ON THE FLY

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CALIFORNIA FLY FISHERS UNLIMITED

SACRAMENTO'S OLDEST FLY FISHING CLUB SINCE 1962

May 2017

CASTING NEWS FROM DAVE LENTZ

CFFU continues to enjoy some great adventures that are the result of members that share their time, efforts, knowledge and experience.

There were three excellent outings in April – floating the lower Sacramento River in Redding and two outings at Pyramid Lake that were enjoyed by many members.

CFFUers are giving back with two river clean-up events—Our American River Mile 16 section of the parkway was cleaned in early April and as I write this, folks will be forgoing the opening day of trout season in the Sierra for a clean-up of Arcade Creek as part of the Sacramento area's Creek Week.

Many CFFUers are giving back by mentoring new members and helping members with the Coachman Award program. At the May meeting I will be drawing a ticket for the winner of a Western Native Trout Initiative hat—a California Golden Trout hat to be specific, the dozen or so members in this drawing all donated some beautifully-tied CFFU flies to the Cal-Neva Chapter of the American Fisheries Society.

Don't miss out on the fun outings that we have planned coming up—Enjoy!

Dave Lentz

MAY 2017 SPEAKER

Our May 2nd speaker is local guide Andy Guibord and he will be presenting a program on American River Shad. Shad fishing on the American is one of my personal all-time favorite pastimes and this year promises to be a great one! Andy will be sharing information he has gathered from many years of experience targeting these unique and wonderful gamefish. He will talk about equipment, including rods, lines, and flies, as well as methods, such as wading or floating the river. He will also be going over the various access points and showing us how to successfully fish each area. Andy has fished our river for many, many years and I just don't think there's anyone that knows the American better than him! It's a real treat to have him come and talk with us. You don't want to miss this one!!

Ken Giesser
CFFU Programs Director

FLY TYING DEMO

Come see May's demo tier, Andy Guibord. Andy will start tying at 6:15 pm so come early to watch him tie some of his magic at the vise.

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Donald and Martha Stoneberger
For their generous donation.

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TECH THURSDAY

California Fly Fishers Unlimited offers a series of programs each month on the "technical" aspects of fly fishing. The program covers fly fishing topics, ranging from beginning fly casting and introductory fly tying, to more advanced topics such as rod building, tying Atlantic Salmon patterns, and spey casting. Let Carl Lang know if there are any subjects you would like to see... or to teach! Tech Thursday's are held on the third Thursday of the month at the Northminster Church, 3235 Pope Avenue, Sacramento, CA

NAME BADGE DRAWING by Rich Wilson

Each month we will be drawing for a $30.00 gift certificate to be redeemed at one of the 3 fly shops in our area. Each month the $30.00 gift certificate will be from a different fly shop in rotation. To qualify for the name badge drawing a member MUST be wearing his or her CFFU engraved name badge. Each member will receive one ticket for wearing his or her engraved badge. At the end of the meeting one ticket will be drawn for the gift certificate. You must be present at the time of the drawing. New members will still be eligible to receive the 10% off any item at the LOGO table.

FREE FLY DRAWING

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

PRE-MEETING CASTING by SAM YEE

You are invited to join us for **Fly Casting Instruction** before the monthly meeting from about 6:00 pm until the meeting starts by Forrest Oldham, Bruce Bartholomew, Bill Siska, Craig Williams & a cast of CFFU Volunteers. We even have a FFF Certified Casting Instructor on hand to help out (Sam Yee). The monthly format is a good way to learn a few new skills, practice them & learn a few more new skills the following month. Bring your favorite fly rod and a brightly colored floating line. We have a few loaner fly rod available Don't be shy, just ask for some help, there is usually others who are more than happy to help you, Beginning Fly Casting to Advanced, Double Hauling, Wind Knots, Roll & Spey casting, Distance, Accuracy, Plus Switch & Spey casting.

REFRESHMENTS

Bev Lorens will be selling refreshments before the meeting.

MARK YOUR CALENDARS

May 1	CFFU Board meeting at 6:30 pm
May 2	CFFU General meeting at 7:00 pm, Topic: American River Shad with Andy Guibord
May 18	Tech Thursday - Topic: TBA
May 23	Annual BBQ
May 25	Deadline for article submission to newsletter
June 5	CFFU Board meeting at 6:30 pm
June 6	CFFU General meeting at 7:00 pm, Topic: Hex hatch with Lance Gray
June 15	Tech Thursday - Topic: TBA
June 21	Social Night - Topic: Fishing the American River
June 25	Deadline for article submission to newsletter
July 3	CFFU Board meeting at 6:30 pm
July 4	No CFFU General meeting due to holiday
July 20	Tech Thursday– Topic: Entomology & BBQ
July 31	CFFU Board meeting at 6:30 pm
August 1	CFFU General meeting at 7:00 pm, Topic: Trinity River restoration project with Robert Stewart
August 17	Tech Thursday– Topic: TBA
August 25	Deadline for article submission to newsletter

