# ON THE FLY

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CALIFORNIA FLY FISHERS UNLIMITED

SACRAMENTO'S OLDEST FLY FISHING CLUB SINCE 1962

November 2016


## *CASTING NEWS FROM LAURIE BANKS*

A Season for Giving Thanks

The month is November and fall is in the air. The rains gave us a brief visit and the air feels crisp in the mornings. The holiday season is rapidly approaching. November is the month of Thanksgiving, but October was a month of giving thanks.

First, I had a chance to thank members who held leadership positions or volunteered for two CFFU events in the form of the President's Outing. It is a wonderful tradition. This year it was held at Lake Solano. Although the weather wasn't terrific I hope everyone enjoyed the clinic and barbeque. About 35 members attended but a whopping 76 were eligible! For those volunteers who did not attend the outing, my sincere thank you; know how much your efforts are appreciated. You make CFFU an outstanding club.

Then on October 22, we held an introduction to fly fishing for local veterans. Thirty-three CFFU members gave up their Saturday morning to help. That's almost 10% of our membership. Incredible that that many would volunteer their time to help get veterans involved in fly fishing. I guess I shouldn't be surprised. This is the type of member who makes me proud to be a part of CFFU. Thank you for your efforts!

Something else that I am thankful for is that I became involved in CFFU. I am glad that I have the chance to take advantage of all the classes and meetings which have expanded my vision of what fly fishing is and can be. I am also grateful for the wonderful friends I have made through this club, and will forever be indebted to the amazing members who have been so willing to share their knowledge and passion for this wonderful sport.

Laurie Banks

## *NOVEMBER SPEAKER*

Our November 8th speaker is Jeff Putnam and he will be presenting a program on Fly Lines. He will explain the importance of using the correct line for each specific application and how tapers affect casting and presentation. He will talk about how to properly select a line and how recent technology has played a major role in fly line design. He will also be giving a demonstration on the cleaning and caring of fly lines so as to provide lasting peak performance.

Jeff runs one of the largest fly fishing schools in California, is a factory rep for Rio and a longtime friend of this club! You don't want to miss this one!

Ken Giesser
CFFU Programs Director

## *FLY TYING DEMO*

Come see November's demo tier. They will start tying at 6:15 pm so come early to watch them tie some of their magic at the vise.



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## TECH THURSDAY

California Fly Fishers Unlimited offers a series of programs each month on the "technical" aspects of fly fishing. The program covers fly fishing topics, ranging from beginning fly casting and introductory fly tying, to more advanced topics such as rod building, tying Atlantic Salmon patterns, and spey casting. Let Carl know if there are any subjects you would like to see... or to teach! Tech Thursday's are held on the third Thursday of the month at the Northminster Church, 3235 Pope Avenue, Sacramento, CA

## NAME BADGE DRAWING by Rich Wilson

Each month we will be drawing for a $30.00 gift certificate to be redeemed at one of the 3 fly shops in our area. Each month the $30.00 gift certificate will be from a different fly shop in rotation. To qualify for the name badge drawing a member MUST be wearing his or her CFFU engraved name badge. Each member will receive one ticket for wearing his or her engraved badge. At the end of the meeting one ticket will be drawn for the gift certificate. You must be present at the time of the drawing. New members will still be eligible to receive the 10% off any item at the LOGO table.

## FREE FLY DRAWING

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

## NEW MEMBER ORIENTATION

New members are encouraged to attend one of the quarterly meetings held at the Northminster Church, 3235 Pope Avenue, Sacramento, CA. The next meeting will be August 17 at 6:30 pm. Here you can meet other new members, ask questions, receive contact information and possibly find a fishing buddy. President Laurie Banks and Membership Director Rich Wilson supervise these meetings and will help you get the most out of your club. You will also receive a certificate for 6 free flies from local fly fishing shops.

