

CALIFORNIA FLY FISHERS UNLIMITED SACRAMENTO'S OLDEST FLY FISHING CLUB SINCE 1962

September 2017



CASTING NEWS FROM DAVE LENTZ

August was a good month for me... got to fish for a variety of trout—redbands in the northeast part of the state, a quick trip to Montana and Yellowstone adding in some Yellowstone cutthroats, arctic grayling and brook trout and still more possibilities at the end of the month (this is being written immediately before leaving for the Club's Mammoth Outing where I'm hoping to tangle with some Crowley Lake beauties). I did suffer a casualty with one of the aircells in my float tube just to dampen my luck a little. I hope you found many occasions to fish this summer, catch some fish, even better, and get out where water and the natural world replenish us all.

Don't forget the opportunity to replenish your spirit by volunteering at the Club's Hagan Park fish derby, September 16. Tim Au-Young leads us to help others in the community and share the joy of fishing. The Club could use some replenishment as well-- we are still seeking some candidates for Officer and Director positions to serve on the 2018 Board. To lessen the burden on Board members we are looking at reducing the Board meeting frequency to quarterly with shorter meetings, when needed, prior to the monthly general membership meetings. Meloney Welborn is chairing the Nominations Committee and you can ask her or the Board members about opportunities to serve the Club.

Thanks, Dave Lentz

SEPTEMBER 2017 SPEAKER

The September 5th speaker is our own Forrest Oldham and he will be presenting a slide show entitled: Why I Fly Fish.

You know, wherever I take a look around our clubhouse and see the level of talent we have, I can't help but feel very, very lucky! Just being surrounded with so much of it surely enhances our experience and also challenges us to progress in our sport. Forrest is one of those talents. He's been involved with CFFU in one way or another since the 1970's and is the former President that brought us the Coachman's Award and Tech Thursdays. He's never yet backed away from a challenge and this program breaks new ground for all of us! His slideshow is retrospective and introspective in nature and I found myself lost in thought while watching and thoroughly enjoying the ride. Sometimes it's just fun being reminded of what it is that makes our sport so great!

Thanks for doing this Forrest! Ken Giesser

CFFU Programs Director



CFFU ANNUAL DINNER 2017

CFFU's Annual Dinner and Fundraiser will be held Sunday, November 12th at the California Auto Museum, 2200 Front Street, Sacramento. This is our only fundraiser and we'd like everyone to join us for the terrific food, great raffle and auction items, and wonderful camaraderie! Everyone is welcome: club members, family members, friends, co-workers, or neighbors... anyone who's interested in having a wonderful time, winning great prizes, and supporting a great cause. You can buy your dinner and raffle tickets at the September, October, or November meeting, but the sooner the better! You can also buy dinner tickets from our website with your credit card or PayPal account. Tickets are \$45. Proceeds from the dinner support our Fish in the Classroom program, local conservation and restoration efforts, the Bittner scholarship winner, our fledgling Veteran program as well as our terrific monthly speakers.

You can help benefit the cause by donating something you own or made, asking businesses in town to donate goods or services, putting together a gift basket, bringing a case of beer or wine, or giving a cash donation. Please bring your donations to the September or October general meeting or mail them to Laurie Banks 2443 Fair Oaks Blvd #209, Sacramento, CA 95825. You can also call me to arrange a pick-up. We hope everyone will join us for this special night out. Your annual dinner committee is working hard to plan a truly memorable evening for you and your guests! For more information visit our website http://www.cffu.org/annual-dinner.html.

Thank you for your support!!

Laurie Banks

FLY TYING DEMO

Come see September's demo tier, John Turner. John will start tying at 6:15 pm so come early to watch him tie some of his magic at the vise.

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dougo@calvadaflyfishing.com

KIENE'S FLY SHOP

2752 Marconi Ave. Sacramento, CA. 916-486-9958 / 800-4000-FLY

www.kiene.com

THE TACKLE SHOP

127 W. Main St. Ennis, MT 59729 (406) 682-4263

www.thetackleshop.com

YUBA RIVER INN

510 Main Street/ Hwy 49 Sierra City, CA 96125 (530) 862-1122

yubariverinn.com

A special thanks to Freeport-McMoran Foundation For a generous donation to the Bittner Scholarship. Special thanks to

Donald and Martha Stoneberger

For their generous donation.

