Official Newsletter of California Fly Fishers Unlimited, a 501c(3) Non-profit - **November 2018**

Contents

Pg.	Features
2.	Calendar
2.	Nov. Speaker
3.	Pres Message
4.	Banner Image
4.	Egg Delivery
5.	Lower Sac.
6.	Interview
7.	Oct. Social
8.	Getting Soft
9.	Damselfly
10.	Fish High Hill
12.	OTTERS
12.	ISE
13.	Fish in the City
14.	Vintage Fly
15.	Aug. Fly Demo
16.	Sept. Fly Exch.
17.	Oct. Fly Exch.
18.	Fly of Month
21.	CFFU Info.

ANNUAL DINNER & FUND RAISER

By Laurie Banks

The Annual Dinner and Fundraiser is just one week away on November 11th! We have some fantastic donations that will only be available to people who attend the dinner. The tickets will be available at the November General Meeting, or online. The deadline is Nov 6th. Here are some of the many items that have been donated:

1. 4, 5, 6, 7, and 8 weight rods with reels and lines. A special Sage X 6 weight and a switch/spey rod

2. Stays at the Cedar Lodge, Yuba River Inn, Camp Sacramento, Ennis Montana, Carl's cabin on Lake Tahoe

Continued on Page 3

"Enjoy music by Andy Penn's jazz group, conversation with new and old friends, and an outstanding dinner catered by the Buckhorn."

One of many Auction Items

CFFU Calendar - NOVEMBER 2018

DISCLAIMER: Dates on this calendar are subject to change. Check the CFFU website for the most up-to-date event schedules. CFFU Calendar LINK

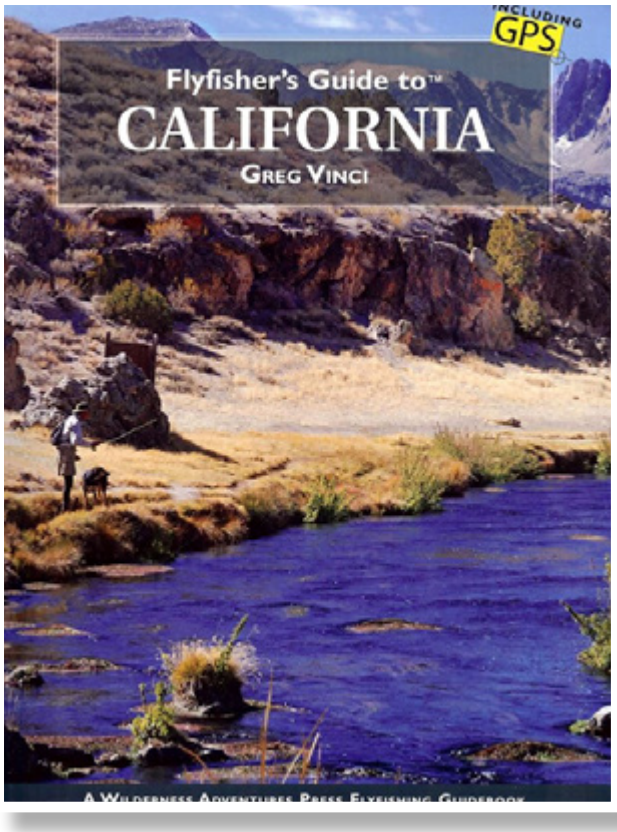
NOVEMBER	EVENT	INFORMATION LINK
5	CFFU Board Meeting	Board Meeting Link
6	General Meeting	General Meeting Link
11	Annual Dinner	Annual Dinner Link
14	Egg Delivery	Egg Delivery
14	New Member Meeting	New Member Link
15	Tech Thursday - Steelhead Fishing (Jeff Putman)	Tech Thursday
16-18	Pyramid Lake Outing	Pyramid Outing
20	Fly Fishing 101 Class - Part 1	Fly Fishing101 Link
27	Fly Fishing 101 Class - Part 2	Fly Fishing101 Link

November 2018 Speaker - Greg Vinci

Presentation: Fishing Central Valley Tailwaters

By Trevor Segelke

Come join us to hear about our local Central Valley tailwaters. Greg Vinci is a long-time fly fisher, guide, and also works here in Sacramento with Kiene's Fly Shop. He is the author of the ***Fly Fishers Guide to California***. He will be here to share his intimate knowledge of our valley tailwaters. He will share with us locations, how to fish them, seasons and runs on rivers such as the American, Yuba, Feather and more. See you there.



ANNUAL DINNER & FUND RAISER - Continued

3. "Buddy trips" include Craig Williams on Putah Creek, Dave Lentz -Heritage Trout consultant, Paul Wisheropp- high mountain trip, Andy Penn- delta striper fishing

4. Casting lessons from Jeff Putnam, and an on-the-water lesson from Sam Yee

5. Numerous boxes of flies, including a Pyramid Lake assortment tied by John Daniels and steelhead flies tied by Dennis Lee

6. Fishing related art, baskets of goodies, clothing, fly tying materials and lessons

7. Vintage rods and reels

8. Gift certificates to local restaurants and fly shops

9. A float tube and pontoon boat

10. …and so much more!!

The annual dinner is lots of fun. Try your luck with the multitude of raffle items, outbid others to get the items you want at our silent and live auctions. Enjoy music by Andy Penn's jazz group, conversation with new and old friends, and an outstanding dinner catered by the Buckhorn.

