



CFFU NEWSLETTER

“Dedicated to Education,
Conservation and the Art of Fly
Fishing” Established 1962.

OCTOBER 2019

Monthly Newsletter

Greetings

Hello Members! This is a test of a new newsletter using a standard Word template. Obviously not as professional as our previous Newsletter put out by Ken Davis and Laurie Banks. However, our club needs a newsletter to keep us connected to each other, apprised of upcoming events and able to share our successes (and not so successful moments...think Wet Fly awardees).

So, here is an inaugural issue which I hope you will bear in mind will need lots of help and suggestions. Please send letters, emails, or rotten tomatoes to the Editor (Mary Ellen Mueller at muellerm0906@gmail.com).

November General Meeting November 5

The November CFFU General Meeting Presentation will feature Ken Davis talking about a bunch of aquatic bugs and a series of subsurface video clips of some of his “test trout” that show what’s happening under water when we are fishing. First, we’ll look at the major groups of aquatic invertebrates, why their behavior is important to us, and some of the artificial flies that attempt to mimic the naturals.

Underwater Views: During the section on the underwater action, you will see what a “refusal” looks like, what trout do when “testing” a fly, how they “spit” a fly and send it back to the angler, and the contortions they go through to shake a fly loose. Ken will also show trout as they feed on native invertebrates such as a caddisfly “emerger.” The big question is “How many takes are we missing?” We’ll show a major “miss” and how it changed the way we may fish.

The Trout: Ken is using some areas of the Lower Putah Creek restoration project to film the trout, their feeding habits and reactions to some of his test flies. Check out a group of the rainbow trout that hang out in his research section. Link below to Ken’s website to see the video:

<http://www.creekman.com/>

Don’t miss this one!!!

AND BRING CASH for the Yeti Cooler drawing.

International Sportsmen's Exposition by Rich Wilson

CFFU will be back at the annual International Sportsmen's Exposition (ISE) event at Cal Expo in Sacramento. Dates for the upcoming show: January 16-19, 2020 (Thursday through Sunday). Come check out the latest in fly fishing equipment, hunting gear, RVs, etc., and get information from multiple guides and resort vendors vying for your patronage. ISE is CFFU's main yearly new member recruiting event, and we also raise funds for club activities by direct solicitation and a fly rod raffle. As always, we're asking for your help and participation as a volunteer to make this a successful recruiting drive. A volunteer sign-up sheet will be available at the general meeting for volunteers to help staff the CFFU booth. We will provide a mandatory training session prior to the event. We are limiting volunteers to 3 people per shift this year related to the quantity of 1-day passes available from ISE. Rich Wilson is the contact person for CFFU booth [e-mail: wilsonre7@yahoo.com phone (916) 364-7545]. Hope to see you there!

-Rich Wilson

Upcoming Trips

October 27-Upper Sacramento Drift boat trip working on the "egg bite".

November 8-10-Eagle Lake. Contact Paul Wisheropp. This is perfect for those of you seeking the Eagle Lake Rainbow Trout to check off your Heritage Trout list.

Christmas Get Together at Keine's on December 12

October Social-Held Oct. 23

This month's social was about "how to" things. Led by Laurie Banks we covered topics such as how to remove a crimped or barbless hook from your body. There were several horror stories of folks clipping off the line from a hook in their cheek and continuing to fish, having a treble hook go through their palm and of course trips to the ER.

We learned a lot about cleaning your flyline which some experts suggest doing every few months if you fish a lot. Not too many people do this according to the group. There were also many suggestions as to what to dress your floating line with after you clean it. My favorite suggestion was STOS which apparently stands for "Slipperier Than Owl Shit". There were many others including general mucilin and other labeled products. Laurie also showed us how to easily find your very thin tippet material if it is buried in your reel. See her for this one. I'm not sure I got it.

Also discussed was how to fix a leak in your waders. Besides the aquaseal for small holes, others suggested different types of sealants depending on the material your waders are made of. Mike Guisti has used "shoe goo" which he swears by. He replaced a very large section on his waders that was worn from sliding down banks. One caution, it becomes stiff when dry.