TECH THURSDAY

California Fly Fishers Unlimited offers a series of programs each month on the "technical" aspects of fly fishing. The program covers fly fishing topics, ranging from beginning fly casting and introductory fly tying, to more advanced topics such as rod building, tying Atlantic Salmon patterns, and spey casting. Let Carl Lang know if there are any subjects you would like to see... or to teach! Tech Thursday's are held on the third Thursday of the month at the Northminster Church, 3235 Pope Avenue, Sacramento, CA

NAME BADGE DRAWING by Rich Wilson

Each month we will be drawing for a \$30.00 gift certificate to be redeemed at one of the 3 fly shops in our area. Each month the \$30.00 gift certificate will be from a different fly shop in rotation. To qualify for the name badge drawing a member MUST be wearing his or her CFFU engraved name badge. Each member will receive one ticket for wearing his or her engraved badge. At the end of the meeting one ticket will be drawn for the gift certificate. You must be present at the time of the drawing. New members will still be eligible to receive the 10% off any item at the LOGO table.

FREE FLY DRAWING

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

PRE-MEETING CASTING by SAM YEE

You are invited to join us for Fly Casting Instruction before the monthly meeting from about 6:00 pm until the meeting starts by Forrest Oldham, Bruce Bartholomew, Bill Siska, Craig Williams & a cast of CFFU Volunteers. We even have a FFF Certified Casting Instructor on hand to help out (Sam Yee). The monthly format is a good way to learn a few new skills, practice them & learn a few more new skills the following month. Bring your favorite fly rod and a brightly colored floating line. We have a few loaner fly rod available Don't be shy, just ask for some help, there is usually others who are more than happy to help you, Beginning Fly Casting to Advanced, Double Hauling, Wind Knots, Roll & Spey casting, Distance, Accuracy, Plus Switch & Spey casting.

MARK YOUR CALENDARS

September 4	CFFU Board meeting at 6:30 pm (Cancelled)				
September 5	CFFU General meeting at 7:00 pm. Topic: The legacy of CFFU with Forrest Oldham				
September 16	Annual Hagan Community Park Fish Derby 2017				
September 21	Tech Thursday 6:30 pm-Topic: TBA				
September 25	Deadline for article submission to newsletter				
September 27	Social Night - Topic: Flies-Real and Artificial				
October 2	CFFU Board meeting at 6:30 pm				
October 3	CFFU General meeting at 7:00 pm. Topic: Matt Heron, Seasons on the Truckee, A Guide's Perspective				
October 19	Tech Thursday 6:30 pm-Topic: TBA				
October 25	Social Night-Topic: TBA				

NEW MEMBER ORIENTATION

New members are encouraged to attend one of the quarterly meetings held at the Northminster Church, 3235 Pope Avenue, Sacramento, CA. The meetings occur on the second Wednesday in February, May, August, and November. 6:30 p.m. Here you can meet other new members, ask questions, receive contact information and possibly find a fishing buddy. Past President Laurie Banks and Membership Director Rich Wilson supervise these meetings and will help you get the most out of your club. You will also receive a certificate for 6 free flies from local fly fishing shops. Look for more info in the coming newsletters.

REFRESHMENTS

Bev Lorens will be selling refreshments before the meeting.