To buy tickets or get additional information about the Dinner/ Fundraiser go to http://www.cffu.org/annual-dinner.html

Message from the President - Dave Lentz

A large group of President Pin holders made it to the annual President's Outing, October 13, held for a second time at the Green River Taproom in Winters. Green River's chef, Jason, prepared a fantastic BBQ with Tri Tip, chicken, corn, salad, and the Chef's special bacon-fried rice—it was all great—you should have been there! A large crew of CFFUers joined the Saturday morning gang fishing Putah Creek with expert guidance for fishing Putah provided by Kevin Scully and Craig Williams—thanks guys! Lots of folks got their fly gear wet and a few of those cagey Putah rainbows were caught. Back at the Green River Park, Keith and Betty Pfeifer successfully defended their 2017 Cornhole Championship, they can really chuck those bean-bags, folks. The Cast-in-a-Cup contest was super tough again-- as no one could get their fly in the cup it was: Cup 2 – CFFU Casters 0. The pot rolls over to 2019. Thanks to everyone who came out to Winters, thanks to all who helped, and thanks to all the Pin Holders who have contributed their time and energy to help CFFU accomplish so much.

We are in the process of seeking those who will fill the CFFU Board of Directors for 2019. If you would like to "up' your involvement with CFFU we still have some open spots for those who want to help AND work with a great group of folks—it's rewarding! (and a great way to get your President's Pin) Let me know if you are interested in how you can help.

Speaking of the Annual Dinner—that's coming up fast on November 11. Buy your tickets early and often!! It will be great fun and there will be abundant food, drink and fine stuff to win. Remember that the many important things that our Club does and supports---from the Bittner Scholarship, support for many dozens of teachers and hundreds of kids with fish-in-the-classroom, multiple conservation projects, community service like the Hagan Park Fish Derby and River Cleanups, outstanding monthly speakers and classes, workshops, and tech sessions—all of these depend on the funds we raise at our Annual Dinner. So, please buy your tickets and come on out—check the website for details.

Banner Image - Explanation About this Salmon

By Ken W. Davis

There are lots of questions associated with the Young-of-the-Year (YOY) Chinook salmon and why they choose not to migrate downstream to the Pacific Ocean. In this case, the waterway is Lower Putah where we believe a salmon run is being developed. We can identify this young salmon because of its forked tail, lack of spots on the dorsal fin, big eye, and spot pattern.

We had more than 16,000 juveniles that did head downstrream and were capture in a screw trap to allowed researchers to tag the little fish.

This is actually a very interesting situation as it tends to demonstrates that the young salmon have plenty of food, a healthy water supply and a temperature regime they prefer.

This fish was photographed with late afternoon sun which tends to mask ts silver coloration. That said, they are very difficult to see from the bank due to their patterned coloration.

Help the Eggs!

You can help CFFU deliver salmon eggs to participating schools on November 14th. Look for more information and sign up at the General meeting.

CFFU Outing - Lower Sacramento River

By Ty Espinoza

The Lower Sacramento River "Egg Bite" returned this year with a vengeance! Plenty of fatties (i.e. plump Trout) were landed. Others got off leaving those misfortunate members only to drool and dream of the one that got away. All in all we had twelve boats filled with eager anglers, many of whom were first-timers on a drift boat. Speculative reports suggest 80 to 100 fish were landed by the group, one confirmed Steelhead, and a good number of fatties over 20 inches not to mention the sizeable girths. Approximately 85 percent of the fish were on Salmon eggs, hence...the egg bite. The group also enjoyed social conversation, drinks, and dinner at an elegant upscale establishment - good times! Thank you to all that participated.

Thank You
Ty and Rosie!
Nice Outing.

Colorful rainbow caught by Ken Davis

Trevor Segelke with a nice rainbow

Interview with Glenn Yee

By Laurie Banks

I planned to go to High Hill to meet up with Glenn Yee for this interview. As soon as I got there I saw him haul in a monster rainbow. I figured the interview could wait, I wanted to fish. Glenn is one of those special people that is the backbone of our club. His participation forms part of the glue that holds CFFU together. You see his smiling face at logo sales each month; every week he sends out the OTTERS schedule and his fishing report. I have always admired and respected Glenn from the first time I met him and was curious to find out more about him.

Laurie: Did you grow up in the Sacramento area?

Glenn: I was born and raised here.

Laurie: Were you a spin fisherman before you started fly fishing?

Glenn: Yes, I was a spincast fisherman.

Laurie: So why did you switch to fly fishing?

Glenn: A co-worker of mine said it was a lot of fun and he would show me how. He brought an extra rod for me and we fished for blue gills. I caught my first one and fell in love with fly fishing; it was so fun. Even a small fish can seem like a whopper. I went to Kiene's and bought my first fly rod combination. He took me fishing to lakes and streams and I fell in love with stream fishing.

Laurie: How did you discover CFFU?

Glenn: My friend was a high school referee and always seemed to be busy when I wanted to go fishing. I thought there had to be another way to meet people to fish with. I went to Kiene's and met Joe Shirshac. He said that Sacramento had a fly fishing club and I should go and talk to John Turner.

Laurie: You are really into fly tying.

Glenn: I took lessons at CFFU. I went to a fly fishing show and saw a demonstration on a Norvise. It was so easy to dub, all you had to do was spin the wheel. I thought Holy cow! It's amazing! And then at the Annual Dinner I won one!

