

Novice Fly Casting Clinic. Mentor Outing

This clinic is open to all members, no cost.

When: Sat June 4 at 10am-2ish

Where: Granite Park Pond.

8180 Cucamonga Ave, Sacramento, CA 95826 (Power Inn Road south of 50 and behind the Sac Administration building. Parking at north end of parking lot.

GPS 38.543308,-121.405513

Bring: your rod, reel and a leader. We will have loaner rods if needed. Also, bring water, your lunch or snacks

10-12- Beginning Casting with certified instructor Ron Rabun

12-12:30- Break for lunch.

Fishing information-e.g., setting the hook, playing large fish dealing with snags, netting, safely releasing fish

12:30-2ish Practice on the water

The Novice Fly Casting Clinic will cover:

- Check Basic rod set up.
- Casting Dynamics.
- Line handling.
- Rod grip. Thumb vs Forefinger
- 10/2, 12 and Wrist positioning
- Roll Cast, Right and Left Shoulder
- Changing line directions
- Roll + Overhead Lift + Cast
- False Cast and Fly drop/placement.
- How to Practice

A Fly Casting 201 Clinic to follow will be scheduled to cover Improved Casting techniques; tight loop Roll, Single Haul, Slack line, reach casts; and, Improving distance/accuracy.

Please call or email me to sign up or just show up.

Member mentors are welcome to assist and learn Basic fly-casting Instructional structure.

Ron Rabun

Certified IFFF Casting Instructor

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