NEW MEMBER ORIENTATION

New members are encouraged to attend one of the quarterly meetings held at the Northminster Church, 3235 Pope Avenue, Sacramento, CA. The meetings occur on the second Wednesday in February, May, August, and November. 6:30 p.m. Here you can meet other new members, ask questions, receive contact information and possibly find a fishing buddy. President Laurie Banks and Membership Director Rich Wilson supervise these meetings and will help you get the most out of your club. You will also receive a certificate for 6 free flies from local fly fishing shops. Look for more info in the coming newsletters.

WHO'S WHO IN CFFU

OFFICERS	NAME	PHONE NUMBER/E-MAIL ADDRESS
President	Dave Lentz 2017	916-254-1016/ dlentz@surewest.net
President Elect		
Past President	Laurie Banks 2015-2016	916-972-8537/ laurie@creekman.com
1st Vice President	Mary Ellen Mueller	916-213-2047/ mmueller@suerwest.net
2nd Vice President	Craig McCulloch 2015-2017	916-456-2482/cmcculloch@jps.net
Secretary	Phil Shipley 2015-2017	916-383-3453/pshipley@sbcglobal.net
Treasurer	Jim Berdan, 2009-2017	916-448-3125/ jberdan@aol.com

DIRECTORS	NAME	PHONE NUMBER/ EMAIL ADDRESS
Conservation Policy Dir.	Keith Pfeifer 2015-2017	530-753-7920/kimnkon@pacbell.net
Community Service Dir.	Trevor Segelke 2017	916-362-1063/ trevor-segelke@sbcglobal.net
Membership Director	Richard Wilson, 2006-2017	916-364-7545/ wilsonre7@yahoo.com
Outings Director	David Tevlin 2017	916-483-7362/ dwtevlin@att.net
Programs Director	Ken Giesser 2014-2017	916-685-3125/ thegiessers@yahoo.com
Public Relations Director	Lanny Garman 2017	916-393-9009/ Lanny55@att.net
Tech Services Director	Carl Lang, 2007-2017	916-967-2126/ langcarl@att.net

COMMITTEES	NAME	PHONE NUMBER/ EMAIL ADDRESS
Annual BBQ	vacant	
Annual Dinner	vacant	
Audio Visual Tech	Arthur Herron, 2010-2017	916-364-7545/ artygolfs2000@yahoo.com
Bittner Scholarship	Bill Felts, 2010-2017	916-768-0658/ befelts@yahoo.com

COMMITTEES	NAME	PHONE NUMBER/ EMAIL ADDRESS
Coachman Award	Paul Wisheropp	wisheropp@gmail.com
Fly Tiers Exchange	Don Wallace, 2012-2017	916-422-8674/ flyfisherman241@hotmail.com
Fly Tying Demo	Gary Howard, 2017	916-383-1221/ 104herefishy@comcast.net
Fish Derby	Tim Au-Young, 1999-2017	916-479-1049/ auyoungt@comcast.net
Fish in the Classroom	Brandie Herron, 2010-2017	916-364-7545/ brandie_w2002@yahoo.com
Howe Park Fish Derby	vacant	
Library	Christie & Michael Roberts	
List Serve Meister	Gregory Shaffer, 1999-2017	530-271-5556/ shafe@gshaffer.com
Logo Sales	Glenn Yee, 2008-2017	916-421-6922/ gyee25@att.net
Mentoring	Andy Penn, 2014-2017	916-687-6799/ andypenn@frontiernet.net
NCCIFFF Rep.	Jim Berdan, 2013-2017	916-448-3125/ jberdan@aol.com
New Members	Laurie Bank 2015-2017	916-709-1309/laurie@creekchick.com
Newsletter Editor	Chris Weiland 2010-2017	916-691-2873/ cjweiland@comcast.net
Refreshments	Beverly Lorens 2015-2017	916-283-6773/blorens@surewest.net
SARA Rep.	John Barris, 2012-2017	916-524-5634/ peercourt1@sbcglobal.net
Sergeant At Arms	Larry Coulter, 2007-2017	916-689-1885/ lcoulter@frontiernet.net
Sportsmen's Expo	Richard Wilson, 2006-2017	916-364-7545/ wilsonre7@yahoo.com