Recent Events

Trips



The Upper Sacramento River

About 20 members accompanied Craig Williams to Dunsmuir to fish the Upper Sacramento River. The weather started out drizzly but then cleared to a perfectly clear, cool and sunny day. Ken Davis started us off with a demonstration of aquatic insects that he collected from the river earlier, identified them and described what flies will mimic those insects. This was followed by a streamside clinic of European Nymphing by Craig Williams, followed by tight line fishing techniques. Then everyone scattered to try their luck. At the end of the day we compared notes over dinner and found that fishing was a little tougher than usual with a few folks catching 4 fish and most catching 1 to 2.

The day before, a few Members were in search of the McCloud River Red Banded Trout. Led by Ken Davis we went to Trout

Creek and we were all successful in catching this beautiful fish.



Back Country Trips

Piute Pass Hike

In August Paul Wisheropp guided a hike up to Loch Laven lake out of the Bishop Area as well as a trip to the Upper Truckee, hiking along the John Muir Trail out of Carson Pass. Paul knows the secrets to catching little beauties in very small creeks. At Loch Laven we caught brilliant brook trout and on the Upper Truckee Lahontan Cutthroat Trout. You have to work for it, but totally worth it. Stalwart fisherfolk were Mike Guisti, Beverly Thomas, Mary Ellen Mueller and our leader Paul.



Loch Laven

Madison River with Brad and Virginia Stone. I think the pictures say it all.



Putah Creek with Mari Salazar



Upper Truckee

Otters Schedule

October:

- 10/3/2019
- 10/10/2019 Gary Howard's Lunch @ Denny's on Florin
- 10/17/2019 Cracker Barrel For lunch only 1000 Howe Ave
- 10/24/2019 Open
- 10/31/2019 Howard Ross' Lunch at Lumberjacks on Madison



Lahontan Cutthroat Trout

November:

- 11/7/2019 Open
- 11/14/2019 Gary Howard's Lunch @ Denny's on Florin
- 11/21/2019 Open
- 11/28/2019 Thanksgiving Day

Notes:

1. On the dates we have lunch, PLEASE, RSVP to me by email flyrod71@gmail.com or TEXT to 916-412-0546
2. The "Open" dates are for us to have lunch if we want to, but not to tie flies. It is open to all and will be at different restaurants based on your suggestions. Please submit restaurants you would like to visit. I'll make a reservation and again PLEASE RSVP to me.
3. If anyone would like to host the Otters to tie flies and would like to use one of the "Open" dates let me know. We'll find a restaurant near your location and add you into the mix.
4. We would love to have new people join our little group, beginners to experienced. We tie everything from "crap on a hook" (Rich Wilson's favorite) to some very useful flies. We are always learning new flies and methods so you can come to hone your skills, tie your own flies, watch some of us tie, or teach us your tricks.

Location addresses: (you make it to the restaurant – we'll get you to the tying location)

Brookfield's Restaurant 4343 Madison 916-332-0108

Cracker Barrel 1000 Watt, 916-564-1006

Denny's 5460 Florin Rd, 916 428-2187

Denny's 1322 Howe Ave, 1-916-524-6755

Lumberjacks 5820 Madison, 916 349-9848

Rosie Kitchen 6233 Auburn Blvd, 916 722-4199

Waffle Shop 4641 Watt Ave, 916 486-4888

Special Note:

Recently CFFU received a very generous donation of fly tying materials from a gentleman who is no longer tying. It included boxes of beautiful hackles, threads and anything else you could think of. As we were chatting, he told me he is also selling his rod and reel. Since he was selling at a very good price, I am including details here. The rod is a Winston 6-weight, 2-piece,

9ft 6inch, with cigar grip and walnut reel seat. Includes cloth cover and aluminum carrying case. The reel is a Ross Canyon No. 2 with extra spool. The rod and reel are in mint condition, having been used on three or four trips. Jim paid over \$1,000 for the package new, and he is offering it for sale at a firm price of \$350. His name is Jim Eller and you can contact him at ellerjim@hotmail.com or call at 916-952-5522.

