. In January, 2024 the Committee met and reviewed organizations and conservation efforts that CFFU donates to and supports. The Committee made recommendations to the CFFU Board of Directors for continued support for these efforts. Also, the Committee continues to research other conservation needs and efforts that we can support with donations and/or volunteer effort. We are following current issues on the American and Yuba Rivers.

Tanlower Putah Creek. We are also looking for opportunities that CFFU members can contribute volunteer time or labor in the field.



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## SEPTEMBER SPEAKER FOLLOW-UP

**Subject: [CFFU] Mike Pease, “Fishing the Lost Sierra”, Sept. general meeting**

**Reply-To: auyoungt@comcast.net**

Hello all, for those of you not able to attend the Sept. general meeting, Mike Pease of “Mike Pease Adventures”, shared his home waters and wonderful practical information for fishing right in our own backyard, the Sierra Mountains. Here is a brief summary.

- \* Past career as engineer, now teaching math locally to high school seniors, and a 1 unit class at Sac State, “Fly Fishing” under the Kinesiology Umbrella
- \* Lives locally, and a family man
- \* Title - “Fly Fishing the Lost Sierra”

1. Options to fish: running water or Stillwater giving numerous examples. Middle and North forks of the Feather River, EAST BRACH OF NF FEATHER, Spanish/Yellow/Nelson Creeks for streams, and popular lakes: Lake Davis, Lake Amador, Bucks Lake, Frenchman, Antelope Lake
2. Lake Davis for bass
3. Access and starting points: Easy and remote access points depending on what your ability is. Camping available and where
4. Equipment and flies: 8 1/2 or #9’ rods, floating lines, OR, optional, Euro nymphing rod set ups, and trout spey rods. Standard dry flies of Elk Hair Caddis, Parachute Adams, or Stimulators: nymphs - Red Copper Johns, Prince Nymphs, bead headed PT’s
5. Middle Fork Feather River - “Wild”, “Recreational” and “Scenic” areas for Browns, LG and Small Mouth Bass, with Rainbows
6. Fly Fishing the Middle Fork - Spring/Early Summer: Summer: Fall/Winter patterns to fish
- 7 History of the North Fork

Mike can be found reached at [www.mikepeaseadventures.com](http://www.mikepeaseadventures.com) for any questions, comments, or inquiries for any Guided trips to any waters listed in this short summary.

Tim Au-Young  
Frank Rinella  
Program. Director Co-Chairs

# PONDERINGS

By Forrest Oldham

Do you find yourself doubting your choices when fishing? Using the right fly, leader, line? Fishing the right place, right retrieve, etc? This is a case of confidence. How do you overcome this? How about asking someone else? Can they be trusted? What do you do to solve this? This is confronted by all of us in many pursuits. Seems to me the more input you can get the better the information. Seems to me the club and it's resources could be a big help here!

## **A THANK YOU FOR A GREAT JOB**

Annual Fish Derby Work Party

Sept. 12, 2024,

by Tim Au-Young

Hello all, first and foremost, a HUGE 'THANK YOU' goes out to the 12 hearty souls who volunteered for the Annual Fish Derby Work Party, inspecting and repairing the almost 100 rods in the club's possession.

For the last 24 years that I know, the Annual Fish Derby has been a part of Sacramento County's Therapeutic Recreation Services, TRS, started by the late Kathy Barber. TRS is a sub committee with the major function to provide services and activities for people who are physical and mentally disabled, living in the greater Sacramento County. Whether these people live in care facilities, with their family, or any other living situation, once registered, TRS will invite them to these activities. There are no age restrictions. Dances, picnics, pool parties, Fairy Tale Shows, Hot August Nights, River Cats Games, Kayak Night, and attending the State Fair are just a few of the outings that are offered. Of course, an annual fishing derby is also offered!

## **OUR ASSISTANCE IS REQUESTED**

September found us scrambling to assist others with our skills. Some helped here.

On September 29th there was a scout Fly Fishing merit badge event at Gibson Ranch. The staff of event have reached out to CFFU for help with fly tying and fly casting for the approximately 150 scouts.

Some members helped out with fly tying and maybe fly casting for stocked fish in the lake.

We are sure they did a great job and maybe caught some fish, as well.