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APRIL 2017 SPEAKER

On April 4th, Reno guide Doug Ouellette presented an outstanding program that featured an in depth look at reading moving water. Reading water is a skill set, along with casting which will enable a fly fisher to fish any stream, anywhere. Of course wading comes into play, along with fly selection, mending, etc., but reading water probably is the most important thing. I don't think this fact can be overstated in any way! The information Doug generously shared with us was from a lifetime of on stream experience and it doesn't get any better than that! Doug showed us exactly where and why fish prefer certain water. He explained the hydraulics of a stream and why seams, edges, chutes, bumps, runs and soft water occur in the first place. He went on to talk about primary lies, secondary lies, and other less desirable spots along the way. He showcased many trophy trout and visually detailed precisely where he took them and why! If you have ever wished that someone would just tell you the exact rock they fished behind, then Doug certainly obliged and it can't be said you weren't shown, so there you go!

Anyway, I found myself mesmerized by one other aspect of his program. This might seem like an odd point to accentuate, but watching Doug handle fish for the "hero shot" was something else to behold. We were treated to and let in on some secrets of handling fish that aren't often talked about. Doug went over the pressure points on fish and how to handle them softly and gently, almost hypnotizing them into a trance. I've known Doug for a long time and I can attest that he believes in fighting a fish off the "butt" of the rod and landing them quickly. Overplaying a fish off the "tip" for a long period of time is usually what kills them! (This writer's opinion). However, that is not what Doug does. His fish are in perfect shape and after he gets the picture, he flicks their tails and off to the races they go. He showed video to back this up! After watching, I'm almost of a mindset this in itself would make another great program someday. Hooking, playing, landing, photographing and releasing fish. What do you think? Let me know.

Thanks Doug! Tremendous Program!!

Ken Giesser

CFFU Programs Director

FLY FISHING 101

This class is generally offered on two consecutive Tuesdays, from 6:30-8:30 p.m. Location: Northminster Church (Social Hall, 3235 Pope Ave., Sacramento).

This class for new fly fishers includes: selecting the proper fly rod and reel, essential knots, rigging the fly rod, selecting flies, safety, equipment and accessories. Participants bring their fly rod and reel, leader material and tippet material to the first class. If you do not yet own a rod, let us know. We will provide you with a loaner rod and reel. If you have any questions, please contact the course coordinator, Tim Landrus.

ANNUAL BBQ MAY 23, 2017

Once again, Howard and Donna Ross have volunteered the use of their amazing backyard, with its perfect view of the American River, and plenty of space for all of us. The plentiful large decks, sweeping jewel green lawn, and the expansive view of the American River always make this a picture perfect location for a very enjoyable evening with your spouses, guests and CFFU friends. The food is always great and plentiful, so be sure you attend! Remember to bring a sweater or jacket for later in the evening and insect repellent (we'll be outside).

Make your reservation early for you and your guest.

When: May 23, 2017

Social Time: 5:30 p.m. / Dinner: 6:30 p.m.

Location: Home of Howard and Donna Ross, along the American River. 3320 Edgar Lane, Carmichael. (916) 944-4089

Cost: $20.00 per person for catered dinner, beverages.... and social evening! (Limited to 50 people, tickets at the door.)

Contact: Greg Howard

Buy Tickets Online: Purchase your dinner tickets online at http://www.cffu.org/bbq.html with PayPal. Limited to the 50 attendees.

Menu: Smoked Pork Ribs, BBQ Chicken, Slow Roasted Tri-Tip, Bacon-Braised Green Beans, Potato Salad, Garden Green Salad, and Rolls and Butter. Condiments and Table-Wear included. Extra salads are not needed, but donations of desserts will be appreciated. (Catered by Patrick Stiltner Catering: food prepared on-site)

Beverages: Drinks supplied by CFFU include coffee, soft drinks, and water. Gary Howard will provide his famous brew. All beer and wine donations are appreciated.

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CONSERVATION ARTICLE

THE IMPACT OF FLOODING ON FISH AND WILDLIFE

During the past several months, Northern California has experienced record amounts of rain and snow. In some cases our dams and river levees have been compromised resulting in urban flooding and mass evacuations. Reservoirs and downstream rivers are bracing for the spring snowmelt that will sustain our fisheries through the hot summer. However, too much water can also have a negative impact on fish populations and their habitat.

On the positive side, flooding can create sustainable fish habitat where the waters are allowed to fan out in floodplains like the Sutter and Yolo Bypasses. The Nigiri Project in the Yolo Bypass was started in 2011 by scientists from U.C Davis, Cal Trout and the Department of Water Resources. Their objective was to investigate if flooded winter rice fields were beneficial to the growth of juvenile Chinook salmon. In the winter months, this type of habitat has slightly warmer water and an abundant food supply. Initial two-year results showed impressive growth rates for fish that lived in the experimental habitats for six weeks.

