



ON THE FLY

CALIFORNIA FLY FISHERS UNLIMITED

Sacramento's Oldest Fly Fishing Club... Since 1962

July 2008

WWW.CFFU.ORG

CASTING NEWS LINES FROM THE PRESIDENT *BY GARY HOWARD*

I have been a back packer all my life. I know there are not many of our members that wish to throw a 50 to 70 pound pack on their back and hike into the wilderness to catch fish. I do feel there are quite a few of you that would not mind a drive to camp and take a day hike of one to four miles to get some of that back country feel. In the next couple of Presidents Messages I will cover several of these easier to reach backcountry lakes.

First we will start with the Grouse ridge area. Take Highway 80 to the Sierras; turn off on Highway 20 about five miles past Emigrant Gap. Turn right onto the Bowman Lake Road, about 5 miles from Highway 80. This is the same route that you would take to get to Fuller Lake. Drive past Fuller Lake about three miles to Grouse Ridge road on the right. It is about 8 or 9 miles to Grouse Ridge. This is a dirt road; you do not need four-wheel drive but your vehicle should have some ground clearance. At the end of this road is Grouse Ridge Campground. There are nice pit toilets, tables, and fire rings, but no water. From this camp you can hit three lakes in a day easily, Stanford, Downey, and Milk Lakes. To get to these lakes the trail leaves the north end of the campground and goes down about 500 feet to these lakes. Stanford is about 15 minutes; Milk is 30 minutes, and Downey is 35 minutes. Downey is my favorite. All of these lakes one can fish from the bank but using a float tube is better.

Next, one can go to Carr Lake Campground. This turn off is about 8 miles from Fuller Lake the turn is to the right and again it is a dirt road, about the same as going to Grouse Ridge Campground. It is about 6 miles from Bowman Lake Road to Carr Lake. This campground is a couple hundred yards from where your car is parked, and again has no water. The toilets are at Feely Lake ¼ mile walk, Carr Lake Campground does have tables and fire rings. Carr lake fishing is OK, but a float tube is better here than fishing from the bank. I like to walk to Island Lake, about a half hour walk, and fish. There are Browns, Rainbow, and Brooke Trout in Island Lake. One can fish off the bank here. Jeff caught a 20-inch Brown off the bank here a couple of years ago. There are also good fishing in Round Lake and Long Lake a twenty-minute walk from Island Lake.

If you are interested in going to either of these places give me a call or email me. I can give you more information on these places and others in the area.

The things you do all day affect a lot of people. If you are irritable and cross, other people get irritable and cross. The things you do are catching. What ever you do, good and Bad, is contagious.

FULLER LAKE OUTING *BY JACK HARRIS*

The Fuller Lake outing was a great success for the nine members that attended. A little windy at times but sunny and comfortable.

Dell is still the King! 27 fish of which 2 were 15 inch browns. I had a distant 18 and Jai had 16. Russ brought his brother along so he could have someone to listen to him scream when he caught a hefty 15.5 brown.

I think everyone is ready for a return trip.

NEW MEMBERS MEETING

Meetings for new members are held the 2nd Wednesday of Feb., May, Aug., and Nov. The next meeting is August 13th.

Learn about the club! , Meet other new members! Ask questions where you will get answers! , Receive contact information! , Find a fishing "buddy"

*NORTHMINSTER CHURCH
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Jack Harris & Dell Clark at FULLER LAKE

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WHO'S WHO IN THE CFFU

CFFU OFFICERS	HOME PHONE
President: Gary Howard	383-1221
Pres-Elect: Bob Larne	961-1462
Past Pres: Bill Felts	768-0658
1st VP: Bob Effa	443-4968
2nd VP: Brian Thomas	394-6510
Secretary: Steve Blanton	691-0666
Treasurer: Robert Bettati	966-3831
Sgt. At Arms Larry Coulter	

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Membership: Rich Wilson	364-7545
Tech Services: Carl Lang	967-2126
Public Affairs: Craig McCulloch	456-2482
Outings: Jim Berdan	448-3125
Programs: Jeff Howard	863-1379
Conservation Programs: Vince Jacobs	482-5092
Conservation Policy: Bill Felts	768-0658