WHO'S WHO IN CFFU

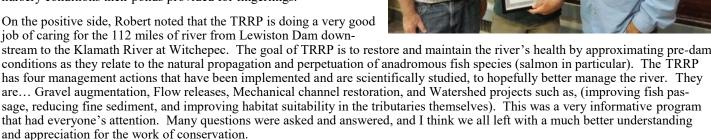
OFFICERS	NAM	E PHONE NUMBER	R/E-MAIL ADDRESS	COMMITTEES	NAME PHONE NUM	BER/ EMAIL ADDRESS
President	Dave I	Lentz 2017	916-254-1016/ dlentz@surewest.net	Coachman Award	Paul Wisheropp	wisheropp@gmail.com
President Elect Past President	Laurie	Banks 2015-2016	916-972-8537/ laurie@creekman.com	Fly Tiers Exchange	Don Wallace, 2012-2017	916-422-8674/ flyfisherman241@hotmail.com
1st Vice President	Mary l	Ellen Mueller	916-213-2047/ mmueller@suerwest.net	Fly Tying Demo	Gary Howard, 2017	916-383-1221/ 104herefishy@comcast.net
2 nd Vice President	_	McCulloch 2015-2017	916-456-2482/cmcculloch@jps.net	Fish Derby	Tim Au-Young, 1999-2017	916-479-1049/ auyoungt@comcast.net
Secretary Treasurer		nipley 2015-2017 erdan, 2009-2017	916-383-3453/pshipley@sbcglobal.net 916-448-3125/jberdan@aol.com	Fish in the Classroom	Brandie Herron, 2010-2017	916-364-7545/ brandie_w2002@yahoo.com
DIRECTORS	NAM		R/ EMAIL ADDRESS	Howe Park Fish Derby	vacant	
Conservation Policy I	Dir.	Keith Pfeifer 2015-2017	530-753-7920/kimnkon@pacbell.net	Library	Christie & Michael Roberts	
Community Service I	Dir.	Trevor Segelke 2017	916-362-1063/ trevor-segelke@sbcglobal.net	List Serve Meister	Gregory Shaffer, 1999-2017	530-271-5556/ shafe@gshaffer.com
Membership Director		Richard Wilson, 2006-2017	916-364-7545/ wilsonre7@yahoo.com	Logo Sales	Glenn Yee, 2008-2017	916-421-6922/ gyee25@att.net
Outings Director		David Tevlin 2017	916-483-7362/ dwtevlin@att.net	Mentoring	Andy Penn, 2014-2017	916-687-6799/ andypenn@frontiernet.net
Programs Director		Ken Giesser 2014-2017	916-685-3125/ thegiessers@yahoo.com	C		71
Public Relations Dire	ctor	Lanny Garman 2017	916-393-9009/ Lanny55@att.net	NCCIFFF Rep.	Jim Berdan, 2013-2017	916-448-3125/ jberdan@aol.com
Tech Services Directo	or (Carl Lang, 2007-2017	916-967-2126/ langcarl@att.net	New Members	Laurie Bank 2015-2017	916-709-1309/laurie@creekchick.com
COMMITTEES	NAM	E PHONE NUMBE	R/ EMAIL ADDRESS	Newsletter Editor	Chris Weiland 2010-2017	916-691-2873/ cjweiland@comcast.net
Annual BBQ	V	acant		Refreshments	Beverly Lorens 2015-2017	916-283-6773/blorens@surewest.net
Annual Dinner	V	acant		SARA Rep.	John Barris, 2012-2017	916-524-5634/ peercourt1@sbcglobal.net
Audio Visual Tech	A	rthur Herron, 2010-2017	916-364-7545/ artygolfs2000@yahoo.com	Sergeant At Arms	Larry Coulter, 2007-2017	916-689-1885/ lcoulter@frontiernet.net
Bittner Scholarship	В	ill Felts, 2010-2017	916-768-0658/ befelts@yahoo.com	Sportsmen's Expo	Richard Wilson, 2006-2017	916-364-7545/ wilsonre7@yahoo.com

AUGUST 2017 SPEAKER

On August 1st we were treated to a fascinating program from Dr. Robert Stewart of the Bureau of Reclamation that featured the Trinity River Restoration Program (TRRP). This program is comprised of eight partnership groups including local, state, federal, and tribal agencies. They are... State of CA Depts. of Fish and Wildlife and Water Resources (State agencies share a seat on the management council), Trinity County, The Yurok Tribe, The Hoopa Tribe, U.S. Fish and Wildlife Service, Bureau of Reclamation, U.S. Forest Service, and NOAA.

Robert began by contrasting the current ecosystem of the region to its historical ecosystem and showing how much has changed since the "advancement" of dams and water diversions. He listed several causes that have contributed to the degradation of the water shed including, dam construction, water diversion, dredger mining, hydraulic mining, logging and curiously, the depletion of Beaver populations and the nursery conditions their ponds provided for fingerlings.

On the positive side, Robert noted that the TRRP is doing a very good



Thanks Robert. Great Program! Ken Giesser **CFFU Programs Director**



ENTOMOLOGY CLINIC AND BBO

On August 17th we held our annual Entomology Clinic and barbeque. We had a wonderful turnout with 35 members and their guests attending. We convened at the Watt Avenue fishing access at 6pm. Ken Davis explained what aquatic organisms we might expect in the different environments within the river system. For example, although there would be traveling, the stillwater area is where we would find dragon and damsel flies, whereas the riffle section would be rife with mayflies and caddisflies. Ken and Mike Wigginton demonstrated collection techniques. Four teams were formed and sent to the river to see what they could find. And boy did we find fish food! Everything from tiny beatis mayfly nymphs to a huge crawdad. This year we tried something new. Teammates discussed what that found, and using their handout and a display board each member needed to correctly identify one of their specimens. Bugs were returned to the river and each individual received a raffle ticket.

We all worked up an appetite and were not disappointed as a terrific dinner awaited us when we returned from the water. Attendees bought delicious appetizers, salad and desserts. Brad Stone brought his barbeque and cooked up some great hamburgers and Polish dogs.

After dinner we held the drawing and Leo Signoretti was the lucky winner, a \$50 gift certificate to the Buckhorn Steakhouse in Winters. Paul Wisheropp won our consolation prize, a bug collecting kit which he says he will enjoy with his granddaughter. We plan to follow up this educational experience at our September social where we will look at artificial flies which would best imitate theses aquatic invertebrates. It was a wonderful, educational evening. Thanks to all the CFFU members whose enthusiasm and friendliness made this a terrific evening!