## MARK YOUR CALENDARS

November Board meeting TBA CFFU Board meeting at 6:30 pm

| | |
|---|---|
| November 1 | CFFU General meeting at 7 pm (Topic Fly lines with Jeff Putnam) |
| November 9 | New members meeting at 6:30 pm |
| November 13 | CFFU Annual Dinner at California Auto Museum |
| November 15 | 101 Class at 6:30 pm at the Northminster Church |
| November 17 | Tech Thursday at 6:30 pm at Northminster Church |
| November 25 | Deadline for article submission to newsletter |
| December 5 | CFFU Board meeting at 6:30 pm |
| December 6 | CFFU General meeting at 7:00 pm (Topic, member slide shows) |
| December 14 | Social night at Fly Fishing Specialties at 6:30 pm |
| December 25 | Deadline for article submission to newsletter |

## 2017 ISE SHOW INFO

CFFU will be back at the annual International Sportsmen's Exposition (ISE) event at Cal Expo in Sacramento. Dates for the upcoming show: January 19-22, 2017 (Thursday through Sunday). Come check out the latest in fly fishing equipment, hunting gear, RVs, etc., and get information from multiple guides and resort vendors vying for your patronage. ISE is CFFU's main yearly new member recruiting event, and we also raise funds for club activities by direct solicitation and a fly rod raffle. As always, we're asking for your help and participation as a volunteer to make this a successful recruiting drive. A volunteer sign-up sheet will be available at the general meeting for volunteers to help staff the CFFU booth. We are limiting volunteers to 3 people per shift this year related to quantity of 1-day passes available from ISE. Rich Wilson is the contact person for CFFU booth [e-mail: wilsonre7@yahoo.com phone (916) 364-7545]. Hope to see you there!

Rich Wilson

## WHO'S WHO IN CFFU

| OFFICERS | NAME | PHONE NUMBER/E-MAIL ADDRESS |
|---|---|---|
| President | Laurie Banks 2015-2016 | 916-972-8537/ laurie@creekman.com |
| President Elect | Dave Lentz 2015-2016 | |
| Past President | Bob Effa, 2015-2016 | 916-443-4968/ reffa@sbcglobal.net |
| 1st Vice President | Beth Ison 2016 | 916-443-4968/bethscats@sbcglobal.net |
| 2nd Vice President | Craig McCulloch 2015-2016 | 916-456-2482/cmcculloch@jps.net |
| Secretary | Phil Shipley 2015-2016 | 916-383-3453/pshipley@sbcglobal.net |
| Treasurer | Jim Berdan, 2009 thru 2016 | 916-448-3125/ jberdan@aol.com |

| DIRECTORS | NAME | PHONE NUMBER/ EMAIL ADDRESS |
|---|---|---|
| Conservation Policy Dir. | Keith Pfeifer 2015 | 530-753-7920/kimnkon@pacbell.net |
| Conservation Programs Dir. | Bill Felts 2014-2015 | 916-768-0658/ befelts@yahoo.com |
| Membership Director | Richard Wilson, 2006 thru 2015 | 916-364-7545/ wilsonre7@yahoo.com |
| Outings Director | Rich Kendall 2015 | 916-277-4388/rkendall7116@gmail.com |
| Programs Director | Ken Giesser 2014-2015 | 916-685-3125/ thegiessers@yahoo.com |
| Public Relations Director | Jim Walker 2015 | 916-536-9049/jimsus7040@sbcglobal.net |
| Tech Services Director | Carl Lang, 2007 thru 2015 | 916-967-2126/ langcarl@att.net |

| COMMITTEES | NAME | PHONE NUMBER/ EMAIL ADDRESS |
|---|---|---|
| Annual BBQ | vacant | |
| Annual Dinner | vacant | |
| Audio Visual Tech | Arthur Herron, 2010 thru 2016 | 916-364-7545/ artygolfs2000@yahoo.com |
| Bittner Scholarship | Bill Felts, 2010 thru 2016 | 916-768-0658/ befelts@yahoo.com |