Laurie: You joined the club in 1997 and have been a very active member.

Glenn: I did the Fly Tyer's Exchange and was the librarian and now I'm doing logo sales.

Laurie: You also started the OTTERS.

Glenn: That was in 2003. I spoke to a few members about getting together to have lunch, tie flies and socialize. I happened to be at the Asian Community Center and noticed they had a spare room, so I asked them if we could use it and they said yes. I posted the announcement on the listserv to have lunch on a Friday at Shari's and tie at the Asian Community Center. About 16 people showed up. I got permission from the CFFU Board of Directors. Val Dunn was president and she gave the center a $50 donation so we could use the room. For the next six months we met there every Friday until Jack Meyers volunteered to tie flies at his home.

Laurie: So you have organized the OTTERS for almost 15 years. Let me do some quick math in my head. 52 weeks in a year times 15 years is.....wait, let me open my phone's calculator.....that's roughly 780 get-togethers you've organized!

Glenn: We don't meet at the Asian Center anymore. Members let us tie in their homes, Ross Boehm, Bob Effa, Keith Winkle, Gary Howard, Howard Ross, Tim Landrus, Barbara Williams, you and many others have all participated. Now we meet on Thursday's. We also tie at Kiene's and Fly Fishing Specialties.

Laurie: Besides fly tying you also organize weekday trips to local ponds.

Glenn: I used to schedule trips to lakes, rivers and streams, but not anymore. Bill Ozawa does that because I can't do long rides and have trouble wading in streams. People tell me about places and rely on me to check it out. At Big M Joe wanted to charge $30 to fish, but I negotiated with his son to get club members a $15 fee. High Hill wanted $50, but I talked him into $25 for CFFU members.

Laurie: You missed your calling. You could have been a negotiator.

Glenn: I'm just persistent.

Continued on Page 7

Interview with Glenn Yee

Laurie: If you could only fish with one fly which one would you choose?

Glenn: A black bunny leech. I tie mine with peacock flash and red flashabou.

Laurie: What is your favorite place to fish?

Glenn: Now, High Hill Pond. I used to love small stream fishing; you never know what to expect. I'd take my 3 weight rod and go to the Sierras. I liked places that have big boulders and pools. I'd drift a dry fly and catch 6" colorful brook trout and rainbows. They would jump and were so beautiful and impressive. The last 5 or 8 years I have been having problems with my stability. As you get older, your balance gets worse. I used to have a 17 foot bass boat, but I had so much trouble getting in it that I had to give it up. I have trouble walking and bending over and it takes forever to get up. I was at Big M and my fly got tangled in the weeds by the shore. I got on my hands and knees to free it and I couldn't get back up. I didn't have a wading staff with me. It took me about 10 minutes to get to my feet. Now I always carry a staff. I just can't wade anymore, so I like fishing in ponds or lakes.

Laurie: Do you have other hobbies besides fly tying and fishing?

Glenn: I love to work in my garden. I used to ride a bicycle, but can't do that anymore.

Laurie: You have mentioned several things you have had to give up because of your age. May I ask how old you are?

Glenn: I'm 87.

Laurie: I have to tell you that you are one of my role models. I hope I can do half the things you do when I'm your age. You are so sharp and so active. Not only do you tie flies and go fishing, but you are also very involved with CFFU. You still organize the OTTERS and are in charge of logo sales at the General Meetings. Do you have any last thoughts to share?

Glenn: Learning to fly fish is a process. You learn in steps. There is always someone to show you what to do, or what not to do, like walking forward with flippers on. Having people help you makes life easier; like when people give me a ride to the pond. We have a lot of new members and I hope those who are retired can join us at OTTERS for fly tying and fishing. Old folks don't die, we just fade away.

OCTOBER Social - Prep for the Annual Dinner

By Laurie Banks

A big "Thank You!" to all the CFFU members who came to the October social to help prep for the Annual Dinner: Carol and David Tevlin, Nancy and Hilary Gould, Sandy Moore, Ty Espinoza, Rosie Vasquez, Craig McCulloch, Lona Banks, Sheila Cavanagh, Bev Lorens, Meloney Welborn, Brandie Herron, Dave Lentz, Ken Davis and Louis Hein.

Getting Soft - Musings by Ken Giesser

Deer Creek in the Fall. Photo by Ken Giesser

I like to think of myself as being somewhat self-sufficient. I believe a lot of men my age, those who've hunted and fished all their lives, also feel this way. I don't think it's arrogance or overconfidence, it's just a feeling we share. Maybe we shouldn't feel this way. I lost a little of this feeling after something happened on a recent hunting trip…

Earlier this summer, my 16-year old grandson Matthew drew a coveted 2018 Apprentice Deer tag for Eastern Tehama County in zone C-4 of Northern California. Having this tag will greatly increase his chances for success, but along with it comes a requirement that an adult accompany him in the field. I, on the other hand, haven't even bothered to purchase a hunting license in the last five years, thinking I might be done with it. That all changed when I found out it was necessary for me to show activity on my license this season or lose all my accumulated preference points for future hunts. Without going into a lot of detail, I needed to get back in the game fast, so I put in for an additional preference point with my first choice in the drawing and marked the C zone as my second choice. The odds of getting a C zone tag this way were slim, but low and behold I received one in the mail. Matthew and I now each held a tag for the same zone. Unfortunately, I suffered a knee injury in mid July that has limited my mobility this summer and changed my thought process on how we we're going to approach this hunt. The knee has improved each day through early September but I'm still not yet confident enough to put a lot of strain on it. For this reason, my brother Rick has generously offered to come along for the first six days of our hunt and help me out, while my son-in-law Jeremy (Matthew's dad) will be coming with Matthew to hunt together. We're setting up deer camp on Deer Creek if you can believe that. Improved campsites are hard to come by on weekends, so I've decided to come up today, on Wednesday, pitch my tent and get the camp in order. My brother will be coming tomorrow with his trailer and Jeremy will show up on Friday after Matthew gets out of school. Opening day is Saturday. The plan is for me to stay at least twelve days or so. The others will come and go as their schedule allows.