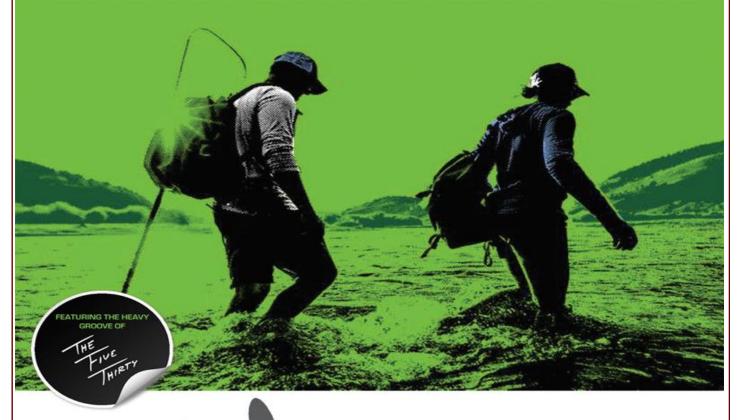
A special thanks to Tim Au-Young for coordinating this event, Meloney Welborn who spent all day cutting, slicing and shopping for the food. Brad Stone for being our chef, Gary Howard for bringing his home brew, Rich Wilson and Brandie Herron for set-up, clean up and photography, and of course Ken Davis for bringing all the bug stuff and sharing his expertise with us.

Laurie Banks



FLY FISHING FILM FESTIVAL

FLY FISHERS OF DAVIS AND PUTAH CREEK TROUT PRESENTS:



ORVISIPINATION

FLY FISHING FILM FESTIVAL SEPTEMBER 9, 2017

VETERAN'S MEMORIAL THEATER, DAVIS 203 EAST 14TH ST. DAVIS CA,95616 ACTIVITIES START D 3PM MOVIE: 5:30 - 9PM

\$20

PER PERSON INCLUDES ONE RAFFLE TICKET CHANCES TO WIN GEAR, SWAG & GUIDED TRIPS ENTER THE CASTING COMPETITION FOR PRIZES

PROCEEDS HELP SUPPORT PUTAH CREEK WILD TROUT RESTORATION PROJECTS

FOOD, BEER, WINE AND RAFFLE TICKETS AVAILABLE FOR PURCHASE































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FLY TIERS EXCHANGE by Don Wallace

Photo's by James Simon



Michael Roberts tied a Higas SOS on a Diriki size 18 (size range 8-22) 125 scud hook using black UTC 70 thread. The bead head is 5/64 (2mm). The tail is black pheasant tail. The rib is small silver wire (open wraps). The body is black thread. The wingcase is red floss and the thorax is black rabbit dubbing. The legs are crystal flash.



Jim Cardoza tied a Pink Power Ranger on a size 14 Umpqua U002 hook using florescent pink UTC 70 thread. The head is a 2.8 mm nickel bead. The body is natural possum. The rib is brassie red UTC wire. The thorax is pink synthetic dub. The wingcase is turkey. The finish is Loon UV clear thick hard as nails.



Bill Conway tied a Golden Hare Nymph on a size 12 hook using tan 8/0 thread. The tail is mallard and the rib is copper wire and the abdomen is golden hare dubbing mixed with hare's mask. The wing case is v-clipped pheasant rump feather. The thorax is hare's mask. Comments: Layer thread along the hook shank, tie in mallard tail (4strands). Tie in the copper rib, set aside. I separate my dubbing and cut hare's mask to blend the fibers. Attach dubbing to the thread, wrap to 2/3 the length of the hook shank. Wrap copper to simulate segments, tie off. I now tie in a rump feather with the stem clipped to form a "V." This will give the appearance of legs. Now dub in some hare's mask and tie off.



Tim Au-Young tied Soft Hackles and Spiders on a TMC 2487 hook using Pearsall's Silk in Scarlett or gold. The body is Pearsall's gossamer silk. The thorax is 6 wraps of two strands of peacock herl. The hackle is pheasant rump or Indian hen or duck wing. Note: soft hackles 1-11/2 wraps, tied back over the throax to keep from collapsing over the body. Spiders are 2x the hook shank length, not tied over the throrax. Can fish both of these as dry flies, emergers sunk into the surface film, all the way down in the water column as a single fly or trailing fly.



Rob Scafe tied a Black Midge on a size 16 TMC 2457 hook using black thread. Bead head. The rib is silver wire and the body is black thread.



Christie Roberts was the demo tier and she tied a Green Butt Silver Hilton on a size 2-8 TMC 7999 Steelhead hook using black and white Veevus 8/0 thread. The tag is flat silver metal tinsel. The tail is Gadwall flank (alternative is mallard or teal flank) and the butt is florescent chartreuse dubbing. The rib is oval silver tinsel. The body is black dubbing and the wing is grizzly hackle. The hackle is grizzly hackle or an alternative is guinea hen.