COMMITTEES

COMMITTEES	HOME PHONE
Newsletter: Tim Landrus	454-1205
On Line Ed.: Phoebe Larne	961-1462
Coachman: Sam Yee	505-7722

Co-Library: Dick Thomas	359-4415
Co-Library: Jim Kelley	725-4101
Fish in the Classroom:	
John Durand	687-8699
John Mott	254-6688
Gary Eastman	489-0908
Photographer: Vacant	
Raffle: Tom Auburn	
Logo Sales: Steve Blanton	691-0666
Annual Dinner: Jeff Howard and Steve Blanton	
NCC/FFF Rep.: Dave Ford	967-3847
SARA Rep.: Wayne Chubb	961-8181
Refreshments: Russ Heckley	723-7208
Fly Tiers Exch.: Keith Winkle	929-5745
David Zook	455-1863
Web Meister: Phoebe Larne	961-1462
List Serve Meister: Gregory Shaffer	530-271-5556
Audit: Vacant	
Sportsman Expo: Richard Wilson	364-7545
Bittner Scholarship: Bob Larne	961-1462
Salmon Festival: Wayne Chubb	961-8181
New members: Val Dun	966-5676

**FULLER LAKE OUTING BY BOB LARNE**

The club's FULLER LAKE OUTING is scheduled for July 12, 2008. Your Fishmeister is **Bob Larne** (larneb@pacbell.net / 961-8868). Your Assistant Fishmeister is **Dell Clark** (dclark1034@sbcglobal.net / 351-5875).

Fuller Lake is a beautiful 69 acre lake surrounded by a conifer forest at an elevation of 5600'. DF&G keeps the lake well stocked with rainbow and brown trout. This natural lake was dammed in 1870 by PG&E and is fed with fresh, cold water from Bowman Lake.

Meeting Location: The plan is to meet at 7am at Denny's north of Auburn off of I-80 for breakfast. Take the Forest Hill exit, turn left, and cross over I-80. Denny's is approximately ¼ mile on the left.

Directions: To get to Fuller Lake, take I-80 east and exit at the Grass Valley/Nevada City/Hwy 20 exit. Go toward Grass Valley/Nevada City 4.2 miles and turn right at Bowman Lake Road/Discovery Trail. Go 3.5 miles and you will see the Fuller Lake dam on your right. There is parking and easy lake access at the dam but no boat ramp. You can continue from the dam .7 miles and turn right at the Fuller Lake boat ramp sign. There is a concrete boat ramp, paved parking, picnic tables and a daily use fee of \$5 per car plus a \$2 launch fee. Most tubers just launch from the picnic area and just pay the \$5. Both parking areas have modern pit toilets.

Recommended equipment: Most Sierra lake nymphs work well but you are guaranteed to catch fish on a Sheep Creek Special tied on a #10 Mustad 9672 hook with extra fine olive chenille fished on a full sinking line. Intermediate and floating lines sometimes work if the fish are near the surface, but most of the fish will be found near the bottom in 6 to 10 feet of water feeding in the current at the "inlet" end of the lake. Dry fly activity can be good in the evening. Rods: 3wt - 5 wt. This is an excellent float tube/pontoon boat/pram lake although larger boats with outboard motors are permitted. Water temperatures are 45-55 degrees so layer accordingly. Bring your walkie-talkies set to channel 10.4.

Lunch: A complementary lunch, provided by the fishmeisters, will be served at 1 pm at the picnic area near the boat ramp. Bring your own beverage. A nominal donation will be appreciated.

Comments: Contact **Bob Larne** or **Dell Clark** if you need equipment. Parking is rather limited at the lake so car pooling is suggested.

CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

Meetings are held at 7:00PM on the first Tuesday of the month at Camp Pollock, 467 Del Paso Blvd., Sacramento, CA.

Individual annual dues are \$30 per member, \$45 per family, renewed in January of each year and prorated after June 30th for those joining later, and a \$10 initiation fee.

Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at the law offices of Hiroshima, Jacobs, Roth & Lewis, 1420 River Park Dr., Sacramento, 95815, 916-923-2223.

Classes and Tech Thursday clinics (Third Thursday of the month - 6:30PM) are generally held at Northminster Presbyterian Church, 3235 Pope Ave., Sacramento, CA.