Getting back to the incident that happened… I selected a campsite when I arrived and set everything up to my satisfaction. The last thing I did was open my Coleman cot with it's wonderful cushion-like mattress and roll out the best sleeping bag I own. It was at that point I discovered to my horror and disbelief, I had forgotten my pillow! My so-called confidence and self-reliance came crashing down in an instant. I don't carry a cell phone and was planning on staying for almost two weeks. Mercy! I was now going to need someone else's help and the use of their phone. It might even come down to begging! I immediately drove into Chester, determined to get the SOS message out to my wife. The ranger station was closed for the day so I proceeded to ask around at various business establishments and at each place they just said no, adding I should have remembered my cell phone!

I wasn't about to tell them I've never owned one. The looks they gave me were bad enough as it was. At one point I considered sending up smoke signals but with all the fires this summer it's doubtful anyone would have noticed more smoke in the air. I remembered reading the story about the Good Samaritan in The Bible,but always from the perspective of looking at the guy down in the ditch. I never visualized myself being the guy in the ditch. Well, I finally met up with a Good Samaritan. I went into a restaurant to get something to eat and in the course of conversation told the waitress I was camping in the area and experiencing somewhat of an emergency. She inquired about what could be such an emergency? I briefly went into it and she immediately said, "By all means use my cell phone!" For me, this was real human kindness personified and I thanked her from the bottom of my heart. I then called my wife and asked her to be sure and have Matthew bring the pillow. Oh what a sense of relief I felt when it finally showed up, but only

Continued on Page 9

Getting Soft - Musings by Ken Giesser - Continued

after a few nights of stuffing socks and skivvies into a tee shirt and using it as a pillow. I needed my pillow!

Matthew and everyone arrived by Friday and we ended up having a great hunt. Matthew took his first deer and I took one also, a nice 3-point buck. I thought I was done with it five years ago, but when I saw my grandson's eyes light up, I guess mine did too a little. Maybe I'm not done after all, but I do know I've softened some as I've aged and it's now become less important for me to harvest game. In terms of gauging my overall softness, I have to ask myself the question of whether or not I can go without my pillow and the answer is no! So there you go, I think I'm turning into Jell-O.

By the way, we caught a lot of fish while we were there, so always remember to pack your four-piece rod and an assortment of Wooly Buggers anytime your travels might take you near water. Wooly Buggers work everywhere!

"You know you are dedicated to lake float tube fishing, when you spend more time worrying about your float tube air pressure than your car tire pressure."

Damselflies

By Ken W. Davis

Meet ***Hetaerina californica*** which is commonly called the Ruby Spot Damselfly. The Ruby Spot is common in many areas of California. They change color throughout their life as a aquatic nymph. A large mature nymph, like the one above, can be up to 1 ½ inches. The real secret to these aquatic insects is to watch how they move, how the swim. They walk slowly through submerged vegetation, swim wiggle-form in a rapid motion. Use the above image to tie a fly and practice your presentation, make it wiggle!!

Fishing at High Hill

By Laurie Banks

Glenn Yee at High High Ranch

You Gotta be Kidding me! Glenn caught a Double!!!

After seeing Glen Yee's email on the listserv about all the fish caught at High Hill, Mary Ellen, Sandy and I decided to give it a try. We went on a Thursday at noon and it was packed! If you haven't been to High Hill Ranch, it's quite an experience. It's located off Highway 50 in the Apple Hill area past Placerville. There are craft booths galore, busloads of school kids, a fudge factory and pony rides. All the booths are open every day until the end of October. For the month of November they are only open Friday to Monday. People mainly go there for apples and everything made with apples like pies, fritters and caramel apples. Besides all that, people also go there to fish.

Although the place is packed, the bus loads of school kids leave by 2:30 and that's when it's good to fish. There is a big sign on "the shack" that reads Catch and Release Fishing Weekdays, All Day $50. CFFU members have a special deal because it was member Del Clark who first broached the manager with the idea of opening it up to catch and release fly fishers, and Glenn Yee who negotiated the price. If two or more CFFU'ers come to fish it's only $25 apiece. We paid our $25 at the "shack" and I had a chance to talk to Al Earl. Al has been the manager of the High Hill pond for 14 years. He rents traditional poles and tackle for bait fishermen for $10 and charges $11 per pound for the fish they keep. He cleans and puts the fish on ice for an extra dollar.

During the drought years they couldn't get trout and only had catfish. The water was always a murky green. They killed all the catfish and this year planted fresh trout. Al orders the fish from the Calaveras hatchery.