| COMMITTEES | NAME | PHONE NUMBER/ EMAIL ADDRESS |
|---|---|---|
| Coachman Award | Paul Wisheropp | wisheropp@gmail.com |
| Fly Tiers Exchange | Don Wallace, 2012 thru 2016 | 916-422-8674/ flyfisherman241@hotmail.com |
| Fly Tying Demo | John Daniels, 2011 thru 2016 | 530-750-3511/ jedaniels@ucdavis.edu |
| Fish Derby | Tim Au-Young, 1999 thru 2016 | 916-479-1049/ auyoungt@comcast.net |
| Fish in the Classroom | Brandie Herron, 2010 thru 2016 | 916-364-7545/ brandie_w2002@yahoo.com |
| Howe Park Fish Derby | vacant | |
| Library | Christie & Michael Roberts | |
| List Serve Meister | Gregory Shaffer, 1999 thru 2016 | 530-271-5556/ shafe@gshaffer.com |
| Logo Sales | Glenn Yee, 2008 thru 2016 | 916-421-6922/ gyee25@att.net |
| Mentoring | Andy Penn, 2014-2016 | 916-687-6799/ andypenn@frontiernet.net |
| NCCIFFF Rep. | Jim Berdan, 2013-2016 | 916-448-3125/ jberdan@aol.com |
| New Members | Laurie Bank 2015-2016 | 916-709-1309/laurie@creekchick.com |
| Newsletter Editor | Chris Weiland 2010 thru 2016 | 916-691-2873/ cjweiland@comcast.net |
| Refreshments | Beverly Lorens 2015-2016 | 916-283-6773/blorens@surewest.net |
| SARA Rep. | John Barris, 2012 thru 2016 | 916-524-5634/ peercourt1@sbcglobal.net |
| Sergeant At Arms | Larry Coulter, 2007 thru 2016 | 916-689-1885/ lcoulter@frontiernet.net |
| Sportsmen's Expo | Richard Wilson, 2006 thru 2016 | 916-364-7545/ wilsonre7@yahoo.com |
| Web Master | Lori Wisheropp 2016 | |
| Youth Programs | Gary Howard, 2000 thru 2016 | 916-383-1221/ 104herefishy@comcast.net |


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## *CFFU 2016 ANNUAL DINNER*

We hope you will join us for a special night out and come to our Annual Dinner and Fundraiser. Mark your calendar for Sunday, November 13th.

Food and Drink:

The regionally famous Buckhorn Steakhouse will be catering the event. The menu includes:

mixed greens salad, char roasted Tri Tip, BBQ chicken, locally grown roasted seasonal vegetables, herb roasted red potatoes, multigrain rolls and coffee.

(Vegetarian dinners are available upon request.)

There will be a no-host bar with wine, beer and sodas available for purchase.

Appetizers and dessert are complementary.

The Venue:

You may pick up your name tags at the Welcoming Table at 3:30. If you would like to come earlier to spend more time wandering through this spectacular auto museum you may do so at no charge. Your entrance fee is included in the price of the dinner ticket; just tell the docent at the door you are with CFFU. The museum opens at 10:00.

You can climb in several of the cars and trucks, making for great photo opportunities.

Docents (including our own Don Wallace) will be available to answer your questions and provide information.

Special Deals:

We have some terrific raffle, silent auction and live auction items!

Professional auctioneer Justin Trick has volunteered to lead our live auction.

Tickets:

This is CFFU's one and only fund raiser! Proceeds support Fish in the Classroom, all conservation efforts, our Bittner Scholarship winner and more. You can buy your tickets at the October, or November General Meeting, You can also buy them from our website with your credit card or PayPal account. Tickets are $45. Please give the names of those attending so we can have a name badge at the welcoming table.

Donations:

You can help benefit the cause by donating something you own or made, asking businesses to donate goods or services, putting together a gift basket, or choose any other imaginative idea. Please bring your donations to the general meeting, or mail them to Laurie Banks, 2443 Fair Oaks Blvd #209, Sacramento, CA 95825, or call me to arrange a pick-up. If you cannot attend but want to make a cash donation, you can do so on the CFFU website. Go to OUTREACH (on the blue banner at top of page) choose SUPPORT CFFU, scroll down to ANNUAL DINNER.

Questions? Don't hesitate to call or email me!

Laurie Banks (916) 709-1309

## *OCTOBER SPEAKER*

On October 4th we were treated to an outstanding program from Mike Copithorne that featured Fly Fishing on Putah Creek. Our own Ken Davis started the evening by giving us a brief update on what's been going on from a conservation standpoint and also showed maps that orientated us to how this tailwater flows and where the fishing takes place. He also touched on the issue of mud snails and how to deal with them in an environmentally safe manner. Thanks Ken!

From there Mike shared a little history of the region, noting Monticello Dam was competed in 1957 and is the second largest impoundment in California, next to Shasta. The Putah Creek fishing section is only 4 ½ miles long but holds some of the largest growing Rainbows our state has to offer. Bruisers in the five to ten pound range are actually quite common! In 2010, Putah Creek was designated a fly fishing only stream, with single barbless hook restrictions and a zero fish limit. This was due in large part to efforts by Trout Unlimited, Cal Trout and local fly fishing clubs. We should be proud of this accomplishment and treat it like the jewel it is! This is one of the many reasons why fly fishing clubs like ours are so very important!