Fly Tier's Exchange Gift Certificate Award

To be part of the Fly Tier's Exchange, just tie 12 flies, turn them in to the exchange at the beginning of the meeting, and the exchange will distribute the participants flies to one another. You do not get your contribution back; you get everyone else's work! Your pattern can be of different sizes, but generally the flies are all the same pattern, the same size. Give it a try!

Everyone who ties a dozen or more flies and donates them to the Fly Exchange, or to the club to support any club program, will have their name entered into a drawing. The winner of this drawing will receive a gift certificate for \$25 to Kiene's American Fly Fishing Company.

CONGRATULATIONS TO LAST MONTHS WINNER!

FLY OF THE MONTH

The fly of the month will return in next month's newsletter (October).

VINTAGE FLY CORNER

Have you ever wondered where the flies we use today got their origins? Many of today's flies are revisions or modifications to the flies of yesteryear. The purpose of this corner is to present the vintage fly tied as closely as we can to the original, give you the some history of the fly and original tier and provide a recipe of the original with notes about some of the differences in today's flies.

The Grey Wulff





We'll start with the Grey Wulff tied by Lee Wulff in the Winter of 1929 / 1930, depending on where you read the history. This was the first of the "Wulff Series" flies credited to Lee Wulff. He tied them because he thought the early British flies were rather "anemic" for fast flowing American rivers. His flies are a more robust dry fly. The Wulff flies also stood up well to provide 50 fish days on the same fly! Lee and his friend, Dan Bailey, fished together in the Catskills and on such rivers as the Ausable and Esopus in New York State before Dan moved to Montana. Dan was influential in naming the Wulff Series Flies. He wanted Lee to get the credit for them. There is an excellent write up in Wikipedia about his life and his association with other fly fishing legends. Mike Valla dedicates a chapter about Lee Wulff in his wonderful book: *THE FOUNDING FLIES*. Another good place to read about Lee is http://stevenojai.tripod.com/rwulff.htm complete with recipes of 4 different Wulff patterns.

This Recipe:

Left (Modern material on a vintage hook)

Hook: Mustad 3257B (Barbless) Size 12

Thread: Uni-thread Black 6/0

Tail: Elk (Buck tail is the original material)

Body: Synthetic grey dubbing Hackle: Medium Blue Dun

Wing: Elk

Right (Vintage as tied by Lee)

Mustad 94840 Size 12 (Can tie from #10-18)

Same for 16 & 18 use 8/0 Buck Tail – hand stacked

Rabbit (muskrat or other grey fur is suggested)

Medium Blue Dun

Brown Buck tail - hand stacked

Some More Facts about Lee and his flies:

Lee did not use a tying vice. He held the hook by the eye under his nail and tied the fly right to left. Lee also hand stacked his tail and wings. The Fly on the right is hand stacked.

Also note the fly on the left is tied on a vintage barbless hook. The bump behind the point held the fish.

These flies are tied by Rob Scafe

CONSERVATION ARTICLE

FISH BIOLOGY: VISION AND LIGHT

Living in an ever-changing aquatic environment, fish have many challenges. One of the most important biological functions for their survival is vision and using their eyes to locate food and avoid predators, including humans. Conditions for underwater vision are more exacting than on land. Light bends and behaves differently as it is scattered and absorbed in the in the subsurface zones. Knowing a few basic principles of vision biology in fish and visible light dynamics may help us make better color and size choices for flies, and more importantly, to remember how to safely handle fish after they are caught and released.

Trout have an elliptically shaped eye orbit in contrast to humans, which is spherical. The elliptical shape allows for two focal lengths, one in front and one to the side, to function simultaneously. The frontal view allows the fish to clearly see drifting particles and food close-up, while the lateral field of vision keeps distant objects, e.g. predators, in perfect focus. In human terms, the trout is near-sighted to the front and far-sighted to the side. Both these visual systems are very sensitive to objects, movement and shadows above the fish.

Trout lack eyelids to protect and moisten their eyes. Lack of moisture is obviously not an issue in an aquatic environment; however, once removed from their environment, their eyes (and gills) are susceptible to injury in a net, from holding the fish to long or laying the fish on rocks or grass for a photo. Air can begin drying out the fish's eyes and gills in as little as 30 seconds.

Fish have the same photoreceptors in their retina as humans, namely cones and rods. Most fish, including salmonids, have both daytime, color vision (i.e. photopic), enabled by cone cells, and low light, gray-scale vision (i.e. scotopic), enabled by rod cells. Fish have three types of cones, each type programmed to "interpret" a specific color: red, green or blue. Rod cells are very sensitive to light and provide trout with excellent night vision. Cones function primarily during bright daylight conditions, while rods are exclusively engaged at night. Cones and rods can both be functional during dawn, dusk and overcast periods.