Al keeps meticulous records of how many fish are caught and how many are left in the pond. He tries to keep 1,000 pound in the pond during the fall season. He just put in 700 pounds and was getting another 500 on Friday, preparing for large crowds on the weekend. The fish he got in August were ½ to 1 pounders, by September they were bigger, and the October fish are closer to 2 pounds each. These are triploid fish which don't reproduce. They are bred to be fast growing lake fish, and Al believes they are tastier than most trout. The Calaveras hatchery delivers two tanks of fish to Pardee reservoir each week, then stops off at High Hill and drops off one tank. This means that the small pond at High Hill has half as many planters as the large Pardee reservoir!

Continued on Page 11

Fishing at High Hill

The guy from the hatchery also dropped off six lunkers weighing 8 pounds each. No one has caught one of those yet, but Al says several of the bait fishers have been broke off, and he puts 10 pound mono in their poles.

Mary Ellen, Sandy and I shopped, ate and waited for the crowd to die down. We put our gear on one of the many benches which surround the pond and rigged up for fishing. I used 4x leader and tippet, a green Wooley Bugger and as a dropper, a small brown nymph I tied on a size 14 TMCBL 103 hook. It didn't take long before I had a fish to net. It took the dropper. I proceeded to hook about 6 more and they all got off before getting to net. Upon checking my dropper, I found the hook was bent nearly straight. Had I hooked into one of those 8 pounders? We rigged Sandy up with flies that Jim Walker gave us. He had great success fishing with them the week before. Sandy is a beginner and we were dying to have her bring in a big fish. Mary Ellen and I showed her how to rig the dropper, roll cast (there were still kids and people walking behind us), reviewed tight lines, stripping and setting the hook. Sandy hooked at least 6 fish, but kept losing them. Once she got the hang of the tight-line, bent rod, don't-horse-it combination she landed a nice big trout and we were all ecstatic!! High Hill is a great place for beginners to practice! You have multiple chances to hook and play lots of fish. It's also a great place for anyone who finds that wading in rivers is getting too difficult. The pond is open for fly fishing during the weekdays (too many families on weekends) through November, after that weekends are available too. They will close two weeks after Thanksgiving. There will be no trespassing signs posted, but CFFU'ers are welcome to fish; there will still be plenty of fish in the pond. The price will lower to $10. Although Al won't be there, you can put your fee in a mailbox slot on the side of the shack.

Sandy with a High Hill Trout. Fishing Coach Mary Ellen behind her.

Glenn Yee is planning an outing for January. (Date TBA) Al says he will stock the pond for us. It will cost $10 and attendees can keep one fish if they desire.

A High Hill Ranch Trout

Joining the OTTERS
(Old Timers Tying, Eating, Recreation Society)

By Laurie Banks

OTTERS at Gary Howard's tying tables.

After I retired I wanted to learn how to tie flies, so I decided to attend an OTTERS meeting. I met them at the restaurant indicated on the listserv. I was a little intimidated being the only girl, but everyone made me feel welcome. The conversations over brunch were not necessarily about fly tying or fishing. Topics covered a huge range and it was obvious that many bonds of friendship had been formed here. (When I came home Ken asked me how it went and I said that I learned more about muscle cars and beer than I'd ever need to know.) While talking to these guys I found out that some have been fly fishing most their lives and others a minimum of ten years. I quickly realized they held a huge wealth of expertise. There were about 15 guys with an average of 25 years' experience. That's..... let me get out my calculator... 475 years of knowledge. It was time to start picking their brains. I wanted to know about shad fishing. The guys recommended flies, line, techniques and river access.

Later that week Stan Stolt met me at River Bend Park and gave me my first shad fishing lesson. For Christmas Ken bought me a float tube. Ross Boehm and Glenn Yee met me at Big M and gave me my first float tube lesson. The wealth of knowledge I have accumulated over the years from attending OTTERS has been so much more than fly tying. Joining the OTTERS was a huge step to my growth as a fly fisher and motivation to participate in CFFU leadership. If you have a chance to join them, take advantage of it! Watch the listserve for times and dates. And if you see Glenn Yee, thank him for all the hard work he has put into the OTTERS program.

ISE - International Sportsmen's Exposition

By Rich Wilson

CFFU will be back at the annual International Sportsmen's Exposition (ISE) event at Cal Expo in Sacramento. Dates for the upcoming show: January 17-20, 2018 (Thursday through Sunday). Come check out the latest in fly fishing equipment, hunting gear, RVs, etc., and get information from multiple guides and resort vendors vying for your patronage.

ISE is CFFU's main yearly new member recruiting event, and we also raise funds for club activities by direct solicitation and a fly rod raffle. As always, we're asking for your help and participation as a volunteer to make this a successful recruiting drive. A volunteer sign-up sheet will be available at the general meeting for volunteers to help staff the CFFU booth. We are limiting volunteers to 3 people per shift this year related to quantity of 1-day passes available from ISE. Rich Wilson is the contact person for CFFU booth e-mail: wilsonre7@yahoo.com Phone (916) 364-7545. Hope to see you there!

Fishing in the City - Auburn Regional Park

By Jeff Gordon

On Saturday, October 13, members of CFFU volunteered for a Fishing in the City event organized by Gary Flanagan (another CFFU member) at Auburn Regional Park in Placer County. The members present were Gary Flanagan, Jeff Gordon, Mary Ellen Mueller, John Daniels, and Andy Penn. There were four stages where volunteers worked, which included Resource Preservation, Safety, Casting Practice, and providing spin casting rods with reels ready to fish along with worms and hot dogs for bait. There were at least 250 participants that went through these stages before beginning to fish.