However, on the negative side, fish in these large flood plains can get trapped and stranded in shallow water after the high water recedes. Additionally, too much water at the wrong time can destroy fish nests and permanently alter the stream substrate. In Marin County, biologists are concerned that winter storms of 2017 may have washed out many redds of the endangered coho salmon on Lagunitas Creek. On the Sacramento River near Redding, officials are worried that the spawning habitat for winter-run salmon in newly constructed side channels may have been damaged. The recently placed gravel may have been washed downstream when flows reached 79,000 cfs in February. On a personal note, a float in April down the "Lower Sac", indicated that the resident geese are in their full nesting mode. However, many of their nests were on small gravel islands where an increase in water flow could potentially destroy them. Closer to home, the flows in Putah Creek are still too high to determine if the spawning gravel beds for the rainbow trout, above Lake Solano, and for Chinook salmon, below Lake Solano, have been lost.

Burrowing wildlife, such as squirrels, rabbits and reptiles, living in low-lying areas along rivers can be displaced or even killed when floodwaters rise. For most species, flooding is a natural, periodic occurrence from which they can recover over time; however, for small populations of threatened or endangered species, the effects of large scale flooding can be devastating with the possibility of species extinction. Historically, riparian zones were much wider with expansive flood plains where water could gradually spread out for miles and were also inter-mixed with upland areas that provided safe havens for wildlife. Currently, floodplain and riparian habitats are confined between levees and bordered by agriculture and urban areas.

Degraded water quality is yet another hazard to fish and wildlife from extensive flooding. Floodwaters can contain pesticides, fertilizers, pharmaceuticals and pathogens, e.g. fecal coliforms, as they inundate agricultural fields and livestock facilities. Sewage spills or inadvertent discharges during periods of excessive precipitation also pose a serious health risk to fish and wildlife, as well as to humans. In January and February of 2017, more than one million gallons of wastewater have been discharged into water systems in the Sacramento region. Trash and debris from homeless camps, flooded homes and farms and overturned trashcans are also carried downstream, eventually deposited along riverbanks as flows recede.

After nearly five years of drought, California's lakes, reservoirs and streams are being filled with the water that will sustain our fish, wildlife, forests and agriculture in the coming months. For the sake of our ecosystems, let's hope that the damage and costs resulting from the winter floods will be offset by the long-term benefits to our fisheries and wildlife habitats.

Keith Pfeifer
Conservation Director

ARCADE CREEK CLEAN-UP

CFFU club members, its time to clean Arcade Creek! This year, the date is Saturday, April 29th and the location, as always is Del Paso Park on Auburn Blvd. The Park meeting place is east of Watt Avenue and just west of the confluence of Auburn Blvd and Winding Way. We will meet at 8:30 a.m. at the Bridge Road entrance to the Park and park free at the parking lot just inside and to the right of the entrance. Please make sure you go to the Bridge Road entrance; not the Park Road entrance.

After coffee and refreshments, we will have a short orientation that advises everyone of the route, the time frame, the clean-up techniques and safety procedures. The trek is a hike along both sides of the creek with each individual choosing one side to walk. We travel from our meeting place and end our walk at the Park Street entrance. It is about one mile and takes about 90 to 120 minutes. I will have trash bags and other necessities. We will be done by noon, but if you must leave earlier, you don't need to walk the entire route.

NOTE: It is best to dress appropriately. I suggest boots for everyone and waders for the hearty souls who are not afraid to get into the creek to pick up trash. Old clothes are a must as are gloves. Bring water if you want. Rain gear, if needed, or a hat and sun protection are advisable depending on the weather. It is a good idea to bring a pick-up gadget which can be purchased at any home improvement store. This saves a lot of stooping over. And, it is a convenient device to have around the house.

There may be other events of interest to us on this day. But the Arcade Creek Clean-up is more fun and satisfying that you might think. Also, it is a good way to earn your President's Pin. Hope to see you there on Saturday the 29th.

Bill Felts
Creek Week Meister

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FLY TIERS EXCHANGE by Don Wallace

Photo's by James Simon

Tim Au-Young tied a **Silver Hilton** on a size 4-8 TMC 7999 hook using black 6/0 thread for strength. The tail is grizzly hackle. The rib is fine silver French tinsel. The body is black chenille. The wing is grizzly cape and the hackle is grizzly cape hackle. Try smaller sizes for the summer.

Bob Betatti was the demonstration tier this month. He tied a **Doug O's 49er Nymph** on a size 8 Daichi 1760 hook using red 210 Denier thread. The head is a size 4.0 mm brass bead. The body is red holographic tinsel and the rib is gold tinsel.