OTTERS REPORT BY RICHARD WILSON

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

PHOTO'S BY RICH WILSON

Another busy month for the OTTER'S. As far as fishing, the OTTER'S attacked Jenkinsen Lake in Sly Park and Rancho Seco. **Rich Wilson** aka "The Lone Otter" visited Woods Lake, Red Lake, Picket Junction and Indian Creek Reservoir. According to Rich, not much luck but then the bait fishers weren't catching fish either. **Jack Myers** and **Keith Winkle** hosted fly tying. Those in attendance include **Jack Myers, Jack Harris, Tim Au-Young (The Newest OTTER), Jim Berdan, Bob Steele, Glen Yee, Jake Mater, Jim Wright, Ross Boehm** and **Rich Wilson**.

On MAY 24TH, SEVERAL otters attended the FLY FISHING SPECIALITIES customer appreciation barbeque and helped man the membership booth. Two new members (**Jerry Devlin** and **Jake Mensing**) were signed up. Thanks to fellow OTTER'S **Jake Mater, Keith Winkle, Bob Bettati** and **Jim Berdan** for their help.



INDIAN CREEK RESERVOIR



FLY TYING AT KEITH WINKLE'S



MEMBERSHIP BOOTH AT FLY FISHING SPECIALITIES

TECH THURSDAYS BY CARL LANG

TECH SERVICES DIRECTOR

Tech Thursdays are held on the 3rd Thursday of the Month, 6:30pm at Northminster Presbyterian Church, 3235 Pope Ave., Sacramento. (Pope Ave. intersects Watt Ave between Marconi & Whitney).

The next Tech Thursday will be on Thursday, 6-19-2008. Watch the web site for this months topic

NORTH YUBA OUTING BY GREG VAN KOERSEL

Come join Greg Van Koersel on Saturday, July 26, 2008 for the 6th annual outing to this beautiful freestone stream. Meet at the wide spot in the road across from The Lure resort about 1 mile east of Downieville on Hwy. 49. This is a great trip for novice and experienced anglers alike. 3-5wt. rods, Rainbow and Brown trout. River access ranges from drive-up, to moderate canyoneering. Lunch will be at the Wild Plum trailhead just east of Sierra City. Sign up sheet will be at the July meeting, or contact Greg at 456-9887 or ggvk@yahoo.com

MARK YOUR CALENDARS

- JUNE 30:** Board Meeting
- JULY 1:** CFFU General meeting 7:00 PM
- July 17:** TECH Thursday
- AUGUST 4:** Board Meeting
- AUGUST 5:** CFFU General meeting 7:00 PM
- AUGUST 13:** New Members Meeting 6:30 PM
- AUGUST 21:** TECH Thursday

OUTINGS CALENDAR

DATE	LOCATION	F = Fishmeister; Asst. F = Assistant Fishmesiter
Fri—Sun June 20 / 22, 2008	Truckee, CA.	F—Dave Ford Asst. F—Open
Sat. July 12, 2008	Fuller Lake	F—Bob Larne Asst. F—Open
Sat. July 26 / 27 2008	North Yuba River	F—Greg Van Koersel
August	PICK IT!	

FLY TYERS EXCHANGE BY KEITH WINKLE

PHOTOS BY DICK ANGUS



Tyer Jim Berdan
Hook: #14 (or 12-18)
Thread: 6/0 Brown
Body/Hackle: Type 1 CDC Fearher
Wing/ Head: Fine Tipped Deer Hair
COMMENTS: Very effective during Mayfly hatches or Caddis hatches. This fly uses only 2 materials and takes about 2 minutes to tie.



Tyer Jim Wright
Hook: Size 12
Thread: Green
Tail: Olive Marabou
Rib: Copper Wire
Abdomen/Body: Ice Dub UV Lt. Olive
Eyes: Black Monofilament

LAST MONTH'S WINNER!
 The 25.00 gift certificate was awarded to **Ken Nordeste**

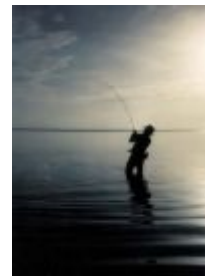


Tyer: Ken Nordeste
Partridge Caddis Pattern
Hook: size 14 dry fly
Thread: 8/0 olive brown
Body: Fine Brown Olive Dubbing
Wing: Hungarian Partridge
Hackle: Brown Rooster Hackle



Tyer Rich Wilson **Disco Midge**
Hook: size 18
Thread: 8/0 Olive
Thorax: Peacock Herl
Underbody: Olive Thread
Body: Pearl Flashabou
Rib: Fine Silver Wire
COMMENTS: The thorax is usually peacock although you may use dubbing or thread only on the 20-26 flies.