The California Department of Fish and Wildlife planted 500 farm-raised catfish that amounted to 1,500 pounds of hungry fish. Many fish were caught by the kids (15 and under), and pictures were taken of some of those catches.

Another Fishing in the City event is planned for December 15th but this time it will be rainbow trout! I look forward to working with Gary again and would ask that CFFU members block out this date , so they can participate in volunteering. Please enjoy the pictures!

Val Adams Website Link

Tackle Shop Website Link

Vintage Fly Corner - Skiri Fly

By Rob Scafe

This is an exception to the classic established British flies. It has been fished for years in the cold waters of Iceland. Anglers from Europe and America have used this fly to catch many Atlantic Salmon. I have tried to find some history on this fly but have had little success. It is a rather simple Salmon fly and uses materials available today. Many of the Vintage Salmon flies use material no longer available or are very expensive. An example of expensive material is a Jungle Cock cape on the rack at Fly Fishing Specialties for $200 dollars.

Photo by Forrest Oldham

This fly recipe follows:

Hook: All sizes
Thread: Black
Tag: Oval silver tinsel
Tail: Golden pheasant tippets and Indian Crow (substitute)
Body: Flat silver tinsel
Rib: Oval silver tinsel
Hacke: Light Gray
Wing: Grey Mallard flank
Cheek: Jungle cock nail

Link to Fly Fishing Specialties Website

FLY FISHING SPECIALTIES
Wild Rivers to Blue Waters
6360 Tupelo Drive, Citrus Heights, CA 95621

August Demo Tyer - Ken Nordeste

Photo by James Simon

Ken Nordeste was the demonstration tier for October. He tied the Sparkle Dun on a size 14-26 dry fly hook using light cahill, olive thread. The tail is Antron. The abdomen and body is pale morning dun, blue wing olive. The wing is deer hair.

Link to Scribner Bend Website

SCRIBNER BEND VINEYARDS

Scribner Bend Vineyards is on the Delta!

September Fly Tyers Exchange - Submitted by Don Wallace

Photos by James Simon

Gold Ribbed Hare's Mask

Christie Roberts tied a Gold Ribbed Hare's Mask on a size 12-16 TMC 3761 hook using TMC black 70 thread. The tail is hare's cheek. The abdomen is light hare's mask dubbing with a rib of small gold oval tinsel. The thorax is dark hare's mask dubbing. The wingcase is mottled turkey quill.

Deer Hair Humpy

Tim Au-Young tied a Deer Hair Humpy on a size 6-8 hook using 610 camel thread. The tail is deer hair. The abdomen and body are thread. The wing case and hackle are deer hair.

Foam Back Humpy

Rob Scafe tied a Foam Back Humpy on a size 10-16 dry fly Mustad 94840 or TMC 100 (barb removed) hook using 6/0 thread (color of choice, brown, tan, yellow, green, or red). The tail is deer hair. The body is floss, midge Diamond Braid or Ice dubbing in one of the colors mentioned above. The wing is deer hair. The foam back is 1/8" wide foam in white, tan or yellow. The hackle is brown saddle hackle, about 1.5 the hook gape.

Flash Soft Hackle

William Conway tied a Flash Soft Hackle on a size 12 hook using tan Denair thread. The body is flash thread with a thread rib. The wing case is one strand of crystal flash. The thorax is oxtail herl and the hackle is WD chest feather. Tie in flash above the barb, leave a tag of thread for the rib. Wrap to the eye both the flash and the thread. Tie in the oxtail, three or four wraps. Tie in the crystal flash for the wing. Tie in the WD feather just enough to cover the oxtail. Whip finish and fish.

October Fly Tyers Exchange - Submitted by Don Wallace

Green Drake (Parachute)

Rob Scafe tied a Green Drake (parachute) on a size 8-14 94840 hook or equal using olive green 8/0 or UTC 70 thread. The tail is 6-8 strands of moose body hair. The body is olive hareline or equal dubbing with a pearl krystal flash rib. The hackle post is white Mcflyon or antron. The hackle is olive grizzly sized to the hook gape. Comment: soak in Scotchgard or FlyAgra, lay out on a paper towel to dry. Then they will float forever or almost forever. Dick Angus says this is a killer fly in the summer.

San Juan Worm

William Conway tied a San Juan Worm on a size 12 hook using size 6 transparent thread The body is read chenille. It's a San Juan Worm! I use transparent line to tie. Burn the chenille to taper. Fish on all water.

"You know you might be fishing too much when you hook-set while asleep and hurt your shoulder muscle."

Link to Larry Lee's website

L3 Rods
www.L3rods.com
Custom Fishing Rods, Supplies and Classes
Larry L. Lee
5645 St. Claire Way
Citrus Heights, CA 95621
web: www.L3rods.com
email: L3rods@gmail.com
Cell/Text: (916) 601-7853