Rob Scafe tied a **CM Snail** on a size 10 TMC 2457 hook using black UTC 140 Ultra thread. The tail is black marabou with crystal flash between the layers of marabou. The body is black sparkle chenille and the head is black thread. Comments:
-Debarb the hook
-Start thread behind the eye and wrap back to the bend
-Add ½ the amount of marabou
-Tie in two links of crystal flash on top of marabou
-Add second ½ of marabou tail
-Tie in chenille and wrap forward to just behind the eye leaving enough space to build a thread head
-Wrap thread to build head and whip finish
-Apply head cement

Fly Tier's Exchange Gift Certificate Award

To be part of the Fly Tier's Exchange, just tie 12 flies, turn them in to the exchange at the beginning of the meeting, and the exchange will distribute the participants flies to one another. You do not get your contribution back; you get everyone else's work! Your pattern can be of different sizes, but generally the flies are all the same pattern, the same size. ***Give it a try!***

Everyone who ties a dozen or more flies and donates them to the Fly Exchange, or to the club to support any club program, will have their name entered into a drawing. The winner of this drawing will receive a gift certificate for $25 to the **American Fly Fishing Company**.

CONGRATULATIONS TO LAST MONTHS WINNER !

There was no award at the April's meeting. There will be a certificate awarded in May

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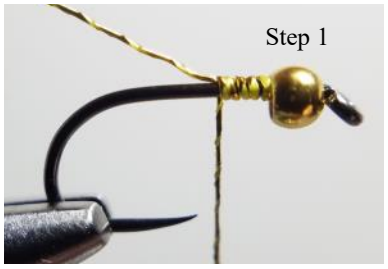
FLY OF THE MONTH

Gold Bead PMD

Tied and photographed by: Ty Espinoza

MATERIALS:	
HOOK:	NYMPH STYLE #16
BEAD:	GOLD 2.4MM
WIRE:	GOLD
THREAD:	BROWN AND ORANGE
TAIL:	PHEASANT TAIL BARBS
BODY:	BROWN DUBBING
WING CASE:	TURKEY FEATHER
HEAD:	ORANGE THREAD



Step 1: Insert 2.4mm gold bead to hook then apply brown thread and gold wire then palmer down to hook bend (#16 hook).

Step 2: Tie in pheasant tail barbs using pinch method. Then, counter wrap the gold wire up towards the eye of hook then cinch down and pinch off excess wire.

Step 3: Whip finish the brown thread then switch thread to orange to attach and tie down the turkey feather to front 1/3 of hook.

Step 4: Wrap brown dubbing around thorax area.

Step 5: Pull turkey feather forward toward hook eye, tie down, and then, cut off excess to create wing case.

Step 6: Add small drop of epoxy on turkey feather wing case, spread evenly then cure with UV light.

Step 7: After curing epoxy, use a needle to pick out dubbing around thorax - complete.

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UPCOMING OUTINGS

FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER

TBA	**Lower Yuba (UC Preserve) (Postponed)**	**Fishmeister: Mike Wigginton; tr109mike@comcast.net**
MAY 14	**Lincoln fisheries**	**Fishmeister: Julie Kaye; julie.kaye@mac.com**
JUNE 8	**Lower Yuba**	**Fishmeister: Ty Espinoza: ty.espinoza@yahoo.com**
JUNE 17	**Fuller Lake**	**Fishmeister: Rich Kendall; rkendall7116@gmail.com**

LOWER YUBA OUTING JUNE 8, 2017

IMPORTANT DISCLAIMER:
THE FISHMEISTER & ASSISTANT FISHMEISTER ASSUME NO LIABILITY AND SHALL BE HELD HARMLESS FOR ANY ACCIDENT(S) AND OR INCIDENT(S) THAT MAY OCCUR TRAVELING TO, FROM, AND DURING THIS OUTING REGARDLESS OF WHETHER THE CFFU OUTING LIABILITY FORM IS SIGNED, AND, WHETHER OR NOT THIS OUTING FACT SHEET IS READ.