Mike then went on to discuss the biodiversity in Putah Creek with special interest paid to the aquatic insects that comprise the trout's diet. He mentioned Mayflies, Caddisflies, Midges, Little Yellow Sally Stoneflies, and even Aquatic Worms. He went over fly patterns and also how to achieve a drag free drift which is so important on Putah. He then shared slides of the most gorgeous Rainbows ever, and had most of us salivating at the prospect! I've heard many programs on Putah Creek over the years, but I must say this was the best one, evidenced by half of our club members gathering around and asking additional questions well into the break. Thanks Mike. Great Program!

Ken Giesser

CFFU Programs Director

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## *PRESIDENT'S OUTING OCTOBER 16TH*

It was pouring rain when we left Sacramento on Sunday morning. The weather channel app on my phone said that Winters would be cloudy but no rain and low and behold they were right. Thirty-three members came to the President's Outing at Lake Solano. We gorged ourselves on doughnuts (well, I did anyway) and warmed ourselves with coffee. Mike Copithorne and Brett Wedeking from Off The Hook Fly Fishing put on a great clinic for us. The water had dropped from 183 to 50 cfs almost overnight so the lake was unfishable. Brett and Mike took us to Putah Creek for an on-the-water demonstration. And then the rain started. One thing about fly fishers, they know how to stay dry and warm. Some members stayed and fished and others returned to the park to socialize. The Buckhorn Caterers were already there barbecuing ribs and chicken. Thanks to Rich Wilson and Ken Giesser we had enough canopies to stay dry while we ate. Although the weather was dismal it did nothing to dampen our spirits. We talked, we ate, we laughed and totally enjoyed ourselves. All in all we had a great time. Thank you to everyone who attended the outing. You volunteered your time and energy this year to make CFFU an outstanding club, and all your hard work is very much appreciated!

Laurie Banks

## *PROPOSED CFFU OFFICERS AND DIRECTORS FOR 2017*

The following is the proposed slate of CFFU Officers and Directors for 2017.

OFFICERS
President- Dave Lentz
President Elect- Vacant
Past President- Laurie Banks
1st Vice-President- Mary Ellen Mueller
2nd Vice-President- Craig McCulloch
Secretary- Phil Shipley
Treasurer- Jim Berdan

DIRECTORS
Conservation Director- Keith Pfeifer
Community Service Director-Trevor Segelke
Membership Director- Rich Wilson
Outings Director- David Tevlin
Programs Director- Ken Giesser
Public Relations Director- Lanny Garman
Tech Services Director- Carl Lang

Meloney Welborn- Nominating Committee Chair

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# *CONSERVATION NEWS*

FISH GENETICS AND THE CONTROL OF UNWANTED TROUT POPULATIONS

I recently received an interesting article from former CFFU member, Dell Cark, who now resides in Idaho. The article appeared in the Idaho Statesman newspaper (9/18/2016) and discusses the use of a hormone and selective mating to limit the reproductive success and eventually eliminate the population of brook trout in Idaho's waters where they compete with native cutthroat species. My essay will summarize some of the key aspects of this interesting newspaper article.

Brook trout are native to the Eastern United States and Canada. In the 1800's they were stocked into many streams and lakes in the western United Sates to provide another game species for anglers. Brown trout and striped bass were two other species that were introduced into Western waters during this time period. All three of these non- native species have achieved tremendous reproductive success, much to the detriment of the native rainbow trout and the various native cutthroat species. The reproductive success of brook trout in Idaho led to a large population of "stunted" fish that were too small to attract the interest of many local anglers. As a consequence, there was a significant reduction in native cutthroat trout where the two populations overlapped. A similar situation has existed in other regions, such as Eagle Lake in California, where both rainbow and brook trout populations have competed for spawning habitats in the small tributary streams.

The usual methods of eradicating unwanted fish are generally time-consuming and labor intensive, and usually have limitations. Rotenone, a common and effective chemical used for many years, is not selective (i.e. species-specific) and kills all fish where it is used. Netting and trapping, as well as electro-shocking, are rarely effective long-term solutions because some fish will escape capture and continue to spawn.

The Idaho Department of Fish and Game (IDFG) started a research project in 2008 that holds promise for controlling the populations of the unwanted brook trout. The project uses the natural female hormone, estradiol, to affect the gender outcome in a segment of the hatchery fish population. Subsequent selective breeding eventually produces a population of fish with only one preferred set of chromosomes. This technology of chromosome manipulation has been used for decades in commercial aquaculture to raise identical food fish and augment growth, e.g. triploid hatchery trout that have an extra chromosome. However, the IDFG has a much larger goal. They want to determine if this genetic altering approach can reduce or eradicate wild populations of brook trout.