NOVEMBER 2018 Fly of the Month - IRON LOTUS

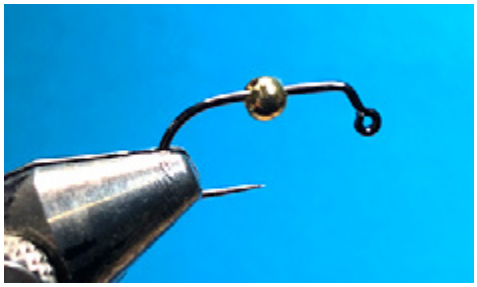
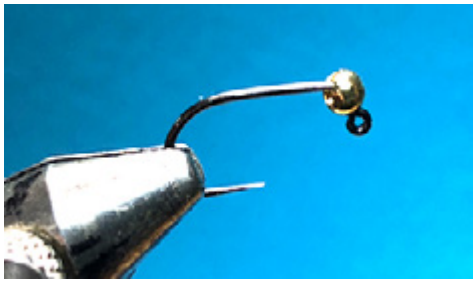
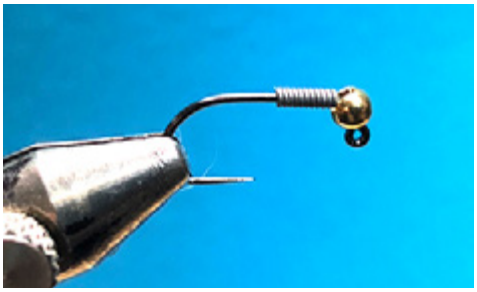
By Michael Roberts

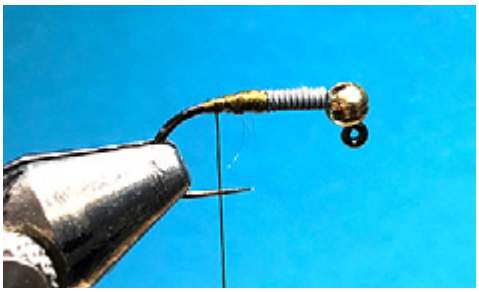
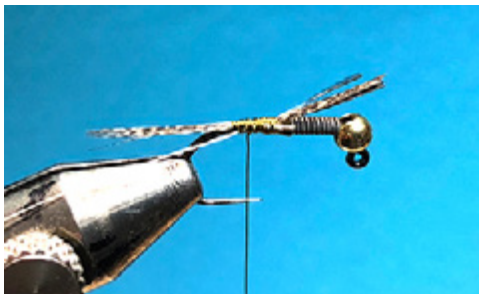
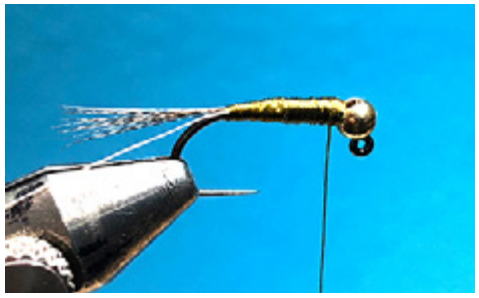
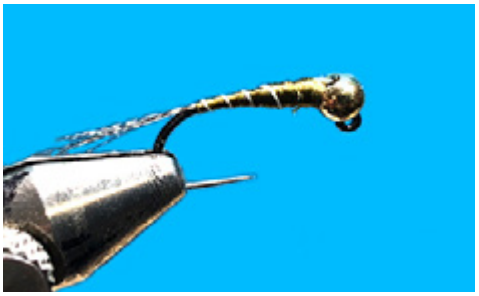
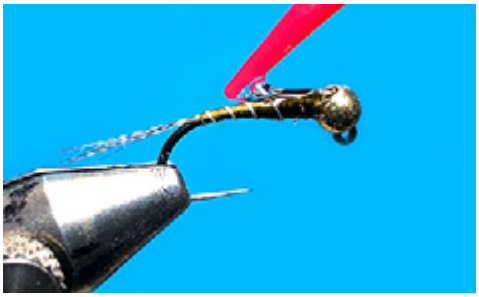
This is another Lance Egan Fly (one of his favorites for euro-nymphing). As per Lance's statement; "The Iron Lotus is a quick sinking imitation of a mayfly nymph. Its slick, coated body aids in the sink rate, its subtly segmented body adds realism, its sleek silhouette matches the naturals and its gold tungsten bead and subtle red thread hotspot give just enough flash and color contrast to pique the interest of feeding Trout. If you are a fan of dumb humor movies (like me), then you likely know where this fly got its name. Shortly after designing this fly the movie, "Blades of Glory", came out. My team watched "Blades of Glory" several nights while tying flies leading up to a National Fly Fishing Championship. In the movie was a dangerous, yet wildly effective (if executed properly) skating move called the "fabled Iron Lotus". I thought the name was a catchy, and kind of summed up this pattern so I borrowed it for this fly."

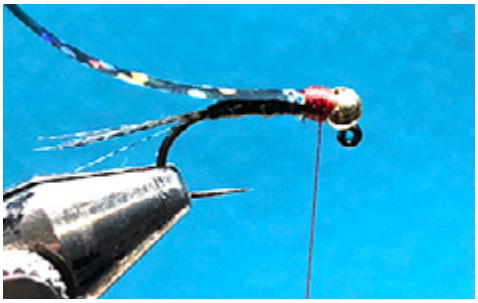
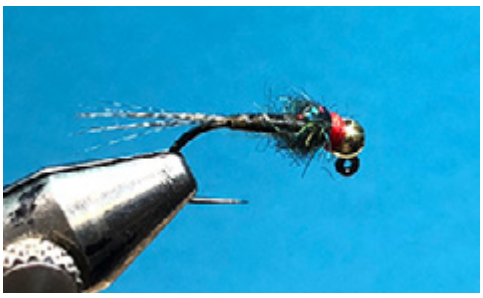
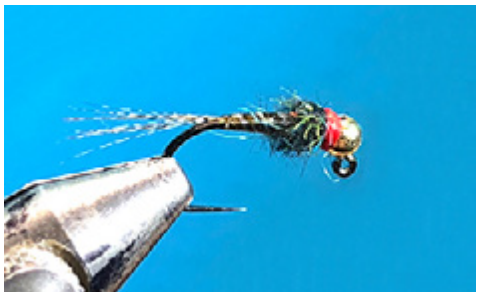
Materials