FISHMEISTER, AND CONTACT INFORMATION: Ty Espinoza
Email: ty.espinoza@yahoo.com
Phone: 916-813-9550
FISHMEISTER, ASSISTANT: Rosie Vasquez
SUMMARY: This is intentionally a weekday outing due to the higher volume of fishing pressure the river experiences during the weekends. A maximum of 12 anglers for this outing with carpooling HIGHLY recommended due to limited parking.
This is a walk and wade outing that consists of moderate hiking between 2 to 4 miles over uneven and river rock terrain. During the summer one must also be careful to watch for rattlesnake and poison oak and staying on the trail is often a safer route; however, no guarantees.
There are NO restrooms except for what mother nature provides so plan accordingly when packing your outing/hiking backpack. So now, if you're up for the challenge...the lower Yuba River is an exciting fishery that is known for it's Dr. Jekyll & Mr. Hyde characteristics and infamous hard fighting Rainbows.
MEETING LOCATION (MEAL AND/OR FISHING): Chevron Gas Station at the corner of Marysville Blvd. & HWY 20 about 8 minutes Northeast from the town of Marysville heading towards Grass Valley.
MEETING TIME: 7:30am. We will depart from the meeting location at 7:50am to drive to the fishing location. Allow approximately 1hr and 20 minutes from downtown Sacramento to the Chevron meeting location depending upon travel conditions. Best to allow extra time. For those that might miss the meeting location the group will be parking on the frontage road near the HWY 20 bridge on the northwest side of the river which is immediately BEFORE the bridge crosses the river. We will be fishing above the HWY 20 bridge.
FISHING FEES: None. Will need current fishing license with Steelhead card.
EQUIPMENT RECOMMENDATION:
- Barbless hook flies.
- A minimum of 9 foot 5 weight rod/reel with a 9.5 or 10 foot 6 weight rod/reel being ideal.
- Chest/waist waders with wading belt, and, studded boots. Fishing net optional.
- Floating line. Sink-tip or integrated sinking line for those using the swing method.
- Variety of indicators (Thing-a-ma-bobber) and variety of split shot sizes. Tapered Leader 9 foot. Tippet leaders ranging from 5x to 3x or even 2x for those swinging.
- Day backpack or sling-pack
- Wading/hiking staff
- Wading belt
- Hat, sunscreen, polarized sunglasses.
- Usual gear such as: nippers, hook removal tool, etc.
- headlamp/flashlight (shielded from water/waterproof with new batteries)
- Mobile phone (shielded from water/waterproof and fully charged)

Suggested patterns:
Nymphs:
Pheasant tail #12 - 18, Cooper John #12 - 16, Rubberleg stone #4 - 8, Birds nest #14 - 18, Zebra midge #16 - #20, PMD #16 - 18, Prince nymph #14 - 16, San Juan worm #14 - 16, Hare's ear #12 - 16, Ant #16, Peaches & cream #14 - 16

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LOWER YUBA OUTING JUNE 8, 2017 (CONTINUED)

Suggested patterns:

Wet:

Soft hackles #12 - 16, Dirty bird #12 - 16

Streamers:

Wooly buggers #6 - 10, Sculpin imitation patterns #4 - 6,

Dry/Emergers:

EH Caddis #12 - 16, PMD comparadum #12 - 16, Sparkle dun (BWO and PMD) #12 - 16, Yuba River pinkie #14 - 16, Chubby Chernobyl #4 - 6,

Foam Hoppers #4 - 6, Ant #14 - 16, Stimulator #4 - 6

MEAL INFORMATION: Bring your own packable lunch and plenty of WATER to keep hydrated. Please remember to pack-out all waste and any extra nearby waste if observed.

FISHING NOTES:

We will rig-up once we arrive at the fishing location parking area. For those interested, I will demonstrate how I rig my rod for fishing the Yuba and patterns I use. To save time, have your waders on and or suit up quickly as not to delay the group. The plan is to hike out together as a group to the various fishing spots; however, those that wish to venture on their own are welcome to and best to fish and hike using the buddy system.

As for lunch, there will be no central lunch location as we will likely be spread out along the river. Therefore, eat your lunch whenever. Be careful when finding shade along the river or setting your backpack down for an extended time as these areas are more prone to rattlesnake resting areas and poison oak. Highly recommend viewing on the Internet pictures of how poison oak looks and how to avoid and treat snake bite.

In addition, DO NOT grab any debris that may look like a stick or branch floating down as the river is a mode of transportation for snakes. Should you encounter one swimming near you it is important to remain still and CALM and let it pass. This outing will conclude at 2:45pm for those wishing to be escorted on the trail back to the vehicles. The trail is not always visible in areas and one may get lost locating the twists and turns (sometime blocked by thick brush) back to the parking area. We will establish a meeting location for the hike back to the vehicles. Those wishing to leave early or stay late are welcomed to; however, the escorted option will be at 2:45pm at the designated location.