To be part of the Fly Tier's Exchange, just tie up 12 flies, turn them in to the exchange at the beginning of the meeting, and the exchange will distribute the participants flies to one another; you do not get your contribution back; you get everyone else's work! It has to be one of the best values that CFFU has. Your pattern can be of different sizes, but generally the flies are all the same pattern, the same size.
Give it a try!



Fly Tier's Exchange \$25 Award

Everyone who ties a dozen or more flies and donates them to the Fly Exchange, or to the club to support any club program, will have their name entered into a drawing. The winner of this drawing will receive a \$25.00 gift certificate for the American Fly Fishing Company. The drawing will be held at the monthly meeting. A special thanks to Gary Eblen.u

Courtesy of American Fly Fishing Company
 3523 Fair Oaks Blvd.
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CONSERVATION REPORT BY BILL FELTS

Steelhead of the Great Lakes

On a recent and short visit to Michigan, I learned a little about the steelhead that inhabit Lake Michigan and the rivers that flow into it.

These fish, similar in many ways to our own steelhead were brought to Lake Michigan and the other four Great Lakes from the west coast in the late 1800's. According to the records, the first arrival was to the Au Sable River in 1876. With some ups and downs, they have adapted well. The McCloud River strain is Michigan's original fish of choice. Over the years, additional west coast strains have been brought in. The Great Lakes region now has naturalized strains with more than one genetic link.

Regardless of strain, all Great Lakes steelhead go through a similar growth process. Fertilized eggs in gravel hatch in the Spring, the young fish winter in deep water, feed through the summer, and winter once again in the rivers. The next Spring they turn silver and migrate to the Great Lake into which their river flows. They spend that Summer in the "big lake" feeding on insects and invertebrates. In the fourth year, they add small forage fish to their menu. In the fall of that year, the steelhead enter their natal stream and find a hole to winter-over. They wait for the warmer waters of Spring to spawn in the gravel beds. Then they migrate downstream, enter the lake, feed throughout the summer, and return upstream in the fall. This pattern is repeated for two more years.

That steelhead have survived their transplant in the late 1800's and flourished is amazing. At the time they were brought in from the west, lumber barons were cutting every available tree through out the Great Lakes region. The slash from their operations often caught fire damaging the ecosystem as well as destroying whole towns. The loss of trees led to a loss of shade and the rivers warmed. Runoff silted the waterways and logs scoured the river beds. The fish habitat suffered terribly, but the steelhead proved to be resilient and this is evident by the number of fishers on the rivers year after year.

As a closing side note, I discovered that the world's record brown trout (36 lbs/13 oz) was taken in a waterway in Michigan called Betsie Bay, the same spot where my brother once caught a walleye pike!

EAGLE LAKE OPENER BY SAM YEE

The Eagle Lake opener was Cold & Rainy, Wayne Wato & Sam Yee were committed to catch Huge Eagle Lake Rainbows. On Saturday, Wayne caught 6 or 7 fish 18-22 inches at the secret point. Sam lost 3 fish. Get there early, Wayne caught 4 nice fish during the first 20 minutes on Saturday while Sam was taking care of his morning business. Sunday Wayne caught 5-6 more large Eagle Lake Rainbows. Sam took pictures but finally managed to catch a 22 inch steelhead size fish and 2 more. The fish were biting on a size 12, green, sparsely tied bead head wooly bugger fished with floating or intermediate line. We checked stomach contents and found the fish had individual taste. Some were eating leaches only, some were eating scuds only and others were eating nothing but were full of eggs. The secret to catching more fish... move around to find new fish & wear your fleece long johns.