The IDFG selected brook trout for their initial genetic project because they are short-lived in the wild and quickly reach sexual maturity. Brook trout, as all bony fishes, have sex chromosomes similar to humans, i.e. XX for females and XY for males. Without going into an academic explanation using Mendelian genetics, the IDFG procedure involves breeding male brook trout with two Y chromosomes (YY) rather than the normal XY. The YY technique begins in the hatchery where young brook trout are exposed to low doses of the female hormone, estradiol, which has no effect on female fish, but causes male fish to produce eggs, rather than sperm, when they reach sexual maturity. The "egg producing males" are still XY genetically and are bred with normal XY male fish, producing approximately 25 percent YY off-spring. These YY fish are used to produce another generation that when bred with other normal brook trout should theoretically produce only YY male offspring. The goal in the wild is to stock the YY male fish and eventually change the sex ratio to all males within a few generations, resulting in a brook trout population that would be unable to successfully reproduce.

Obviously, the BIG question is whether stocked YY fish can successfully spawn in the wild and effectively reduce the percentage of wild female brook trout. It will take several generations (i.e. years) to answer this question. Initially, the IDFG will be testing this methodology in small, isolated lakes and streams, so it remains uncertain if the program can be expanded to larger bodies of water.

Outside of Idaho there is a growing interest in this genetic approach to control other unwanted species of fish. Fisheries personnel in Yellowstone National Park are wondering if this methodology could be used as part of their ongoing efforts to eradicate the lake trout (Mackinaw) species that were illegally introduced into Yellowstone Lake and are impacting the survival of native Yellowstone cutthroat trout (O. clarki bouvieri). In the Midwest there is also interest from regulatory groups about the potential of this approach to control or possibly eradicate the invasive Asian carp that has established a significant population in the Mississippi River and is threatening the Great Lakes' fisheries.

Currently, there are consorted efforts throughout many Western and some Eastern states to have only native species of trout inhabit their ancestral waters. The removal of unwanted "invasive" species will likely remain a topic of discussion and debate between fisheries regulators and anglers for many years.

Keith Pfeifer, Conservation Director

November 2016

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## *FLY TIERS EXCHANGE by Don Wallace*

### *Photo's by James Simon*

Christie Roberts tied a Copper John on a size 14-18 5262 hook using black 70 UTC thread. The tail is goose biot and the abdomen is wire in copper, gold, chartreuse, black or med brassie. The body is black thread under the wire. The wingcase is thinskin and mylar pearl tinsel. The thorax is peacock herl with zpoxy 5 minute set on top. The legs are hen back speckled black. The head on larger sizes are tungsten.

Tim Au-Young tied a Silver Hilton on a TMC 7999 size 8-12 hook using black 10/0 thread. The tail is pintail or grizzly hackle. The rib is flat oval silver tinsel. The abdomen/body is purple fine chenille. The wing is grizzly hackle. The hackle is grizzly hackle.

## *INFORMATION ON THE DEMO FLY*

Tim Au-Young was the demonstration tier. Tim showed how to tie a fly for placing in a clear Christmas ornament. A piece of mono is tied on the hook to allow it to balance level in the clear ornament. The mono is held in place by head cement. Small split-shot weights on either side of the top of the globe are used to hold the fly in position. The mono can also be used to make the hanger for the ornament. A large colorful fly is suggested for this project.

## *VETERANS' ORIENTATION 2016*

Thirty-three CFFU members met at Hagan Community Park on Saturday morning the 22nd to introduce Veterans to fly fishing. Rich Kendall did an excellent job of organizing all the club members and materials that we needed. 24 Veterans from Mather and McClellan had committed to come to the event. Dr. Laurie Sheerer Director of Psychosocial Rehabilitation Services for VA Health Care warned us that the Veterans often have the best intentions but when it comes down to it they have problems actually following through. This is the nature of those suffering from depression and PTSD. She estimated that ¼ of them would not show up. Unfortunately, only ¼ did show up. She was very disappointed especially because she saw the tremendous effort CFFU put into the event. We had stations for fly tying, knots, casting, entomology, and roll casting. CFFU members brought displays and hands-on materials for the veterans.