Research as determined that fish vision can be species dependent; that is, the ability to see particular colors depends on the environment in which the fish lives. In general, fish living in shallower waters with greater light intensity have more cones than deep-water fish that exhibit more rods for lower light environments. For example, trout and bass, which feed in the higher sections of the water column are more sensitive to the visible spectrum of red through violet colors when compared to middle or lower water column species, like walleye or open ocean pelagic fish, that depend on rod vision.

Recent laboratory studies have shown that brown and brook trout have better vision under low-light conditions than rainbow or cutthroat trout, inferring that these night feeding species have more rods than cones. In low light conditions where rods predominate in a trout's vision, the colors of artificial flies become less important. This difference in visual acuity is certainly of practical importance to the fly angler. In low light conditions fly selection should emphasize a well-defined silhouette and a contrast to the surrounding environment.

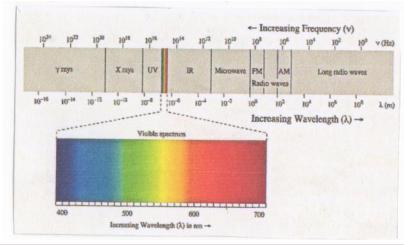
Another topic of current discussion and debate in the biology of trout vision is the ability to see ultraviolet (UV) light, which has a wavelength just beyond the deepest shade of violet in the visible spectrum for humans. Several fish species are known to have the ability to see in the UV spectrum, including trout, salmon, sunfish, carp, tarpon and other coral reef species. The current debate centers on the importance of this ability, particularly as it related to feeding activities. Current research with trout indicate that UV-sensitive cones are present in early life stages and may enhance the contrast of zooplankton prey and improve the fish's foraging abilities. However, after these fish have transformed from the parr to the adult form, the UV-cones are no longer functional and have "switched" to detecting a wavelength of blue light in the visible spectrum. The use of UV-light materials for artificial flies to use for trout fishing may not be totally supported by some of this scientific information; however, it is hard to argue that UV-light materials with beautiful iridescent qualities can't help attract a fish to your fly.

Infrared (IR) wavelengths are also out of the visible spectrum of humans; however, this wavelength may be important to spawning salmon and other freshwater species. Current research has suggested how salmon, and possibly other freshwater species, augment their vision when transitioning from blue-green habitats (i.e. ocean) to inland freshwaters that favor longer wavelengths (e.g. IR) vision. In navigating through murky freshwaters to upstream spawning sites, specific enzyme, linked to Vitamin A, is released in the retinal cones and increases the fish's ability to see its environment in the IR wavelengths. This is analogous to humans wearing night vision goggles.

An understanding of how fish process visual information and adapt to their environment is just another remarkable aspect of fish biology and behavior. Obviously, we will probably never know exactly how and what fish see, but it is certainly a challenge making them think our flies are the real thing.

Keith Pfeifer Conservation Director

September 2017



UPCOMING OUTINGS

FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER

September 30-Oct. 1 Upper Sacramento River Fishmeister: Craig Williams craigwilliams@zetabroadband.com

September 8-9 East Fork Carson River Fishmeister: Trevor Segelke trevor-segelke@sbcglobal.net

October 22-24 Lower Sacramento River Fishmeister: Jeff Howard ihighentry1@gmail.com

UPPER SACRAMENTO RIVER OUTING 2017

Anyone interested in attending the Upper Sac Outing September 29-October 1 and are planning on staying at the Cedar Lodge (the outing headquarters) should make reservations now. They are routinely taking reservations through online booking agencies but held reservations for that weekend for us so we can call in and reserve how many rooms we need. Last year we used all but one room. To reserve call the office at 530 235-4331.

Craig Williams

LOWER SACRAMENTO RIVER FLOAT TRIP OUTING OCTOBER 22-24, 2017

WHERE: Redding Area & Downstream on the Sacramento River.

Meeting Time is 8:00 AM at The Fly Shop 4140 Churn Creek Rd. Redding, CA. 96002

Cost is \$382.50 per. Guide / Boat or 191.25 \$ per person.

Lodging: The club has used The Gaia Hotel in Anderson, the Hampton Inn & Hilton Inn

What to Expect: These Fish are Wild Rainbows mostly + Steelies. We will be Drift Boat fishing which is mostly Nymphing under an indicator with Nymphs; although Soft Hackles, Jimmy Legs, Sucker Spawn (yellow Egg) and other new flies are options. OBVIOUSLY for the Fall Trips an Egg Pattern is the GO TO. I do recommend a 9 ft. 6 or 7 WT. rod for this OR even better a 10 ft. 5 WT. Mending is the key!