Frank Rinella

## **Our Club “ Mile 16 south” River cleanup**

**Sept. 21, 2024**

**7:30am-10am**

We met at *Rossmoor Bar* then cleaned up from the bike trail to the river. We had trash bags & some coffee and treats. Please, for this event always dress appropriate, bring water, gloves and extended pickup grabbers if you have them. It is a great time of the year to see this area of the river that we has our club name on the bike trail at "Mile 16 south “ and a Dedication Bench for one of our past members. A good many show up to this regularly. Contact Beverley Thomas about this in the future. We do a good job of taking care of our home water.

### **EXTRA! EXTRA! READ ALL ABOUT IT!**

### **FFI CASTING TRAINERS GATHER!**

On Saturday a well planned and executed event occurred at CFFU’s sponsorship. Many of CFFU gathered with members of six nearby clubs and leading members of FFI at William B Pond to measure, practice, improve, and otherwise enjoy fly casting. There was a training in the morning to learn the program’s format and implementation with the use of the learning happening in the afternoon as others arrived to take advantage of the day’s efforts following a BBQ lunch overseen by Chuck “BBQ” Odell and his crew. Outlined to us was the setting up of four stations for the learning and measure of each persons skills. There was a place for beginners, modestly proficient casters (bronze level), more skilled casters (silver level), and very skilled casters (gold level). Note was made this was not a competition, just a way an individual can measure one’s skills in casting and a process to improve if so desired. Each level has the ability to assist level(s) below theirs to measure and learn to achieve more skills. This leads to a more confident angler. I would estimate there was more than one hundred participants. I believe it was enjoyed by all. Thanks to those all that attended and especially those that stepped up to help. Another well done activity with CFFU.

## Tech Services Corner

Jeff Morin

Tech Thursday meetings cover fly fishing topics ranging from intermediate fly casting and fly tying to more advanced topics such as rod building, tying Atlantic Salmon patterns, and spey casting.



by Jeff Morin on September 25, 2024

What do you do if you are lost or injured in the wilderness? CFFU member and Calaveras Search & Rescue (S&R) volunteer, Paul Wisheropp says to “hug a tree”. With all divisive politics to the side, when lost, hugging a tree induces a sense of calm and of most importance to any Search & Rescue Team, gets you to STAY PUT!

September's Tech Thursday meeting welcomed twenty-one members. I personally, thank all of you for your support in our CFFU Tech Services program and for supporting Paul with your interest in wilderness safety. Paul's presentation began with a brief introduction to Search & Rescue (S&R) and focused on what is important to us fly fishers: how to remain safe in the wilderness and how to avoid problems by being prepared.

To learn more, watch your email for the Tech Services Corner, to read the full article.

## A REMINDER!

### ANNUAL DINNER- ONCE AGAIN AT THE DANTE CLUB!

April 2025 Save the Date! Annual Dinner and Fundraiser April

CFFU's 2025 Annual Dinner and Fundraiser will be held a Saturday, in April , at the Dante Club, 2330 Fair Oaks Blvd. Sacramento. This is our big fundraiser and social event. We'd like everyone to join us for the terrific food, great raffle and auction items, and wonderful camaraderie! Everyone is welcome: club members, family members, friends, co-workers, or neighbors... anyone who's interested in having a wonderful time, winning great prizes, and supporting a great cause. So please mark the date on your calendar.

You can buy your dinner and raffle tickets at the March General Meeting, but the sooner the better! You can also buy dinner tickets from our website with your credit card or PayPal account. Tickets are \$45. Proceeds from the dinner support our Fish in the Classroom program, local conservation and restoration

<http://www.cffu.org/annual-dinner.html>

efforts,

the Bittner Scholarship winner, as well as our terrific monthly speakers.

## Fly tiers exchange by Don Wallace

**Each month we ask tyers to bring in a dozen flies that will be exchanged with others that also bring in a dozen and each gets an entry into a drawing for a certificate to a fly shop to purchase items from the store. Show off some of your skill!**

Special note: We could use the help of someone to photograph the fly submissions at the meeting that they may be shown in the next Newsletter.

Otter's Lunch Dates:

First and third Thursdays each month...

Lunch is at 11:00 am at the Black Bear Diner across from Arden Fair Mall.

Come enjoy a good lunch, conversation (no politics please) and tie a few flies if you are so inclined.

Mark your calendars, hope to see you all there

**Tim Landrus**

916.607.0530