The day was beautiful with perfect weather and because we were not as busy helping the veterans as we thought we would be, we had lots of time to talk and learn from each other ( I even got a roll casting lesson, learned two new knots and Trevor Segelke even put on an impromptu Tenkara clinic) . We all had a great picnic lunch. The 5 veterans that showed up got a lot of attention and they are "hooked". They got to cast, tie a fly, learn knots and see aquatic insects. They all left wanting to know when they could learn more and meet again. I think CFFU members although disappointed at the small numbers, were happy to be able to help the veterans that did attend. We have made a connection with the VA and that is a huge step in the right direction.

Moving forward we plan to invite the veterans to a 101 class in November. The five veterans who came to the Orientation will come along with any of the others who signed up. Dr. Sheerer will meet them at the VA and caravan over to the Northminster Church. Hopefully if they meet at a familiar spot and come as a group, it will help give them confidence to get involved. We will looking for CFFU volunteers throughout the year to help, so stay tuned for further information.

Thanks to all the CFFU volunteers who spent their Saturday morning at the event. Dick Angus, Jim Berdan, Bill Conway, Ken Davis, Bill Felts, Ken Giesser, Greg Howard, Jeff Howard, Jim Kelley, Rich Kendall, Tim Landrus, Carl Lang, Craig McCulloch, Don Moura, Mary Ellen Mueller, Bill Ozawa, Andy Penn, Betty and Keith Pfeifer, Christie and Michael Roberts, Howard Ross, Trevor Segelke, Richard Slabaugh, Richard Stinson, Brad Stone, Carol and Dave Tevlin, Jim Walker, Meloney Welborn, Glenn Yee and Sam Yee.

Laurie Banks

Bill Ozawa helps one of the vets with fly fishing knots.

**Editor's note: For more pictures of this event, go to page 11.**

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# *FLY OF THE MONTH*

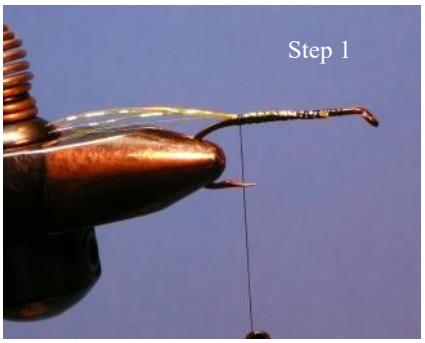
**TYLER GREEN**

Tied and photographed by: Dell Clark

MATERIALS:
Hook: 2 - 3 x long, brand of your choice. Size 10 on up.
Thread: Black or green.
Tail and body: Holographic Flashabou, chartruse.
Ribbing: Silver wire.
Hackle: Grizzle hackle dyed green.

**This fly was originally published in the April 2012 newsletter.**

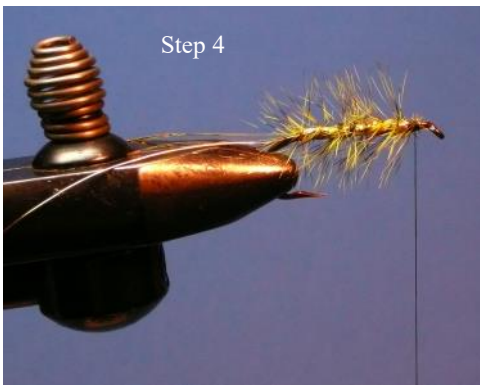
This attractor pattern was obtained from a guy I met at the Lake Camanche Trout Pond a number of years ago. He was catching a lot of fish and the rest of us were not doing so well. I finally asked what he was using and he showed me the fly. He did not have a name for it. His name was Tyler, thus we called the fly "Tyler Green." This fly has been effective in the Camanche Pond, Indian Creek Reservoir and I had one hit at Eagle Canyon Lakes last year (broke off). I have used black and brown hackle but the green hackle has worked the best. Use your imagination.




Step 1: After placing a debarbed hook in the vice and laying a thread foundation the length of the shank, tie in about 6 pieces of flashabou for the tail, trim to about the length of the shank.

Step 2: Tie in the silver wire and let it hang out of the way. Tie in the green hackle and let it hang out of the way.

Step 3: Tie in 6 lengths of holographic flashabou then advance the thread to the eye of the hook. Wrap the flashabou to the eye of the hook making sure the shank is completely covered, then tie them off.




Step 4: Wrap the hackle forward to the eye of the hook and tie off. Cut off excess.