PRESENTATION NEWS BY JEFF HOWARD

Last month Dave Lentz showed us his program on fishing Kamchatka. Dave's program had lots of great photo's of just how wild this area is. This is one place I would love to fish if I suddenly became rich. *Thanks Dave for that great program!*

Get to the July General Meeting on time! **Jeff Putnam** will lead a casting clinic beginning at 7:00 on the lawn near the clubhouse. Jeff began fly tying commercially at 13 and started guiding fly fishermen on Northern California's waters as early as age 16. Since then, Jeff has worked many positions in the industry including retail fly shop sales, manufactures representative, fly fishing guide in California, Montana and Colorado and fly fishing instructor. Jeff has also been fortunate to have traveled to some top fly fishing destinations including Dean River in British Columbia, the Tsiu River in Alaska, El Pescador Lodge in Belize and Christmas Island. Jeff puts on seminars and presentations for fly fishing clubs, fly shops, and manufacturers.



Jeff Howard with June's speaker, **Dave Lentz**

FLY OF THE MONTH BY ROBERT ROUNDTREE

The Sparkle Dun

The Sparkle Dun is a great emerger pattern that imitates a mayfly emerging from it's nymphal shuck. This pattern is a variation of the Compara Dun, and the originator is Craig Mathews. This fly is utilized to pursue trout, and is most useful for fishing smooth glides of water. I have personally used it with success fishing Baum Lake in the Burney area during one of the usual morning Mayfly hatches. This can be tied in a variety of colors to match whatever mayfly is around your favorite spot. Tying this fly gets more difficult as you move down in size (e.g., 18-20), and stripped CDC barbs can be substituted for deer hair in the wing on the smaller size hooks. I researched this pattern from a couple of books: *The Benchside Introduction to Fly Tying* by Ted Leeson & Jim Schollmeyer and *The Fly-Tying Bible* by Peter Gathercole.

Hook: Standard dry fly Sz. 12-20 **Thread:** 6/0 color to match body (olive, gray, etc.) **Wing:** Deer hair (or stripped CDC barbs for Sz. 18-20)

Tail: Clear Antron yarn (or Amber with gray body, etc.) **Body:** Olive brown dubbing (or gray, etc.)



Step #1. Place hook in vise, lay thread foundation over approximate front half of hook, and leave thread hanging about 1/3 of shank length behind the eye. Thread foundation will help to keep the deer hair from spinning around the hook. Clean and stack a pinch of deer hair for the wing. The bundle of deer hair should be about 1/2 the hook gap in thickness. Measure length of deer hair just slightly less than the length of hook shank. Place bundle of deer hair atop hook with the tips extending past eye, make a few loose wraps at tie in position, and then pull thread up to tighten the bundle down without spinning the deer hair completely around the hook. May need to put a few subsequent wraps through the butt end of deer hair to lock it in place.



Step #2. Trim the butt end of deer hair off at an angle, and cover with thread. Ensure that you taper the thread with fatter end up against the deer hair.



Step #3. Begin posting the wing (or forming Arc Wing). Wrap the thread forward the front base of the wing (i.e., the other side of the wing), lifting the deer hair to place a wrap directly against the base. Keeping the bundle of deer hair preened backwards, build a cone-shaped ramp of thread on this opposite side of wing. Add thread wraps until wing is standing in vertical position.



Step #4. Time to flare the wing into position. Preen the deer hair towards the sides of the shank with your fingers in a 180-degree arc. Try to distribute the deer hairs as evenly as possible. Move the thread to the back of the fly at the barb position. This was a tough photo to take!

CONTINUED ON PAGE #8

FLY OF THE MONTH BY *ROBERT ROUNDTREE**CONTINUED*

Step #5. Tie in sparse Antron tail. Trim to approximately hook-gap length. I used white Antron yarn here for a little better contrast for photo.



Step #6. Lets dub the body. Use the direct dubbing method, and dub a tapered body with a slightly enlarged thorax. At the wing, crisscross underneath to cover the underside and try to avoid leaving any dubbing gaps. Dub to within approximately 3 thread-wraps' distance of the hook eye, and build a thread head. Add a little head cement, and you're done. It's time to go fishing.

ON THE FLY NEWSLETTER

On the Fly is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. After all, this is a "fishing" newsletter and no other type of sportsman is known for broader exaggerations of what was once the truth. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to T.Landrus@sbcglobal.net or mail on a disk to Tim at 4695 Francis Court, Sacramento, CA. 95822 Pictures will only be returned upon request.

Absolute Deadline – 15th of each month.

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ON THE FLY

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