We will meet for dinner after fishing at the CR Gibbs and The Gaia for the April trips at 7:15. MORE LATER

Fishmeister, Jeff Howard (916) 834-7202 Asst. Craig Williams (916) 224-3630

EAST FORK CARSON RIVER OUTING SEPTEMBER 8-9, 2017

Come Join us to fish the area of Markleeville.

There is East-fork of the Carson River, Silver Creek, Wolf Creek, Heenan Lake, Indian Creek Resevoir and other destinations all within a short drive.

Fishing in the area has much to offer.

E Fork Carson River: E Fork has a stocked section that is drive up to fishing access. The river here runs along side of the highway. DFGW and the town both stock fish in this section and they often plant larger fish too. Rainbow are the main fish. Browns have been caught too. Below Hangmans Bridge is Catch and Release only. Both sections of the river can be very productive. There typically is a bit less congestion below the bride as you have to walk in to fish this section of the river.

W Fork Carson River: This is a smaller river. I would call it a stream. It has a canyon and a meadow section. There is handicap access as well as walk in areas to fish the meadow. Below and above the meadow you will find turn outs along the road to gain access to the stream to fish. Rainbows are the main fish. Browns have been caught too.

Heenan Lake: This lake is open to catch and release only. It is open only Friday, Saturday and Sunday during September – Oct 15. The lake has Lahonton Cutthroats and is best fished from a float tube or pontoon Boat.

Silver Creek: A feeder creek to E Fork of the Carson. Has limited number of pull up access along highway 4. Has lots of rainbows for those wanting to fish small creek setting.

Other waters of interest: Indian Creek Resevoir, Blue Lakes, Red Lake, Crater Lake, Red Creek and Wolf Creek. All of these are fishable locations and have varying access and distance from the resort. All can be well worth the time it takes to get to them.

Fish found in the waters around Markleeville are: Rainbow, Brown, Brook, and Lohantan Cutthroat.

Continued on page 10

EAST FORK CARSON RIVER OUTING 2017

Continued from page 9

MEETING LOCATION (MEAL AND/OR FISHING):

Carson River Reort

Directions to Carson River Resort as per Google Maps:

Take Highway 50 East towards Tahoe

Continue onto US-50 E/El Dorado Fwy

Turn right onto CA-89 S

Turn left onto CA-88 E/CA-89 S

Turn right onto CA-89 S

Carson River Resort

12399 CA-89, Markleeville, CA 96120

The location is on the left just outside of Markleeville. It is a short distance after crossing Hangmans Bridge.

Drive Time from Sacramento is about 2 1/2 hours.

MEETING TIME: 9 am Saturday & Sunday at the Carson River Resort. We can meet outside the shop and share any information and plans over a cup of Coffee.

FISHING FEES: Only a valid CA Fishing License is required.

ACCOMODATIONS:

If you plan to stay over night there is a variety of accomodations.

I will be staying in an RV spot at Carson River Resort. The resort has cabins, RV slips with full hookups, and dry camping sites.

In Markleeville is The Creekside Lodge. There are also another motels in Markleeville and nearby Woodfords.

There is also National Forest camping available on Wolf Creek, regional campgrounds at Indian Creek Res and W Fork of Carson.

Fees can be as cheap as free (if you are willing to rough it), or you can stay in a motel.

EQUIPMENT RECOMMENDATION:

Consider a 4 or 5 weight rod would be good on the rivers, lighter if you want to fish the creeks/streams. Tenkara is fun on the streams and river, and would consider 5 wt or larger for Heenan Lake.

MEAL INFORMATION:

This outing is not planned for any set meals. Please bring what you want to eat. There is a couple of places to eat in Markleeville, and a general store. Snacks and beverages can also be purchased at Carson River Resort.

FISHING NOTES:

Mostly Standard Sierra Flies work in this area. This time of year the Tricos, Midges and Smaller Caddis Patterns are working. Stimulator, and Streamers are always good to have along too.

Patterns to consider: Adams, Pheasant tail, EC Caddis, rock work, prince nymph, pupah, black, purple or olive streamers, Stimulators and Ants.

FISHMEISTER, AND CONTACT INFORMATION:

Trevor Segelke

Phone: 916-362-1063

e-mail: trevor-segelke@sbcglobal.net

HAGEN PARK FISH DERBY SEPTEMBER 16, 2017

Come one, come all......to the Annual Hagan Community Park Fish Derby for the mentally and physically challenged people who reside in the County of Sacramento on September 16, 2017!

The County of Sacramento, Therapeutic Recreation Services, TRS, Pre-registers, Registers, and Invites people with disabilities to come, and fish for a half day. THANK YOU Kathi Barber.