Step 5: Counter wrap the silver wire through the hackle to the eye of the hook and tie off. Whip finish, add head cement and you are done.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## *UPCOMING OUTINGS*

***FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER***

| | | | |
|---|---|---|---|
| **October 7-8** | **Fall River, CA** | **Fishmeister: Val Adams** | **Asst. Fishmeister: open** |
| **December 9-11** | **Pyramid Lake, NV** | **Fishmeister: John Daniels** | **Asst. Fishmeister: open** |

## *FALL RIVER OUTING 2016*

The Fall River is one of the prettiest and most peaceful places to fish. Our group stayed at the Circle 7 Ranch in four beautiful houses and had catered dinners on one of the decks overlooking the river. For those of you who missed the last dinner, it was delicious and an actual feast. The group consisted of Bob Roth, Greg Shaffer and friends Wes & Steve, Erik Bihovde, Robert Rountree, Nancy Yee, Val & Ron Adams, Bob Bettati, Andy Penn, George Lazor, Jim Kelley and son Ryan, Lorna & Armand Carriveau, friends Les & Signa, and Steve Rodda ...for a brief appearance. (Poor Steve had a flat on the way up so arrived late and had to leave early to get it fixed so no fishing for him.) This is one of those places where one should bring everything they have to fish trout. The group as a whole probably threw at least 500 or more different flies to these finicky fish. Some of us did well and others were frustrated by the feeding fish all around them. If you were fortunate enough to land fish, they were big (many 20+ inches)! Definitely had to have the right fly and the right line depth at the right time. Normally this is a great time to fish and the weather was perfect for our stay. Everyone in attendance had a good time and agreed that we would go back to this beautiful place. In short, fishing is still fishing.

Val Adams

**Editor's note: For pictures of last year's outing, check out page 11**

## *PYRAMID LAKE OUTING 2016*

Are you a fair weather fly fisher? Then this is NOT your type of outing, so stop reading now, Pyramid is not for you. For all you REAL fly fishers, we will be heading back to Pyramid this fall in search of big Cutthroats. Pyramid Lake in Nevada is about as unique a place to fish as you will ever find. Nestled in a desert valley northeast of Reno and fed by the Truckee River, Pyramid is the home of the Lahontan Cutthroat. During the late fall the fish are not schooled up as they are in the spring, but they are still cruising the flats looking for food, and typically this is when the big fish are around. The weather is usually overcast and the wind will often come up, so the fish are a little less wary than they are earlier in the year. The latest strains appear to be doing quite well, with many fish over 20 pounds taken in the spring. It is getting so a 10 pound fish will barely raise an eyebrow among the dedicated Pyramid fishers.

The outing will be December 9-11, 2016, although some go up earlier, and some stay later. Some stay in Sparks or Reno, others at the lake (crosbylodge.net). This year I will not be meeting folks at the store, having been left waiting for a bunch of no-shows one time too many. If you are going up, contact me directly for an idea of where to fish, and where to find the rest of us. There is a lot of coastline to fish and almost all of it will produce, but we will start out on the northwest side where we can spread out a lot of people. Assume we will start at Pelican beach north of Sutcliffe Saturday morning, and move on from there depending on where the fish are and the wind. Plans change with the weather, so I cannot guarantee that we will be at Pelican in the morning if some other beach is producing. Bring radios, a map, and if you plan on driving on the beaches, a 4WD is a MUST (and you can still get stuck, so watch it). Cruising the beaches with an FRS walkie talkie tuned to the club frequency/code (10-4) is your best way of finding folks, because there will be members from Monument Rock to Lone Tree, and many points in between. Cell phones do not always function at Pyramid, so having a radio is a must and expect no sympathy from the fishmeister if you show up without one.

To fish Pyramid, you need a heavier rig than usual. The typical setup is an 8 weight with a shooting head. This could be either a traditional running line & head combination (floating or sinking running line with 30' Type 3 & Type 6 heads), or an integrated line with a 200 grain head (around 5-6 ips sink rate), and 8-10# monofilament or fluorocarbon for leaders. You can get away with a lighter rig, but if the wind comes up, and it often does, you will have problems. Flies needed are Woolly Buggers and Woolly Worms in size 4-8, typically HEAVILY hackled, in black, olive, brown, chartreuse , white, purple, yellow, blue,...these are cutthroats after all, so almost anything can and will work. Pyramid Beetles and Tadpoles in white/chartreuse and black/chartreuse are also a good idea. Indicator fishing can also be effective, so you may also want to bring a 6 weight and a selection of flies (#12-10 nymphs and chironomids work well), split shot, and a good bobber...I mean strike indicator. You will need waders and boots and enough clothes to cover every eventuality, because the conditions at Pyramid can range from shirt-sleeve weather to sleet and snow. You will also need a fishing permit, which you can either buy online or at Crosby's. Ladders are optional and unnecessary I would argue, and float tubers must have their liability waivers and life insurance up to date. Attendees will be responsible for their own lodging, food, and debts at the casinos.