Fishing methods consist of the following techniques:

1. Indicator

2. Short Tight Line

3. Swing

4. Dry fly

ADDITIONAL RESOURCE:

- Internet - search information for fishing the lower Yuba River
- Internet - search information on identifying poison oak and how precautions for

avoiding snakes and treating snake bite

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REQUIREMENTS:

- Read Disclaimer above
- Current 2017 CA fishing license and Steelhead card

Ty Espinoza

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FULLER LAKE OUTING JUNE 17, 2017

WHERE: Fuller Lake
FISH: Rainbows and Brown trout
WHEN: Saturday, June 17th, 9:00 a.m., meet at lower parking area at Fuller Lake (There are two separate parking and launch areas at Fuller. The first is close to the dam. The second is where we will meet, and are having lunch and the float tube clinic at the launch ramp picnic area.
LUNCH: A TACO & BURRITO BAR group lunch at noon will be provided. We will pass the hat for donations. Bring your own beverages. Members may want to bring some salads and dessert items to share along with fish stories. PLEASE LET RICH OR JIM KNOW IF YOU WILL BE ATTENDING! (Please send an email to Rich or Jim at above links if you are able to attend or you have questions.
FEES: Parking at Fuller Lake is $7; Boat Launch is $2, honor system inserted into collection box.. Checks are okay and exact change is required. (Donation for lunch is requested.)
DIRECTIONS: To get to Fuller Lake, (Map 1 of 3) take I-80 east and exit at the Grass Valley/ Nevada City/ Hwy 20 exit. Go toward Grass Valley/ Nevada City 4.2 miles and (Map 2 of 3) turn right at Bowman Lake Road/ Discovery Trial. Drive 3.5 miles and you will see the Fuller Lake dam on your right. (Map 3 of 3) There is parking and easy lake access at the dam but no boat ramp. You can continue from the dam .7 miles and turn a sharp right at the Fuller Lake boat ramp sign onto rough dirt road. There is a concrete boat ramp, paved parking, picnic tables and a daily use fee of $5 per car plus a $2 launch fee. Most tubers just launch from the picnic area. Both parking areas have modern pit toilets.
EQUIPMENT RECOMMENDATION: To fish Fuller Lake, you really need the following:
a) Float tubes, U-Boats, V-Boats, pontoons, kayaks, canoes, rafts, prams, rowboats, or other such devices are all useable at Fuller Lake. No gas motors are allowed, but electric are OK. See below for invitation to float tube beginners. b) Personal floatation device (PFD) - strongly suggested for safety c) Rods and lines - 4 to 6 weight, 9 foot rods are suggested. A variety of lines may be used - floating, intermediate, or sinking lines, depending on the depth of the fish. d) Flies - The Sheep Creek Special fly has been popular with OTTERS at Fuller Lake. Wooly buggers of a variety of colors, sizes, and weights have also worked well. Midges sizes 14 - 22 have been successful for some. e) Radio - Bring radio tuned to 10 - 4 to keep in touch with other members and share fishing reports. f) Waders, sunscreen, plenty of water, hat, and personal items. You may even want a sweatshirt for later, or a change of clothes. It can get very hot in the summer. (A few of our "Wettest Fly Awards" have occurred at this lake, which prompts us to recommend the change of clothes!) g) Folding lawn chairs are recommended. There are picnic tables, however they are singles and stationary, seating only about 10 people, and sometimes fill up. Also, your chair is probably more comfortable!
Fuller Lake is in a beautiful setting and surrounded by tall trees with eagles and osprey joining us to fish. A couple years ago Dick Angus got a video of an osprey stealing the trout on his line and other have experienced the same "problem". Bring your camera!
Fuller Lake is one of several small lakes in the scenic Bowman Road Area of the Tahoe National Forest. The lakes range from 5,600 feet to 7,000 feet in this beautiful high Sierra country. Lake fishing can be excellent for catching trout. It's not much more than an hour's drive from Sacramento (roughly 70 miles), nestled in the Sierra Nevada just far enough away from the highway to provide a scenic and secluded setting. It is a great place to escape the valley heat (elevation 5340 feet) and fish for some very eager Rainbow and Brown trout (planters and holdovers to 18 inches) almost all year round.
FLOAT TUBE BEGINNERS: A short clinic for beginners will start around 9 am to cover safety points on float tube use with questions/ answers. If you need any gear let us know so we can ask around for loaners from the other club members. Float tubes are quite stable, but mishaps can occur. New float tubers will need to bring their own waders and fishing equipment. Come try it out! Shore fishing is available at Fuller Lake, but extremely limited.

I think this is everything.
Thanks,
Rich Kendall

THE BIG ONE

A couple of pictures of William “Big Fish Bill” Ozawa from a trip to Lake Amador 4-14-17 with several CFFU members (many did not do near as well). The trout was 24” and dressed was 6.5 lbs. A very BIG fish by any measure.