Hagan Community Park, Rancho Cordova, will host the event in Picnic Area B-4, as they have for the last past 3 years. I have negotiated FREE ADMISSION for all Volunteers, so PLEASE wear your CFFU NAME BADGES FOR YOUR FREE ENTRY. Justin Trick, trickauctioneers@yahoo.com, has generously donated the entire park fees so that CFFU would not have to pay that Day Usage Fee. THANK YOU JUSTIN!

The Big Red Worm Company, Elverta, (the largest bait distributor in the state of California!), will again donate all the bait, FREE of charge again for the nth year in a row (15 years maybe?). THANK YOU Steve and Glen Chadaris, Owners.

The Carmichael Kiwanians will again donate a grilled lunch FOR ALL THE PARTICIPANTS, CARE PROVIDERS, AND VOL-UNTEERS, for the 4th year in row, all FREE! THANK YOU Brad and Virginia Stone!

The Department of Fish and Wildlife, DFW, will donate the 1000 pounds of catfish, as they have done from infinitum, THANK YOU retired Joe Fererria.

And YOU, the loyal, dedicated, and kind CFFU Membership will provide the casting guidance, baiting of the hooks, discuss catch and release, with conversation all day long about fishing in general, and de-hooking the fish caught, will assemble at 8 AM, 1 hour earlier than the official start of the Event at 9 AM, to rig the rods, and partake of donuts with coffee (THANK YOU CARL LANG, TECH SERVICES DIRECTOR!).

Every year, I solicit to the grand CFFU Membership, an opportunity to give back to the community, a little bit of your time to share the wonders of fishing, not fly fishing, but fishing in general. People not fortunate as all of us, have the opportunity to fish, something they may only do this one time of the year. These hearty participants look forward annually to get outside, enjoy the park and facilities, then do something that may not normally do, catch fish! The hooping and hollering, shrieks of excitement, with broad smiles on faces is truly worth the little bit of time we take out of our day, Sept. 16, 2017, Saturday.

Again, the Event officially begins at 9 AM and fishing ends at 12 noon. The dedicated CFFU membership has the option to assemble early at 8 AM to get the gear ready, i.e., rig the rods ready for fishing. Lunch is served from 12 noon to 1 PM, when the Event officially ends.

Do yourselves and the community a favor, volunteer for this Coachman Award qualifying event, and pay your soul with the joy you impart on the registered participants. I will have a sign up sheet at the next CFFU General Meeting in August, August 1, 2017, Tuesday evening. Ask any of the CFFU Membership how wonderful this event is for everyone involved.

See you all at the General Meeting, then at the Event! I think that one of the most endearing stories I have ever heard was the story of the family who would only see their son once a year when they would take him to this Event. He lived in a Care Facility.

Make a difference! If the 30 plus loyal CFFU members do it every year, then so can you!

Tim Au-Young

Hagan Community Park Fish Derby Event Chair, 1999-Present

California Fly Fishers Unlimited, CFFU

916.479.1049

NEW MEMBER'S MEETING

On Wednesday, August 9, we had 5 new members attend the quarterly new members meeting. Their names are: R.J. Dlugopolski, Robert Finn, Bill Fulton, Jeff Rubin, Bruce Summer. To the other new members who were unable to attend, we extend an invitation to attend our next quarterly new members meeting on Wednesday, 8 November at 6:30 p.m. The CFFU members who attended were: CFFU Past President Laurie Banks, and I, Membership Director, Rich Wilson. Laurie Banks chaired the meeting and informed our new members of all aspects of the club, answered questions and lead discussions regarding what CFFU is all about. At the end of the meeting we all enjoyed the brownies Laurie made and our new members were presented with a certificate for 6 free flies from each of the three fly fishing shops in Sacramento and Roseville for a total of 18 free flies that alone more than covered the cost of their membership dues for the first year.



OTTER'S ACTIVITIES

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

Check the listserve for upcoming OTTERS events.

PHOTO CREDIT

THANKS TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTION OF PHOTOGRAPHS FOR THE NEWSLETTER:

Rich Wilson Tim Au-Young

CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

Meetings are held at 7:00PM on the first Tuesday of the month at Conzelmann Community Center, 2201 Cottage Way, Sacramento, CA.

Individual annual dues are \$30 per member, \$45 per family, renewed in January of each year and prorated after June 30th for those joining later, and a \$10 initiation fee. Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at East Ranch Clubhouse, 150 East Ranch Road, Sacramento, CA 95725

ON THE FLY is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to cjweiland@comcast.net. Pictures will only be returned upon request.

Absolute Deadline for submissions — 25th OF THE MONTH

WWW.CFFU.ORG Window on the Fishing World



CALIFORNIA FLY FISHERS UNLIMITED ON THE FLY P.O. BOX 162997 SACRAMEUTO, CA. 95816