Hook:	Hanak H 400 BL or Daiichi 4640 Jig Hook – 14 (12-16)
Thread:	UTC Ultrathread 70 Denier - Olive
Bead:	Hareline Slotted Tungsten Beads - Gold - 7/64" (2.8mm)
Tail:	Whiting Coq De Leon Tailing Packs - Medium Pardo
Weight:	Lead Wire Spool - .015 (or .010)
Abdomen:	UTC Ultrathread 70 Denier - Olive
Ribbing:	6/0 UNI-Thread Waxed - White
Hot Spot:	UTC Ultrathread 70 Denier - Red
Thorax:	Arizona Synthetic Dubbing - Peacock
Wing Case:	UTC Flashback Tinsel - Black – Large (or thin skin)
Coating:	Loon UV Clear Fly Finish - Flow

Iron Lotus

STEP	IMAGE	TYING INSTRUCTIONS
1.		Photo 1 – Start with a jig hook.
2.		Photo 2 – Use appropriate sized slotted tungsten bead.
3.		Photo 3 – Use 6-10 wraps of lead, or lead free wire to add weight.

Iron Lotus		
STEP	**IMAGE**	**TYING INSTRUCTIONS**
4.		Photo 4 – Secure the lead to the forward part of the hook, then start your olive thread just behind the wire and build a thread dam behind. Wrap through the wire to hold it forward then wrap a taper across the thread dam to a point near the bend of the hook where you will tie in the tail.
5.		Photo 5 – Next take 6-10 CDL fibers and align the tips to tie in the tail. The tail should be roughly 2/3rds the length of the hook, but no less than half or more that full length of the hook.
6.		Photo 6 – Once the tail is in, trim the butts and tie in the white thread you will use for the ribbing. Start it just behind the lead to help with filling in the taper, and wrap it back to where the tail begins, then advance your thread, covering everything really well to form a nice body with a semi-flat section just behind the bead for the thorax and wing case.
7.		Photo 7 – Now twist the white thread to cord it up well, and counter-wrap it over the thread body. The counter-wrapping will help keep it from seating in between the body wraps and make it stand out better. Secure the ribbing behind the bead, then whip finish and remove the olive thread.
8.		Photo 8 – Next apply a coat of thin UV clear adhesive (Flow) to basically bullet (bite) proof the body.
9.		Photo 9 – Cure the adhesive with a UV light.

Iron Lotus		
STEP	**IMAGE**	**TYING INSTRUCTIONS**
10.		Photo 10 – Then attach the red thread just behind the bead. Using the red thread tie in the wing case
11.		Photo 11 – Dub a proportionate thorax over it ending with the thread just behind the bead. Brush the dubbing out a little to make it buggy.
12.		Photo 12 – Lay the wing case over the thorax, tying it down just behind the bead, then pull it back and take a couple more wraps in front to secure it against itself before trimming the remainder off close.
13.		Photo 13 – Then pull all the bugginess rearward and wrap a red collar (hot spot) between the thorax and the bead. Lance says he doesn't know why it is that this variance of color makes all the difference in the world, but it does. The fish seem to love it, and it boosts his confidence.
14.		Photo 14 – Lastly, trim the brushed-out dubbing to more closely resemble legs. You want it to look like legs, but not legs 4 times the length they should be. That age old saying all good fly tiers know "less is more" certainly applies here.
15.		Photo 15 – The finished Iron Lotus.

CFFU Club Meetings

First Tuesday of each month.

Richard Conzelmann Community Center (PDF Map Link)
2201 Cottage Way, Sac., CA 95825

General Meeting Schedule:

6:15 p.m.: Fly Tying Demo
7:00 p.m.: Program Presentation
8:00 p.m.: Club Information

CFFU Membership

New Member: Individual: $40.00

New Member: Family: $55.00
(Includes spouse and children under 18 years old.)

New Member: Junior: $25.00 (Under 18 years old)

New Membership Dues:
(Includes $10 initiation fee.)
After September 1, annual fees are pro-rated through December 31.

JOIN CFFU: Membership Form: (PDF Link)

CFFU RENEW Membership Online: (PDF Link)

CFFU Board of Directors

Please visit the CFFU Website for information about the Officers, Directors and Club Committee Leaders

LINK to CFFU Leaders

Newsletter Editorial Staff

Editor: Ken W. Davis
ken@creekman.com

Assistant Editor: Laurie Banks
laurie@creekchick.com

Newsletter Submissions

All submissions, images and other material are due by the 25th of the month. The Newsletter Editor reserves the right to reject any article or image that does not meet the Editorial Guidelines.

Copyright Notice

All images in this newsletter are copyrighted and cannot be used without permission of the photographer.

Banner Image

One of many Young-of-the-Year Chinook salmon that have remained in Lower Putah Creek rather than head for the Pacific. Ken Davis image from monitoring program.

Ken Davis, Editor
California Fly Fishers Unlimited
On the Fly Newsletter
2243 Fair Oaks Blvd. # 209
Sacramento, Ca 95825