A sign-up sheet will be available at the next general meeting.

John Daniels

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# OUTING REPORT

## *UPPER SACRAMENTO RIVER 2016 OUTING REPORT*

Many of us started out fishing Friday both in Dunsmuir and further down river. We were the beneficiaries of many planted fish both from CA DF&WL and Dunsmuir's Big Fish program. Through town Friday Kevin Scully practiced short line nymphing resulting in catching and releasing 60 fish (I believe him as I have often fished with him).

Kevin would also share this successful technique along with 4 other accomplished "short liners"with those members Saturday on the outing eager to learn.

Also Friday Ken Gieser and I fished some areas downstream from town and caught some nice wild fish.

Friday night dinner we filled a railroad car at the Railroad Park Resort Restaurant for some good grub and fishing reports.

The Cornerstone Bakery was our breakfast destination Saturday where we filled up available center space. A special treat then occurred. Who should also choose this breakfast location at this time was Marilyn and Bill Kiene along with the renowned fly fishing personality Fred Gordon.

After breakfast we added to the historical aspect of fly fishing experience by visiting with Bob Grace at the Ted Fay Fly Shop across the street.

Off to the City Park where Ken Davis our fellow member and knowledgeable aquatic biologist and member Mike Wigginton would search the river for available aquatic critters to identify and discuss. A very informative presentation ensued with demonstrating which flies may prove applicable to imitating the real thing at their various stages.

Then we proceeded to the amphitheater where it was my pleasure to demonstrate the Short Line Nymphing technique which has proven very successful to me. Many of us were fortunate to have taken advantage of clinics given by Bill Carnazzo as I did 5 times but I have also had the advantage of assisting Ron Rabun with his clinics and fishing with him on occasion.

Then we all spread out through the park to practice and help each other learn this very efficient method of fishing pocket water. Most all of the outing members caught fish throughout the day and it was especially fulfilling to see beginners improve their skills.

Saturday evening's dinner took place at the new Mexican restaurant in Dunsmuir which I heard was a palate pleaser.

Showers greeted us Sunday morning and some fished and others were on their way home. It was a memorable outing-thanks to especially my friends who volunteered their time to help their fellow members, they are Frank Lucido, Mike Wigginton, Kevin Scully and of course Ken Davis and our president Laurie Banks. Thanks to all to make this a memorable outing.

Craig Williams

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## *PICTURES FROM LAST YEAR'S FALL RIVER OUTING*

Here are some pictures from previous outings on the Fall River.

Rob Roth showing how it's done.

Nancy Yee all smiles with her catch.

Robert Rountree with his beautiful rainbow.

Val Adams with her catch of the day.

## *MORE PICTURES FROM THE VETERANS' ORIENTATION*

Dave Tevlin meets peer specialist Justin.

Getting to know the vets better over lunch.

Jum Kelley helps Jim W learn to roll cast.


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## OTTER'S ACTIVITIES

***The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.***

Check the listserve for upcoming OTTERS events.

## PHOTO CREDIT

THANKS TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTION OF PHOTOGRAPHS FOR THE NEWSLETTER:

Laurie Banks  Arthur Herron  Craig Williams  Val Adams

## CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

***Meetings are held at 7:00PM on the first Tuesday of the month at Conzelmann Community Center, 2201 Cottage Way, Sacramento, CA.***

Individual annual dues are $30 per member, $45 per family, renewed in January of each year and prorated after June 30th for those joining later, and a $10 initiation fee.

Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at East Ranch Clubhouse, 150 East Ranch Road, Sacramento, CA 95725

**ON THE FLY** is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to cjweiland@comcast.net. Pictures will only be returned upon request. ***Absolute Deadline for submissions – 25th OF THE MONTH***

CFFU@YAHOOGROUPS.COM Talk about it!

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Window on the Fishing World

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