Jake Mater

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LOWER SACRAMENTO RIVER OUTING APRIL 2017

We all know California needed water this year. Mother Nature came through with more than enough. I planned this trip a little earlier this year to get into a good March Brown and PMD hatch. I set the dates last October; I could only hope everything would work out. The Lower Sac was flowing at 10,000 cfs (which is about 4,000 higher than we would like). The water was very cloudy, but at least it was more green than brown. The cloudy conditions forced guides to use egg patterns instead of nymphs for better visibility. I did try a Dark Lord and a Black Doomsday below the egg and all it produced was a salmon smolt.

We had 30 members floating over a three day period: four boats on Sunday, five boats on Monday and six boats on Tuesday. We had good weather Sunday and Monday, but the largest group on Tuesday fished in the rain all day. The average number of fish to net was 10-12 for each fly fisher (with many LDR's and misses).So in a perfect world we all had a chance at 20 or more, which was amazing, considering the water conditions. Some very nice 20 to 22 inch fish were caught. The group was spread out in five different hotels in Redding and Anderson. A large group of us met for a great dinner, fish stories and spirits both Sunday and Monday night. That was fun! I'm pretty sure that everyone had a better float trip than they expected. I'm glad we are NOT going this weekend, as the flows just bumped up from 10,000 cfs to 20,000. OUCH!

Tight Lines, Jeff Howard

APRIL 2017 PYRAMID OUTING

Here are some pictures from the April outing.

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MARCH/APRIL 2017 PYRAMID OUTING

Pyramid is often a lake of extremes. Extreme weather, extreme fishing, and often extreme confusion. At the end of March, a hapless band of misfits, decide to test their mettle against this fount of frustration, and oddly enough were rewarded for their efforts. The cast of characters this time around included the usual suspects, in no particular order (apologies if I miss someone): Jake 'catches fish in his sleep' Mater, Robert 'counting the days until retirement' Rountree, Ken 'dawn patrol' Giesser, Trevor 'the noob' Seegelke, Phil 'the quiet man' Shipley, Paul 'the bugger' Wooley, Jeff 'where's Ernie' Howard, Bill 'never again' Ozawa, Paul 'dawn patrol wingman' Wisherop, and the author. This motley collection of characters were ready for whatever Pyramid could throw at them, and with exceptional guile, fortitude, and a bit of luck, they managed to pool their collected experience and find fish.

The advanced party arrived Thursday to not uncommon conditions -- 25 mph winds with 45 mph gusts, freezing temperatures, and blowing snow and sleet. The fishing as you might expect was pretty good that first day but as the conditions improved, the fishing started to wane. Friday the wind abated a bit and a nice overcast sky kept the fish in close and everyone did pretty well with an average of 4-5 fish per rod. No really big fish were caught, but both Trevor and his friend Mike managed to get their first fish at Pyramid, and they will both undoubtedly be back for more. Saturday the skies cleared, the wind died down, and the fishing died with it. Fish were landed but it was a lot of work for very few to hand, and some only landed non-target species (Sacramento Perch). The action slowed to the point that Jake decided to rest his eyes, only to be rudely awakened by yells of 'set, set, set'. Jake managed to land his fish with a casual aplomb that made it seem like he did this everyday...and for all we know, we may have stumbled upon his magical technique for catching fish. Sunday was a carbon copy of Saturday, although Jeff managed to find the fish, a LOT of fish. In fact, he caught so many, he wore out his arm landing them, and accordingly quit early for the long drive home.

Reports are the Tribe is already spawning fish, so the spring run is pretty much on schedule and the fishing should only improve in the coming weeks. My suspicion is the fishing will continue to be good well into late-May, so those of you who missed this outing still have plenty of chances to experience for yourself the extremes of Pyramid.

John E. Daniels

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OTTER'S ACTIVITIES

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

Check the listserve for upcoming OTTERS events.

PHOTO CREDIT

THANKS TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTION OF PHOTOGRAPHS FOR THE NEWSLETTER:

Jeff Howard Laurie Banks Jake Mater Gary Howard

CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

Meetings are held at 7:00PM on the first Tuesday of the month at Conzelmann Community Center, 2201 Cottage Way, Sacramento, CA.

Individual annual dues are $30 per member, $45 per family, renewed in January of each year and prorated after June 30th for those joining later, and a $10 initiation fee.

Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at East Ranch Clubhouse, 150 East Ranch Road, Sacramento, CA 95725

ON THE FLY is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to cjweiland@comcast.net. Pictures will only be returned upon request. ***Absolute Deadline for submissions – 25th OF THE MONTH***

CFFU@YAHOOGROUPS.COM Talk about it!

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Window on the Fishing World

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ON THE FLY

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