

ON THE FLY

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CALIFORNIA FLY FISHERS UNLIMITED
SACRAMENTO'S OLDEST FLY FISHING
CLUB SINCE 1962

June 2017



CASTING NEWS FROM DAVE LENTZ

One part of the mission of CFFU is to support the conservation of fisheries resources that provide us the wealth of fish and habitats that are essential for fly fishing. Our Club has pursued opportunities to advance efforts for conservation with the efforts of our members volunteering to work on fisheries and habitat projects as well as helping with funding for selected projects. A previous project that CFFU supported, in part, by purchasing radio telemetry equipment for tracking trout movement in Putah Creek continues to aid other fishery efforts. We are partnering with Trout Unlimited and California Department of Fish and Wildlife on a trout monitoring study on the Little Truckee River using the telemetry gear we used at Putah Creek and members' volunteer efforts to assist with tracking.

Other conservation efforts are ongoing with imaging equipment we purchased for monitoring the salmon running in Auburn Ravine. We are continuing to seek out new conservation projects to support and the Little Kern Golden Trout monitoring project that Claire Buchanan reported on at the May meeting is one that we have decided to help with. If you are aware of projects that the Club can consider for support please let me or Keith Pfeiffer, Conservation Director, know about them.

We drew a ticket for a California Golden Trout hat at the May meeting. Those in the drawing were members who donated flies to Cal-Neva Chapter of American Fisheries Society—while not a direct effort there is a connection for those donated flies to contribute to fisheries conservation by AFS. Phil McKibben was the winner! Thanks to CFFU tiers!

Please get out and fish so we have some good fishing reports for the August meeting. We've got some great outings coming up.

Cheers, Dave Lentz

JUNE 2017 SPEAKER

Our June 6th speaker is Lance Gray and he will be presenting a program on the Hex Hatch at Lake Almanor. The giant Hexagenia Mayfly is one of those iconic bugs in fly fishing, like the Salmonfly on the Madison, the Green Drake on the Henry's Fork or the October Caddis on the Upper Sac. Lake Almanor is one of the most famous places they're found in the west. Lance will take us there, focus on access points, and go over tips for each area, including equipment, flies, and methods to fish. He will also talk about the entomology of the Hex and why it's found in Almanor. This program gives the fly fisher a firm understanding of the Hex and hopefully will instill a little excitement about fishing the hatch. I've heard this program and it is terrific. You're not going to want to miss it!

Ken Giesser
CFFU Programs Director



FLY TYING DEMO

Come see June's demo tier, Michael Roberts. Michael will start tying at 6:15 pm so come early to watch him tie some of his magic at the vise.

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**A special thanks to
Freeport-McMoran Foundation
For a generous donation to
the Bittner Scholarship.**

**Special thanks to
Donald and Martha Stoneberger
For their generous donation.**

TECH THURSDAY

California Fly Fishers Unlimited offers a series of programs each month on the "technical" aspects of fly fishing. The program covers fly fishing topics, ranging from beginning fly casting and introductory fly tying, to more advanced topics such as rod building, tying Atlantic Salmon patterns, and spey casting. Let Carl Lang know if there are any subjects you would like to see... or to teach! Tech Thursday's are held on the third Thursday of the month at the Northminster Church, 3235 Pope Avenue, Sacramento, CA

NAME BADGE DRAWING by Rich Wilson

Each month we will be drawing for a \$30.00 gift certificate to be redeemed at one of the 3 fly shops in our area. Each month the \$30.00 gift certificate will be from a different fly shop in rotation. To qualify for the name badge drawing a member MUST be wearing his or her CFFU engraved name badge. Each member will receive one ticket for wearing his or her engraved badge. At the end of the meeting one ticket will be drawn for the gift certificate. You must be present at the time of the drawing. New members will still be eligible to receive the 10% off any item at the LOGO table.

FREE FLY DRAWING

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

PRE-MEETING CASTING by SAM YEE

You are invited to join us for **Fly Casting Instruction** before the monthly meeting from about 6:00 pm until the meeting starts by Forrest Oldham, Bruce Bartholomew, Bill Siska, Craig Williams & a cast of CFFU Volunteers. We even have a FFF Certified Casting Instructor on hand to help out (Sam Yee). The monthly format is a good way to learn a few new skills, practice them & learn a few more new skills the following month. Bring your favorite fly rod and a brightly colored floating line. We have a few loaner fly rod available. Don't be shy, just ask for some help, there is usually others who are more than happy to help you, Beginning Fly Casting to Advanced, Double Hauling, Wind Knots, Roll & Spey casting, Distance, Accuracy, Plus Switch & Spey casting.

MARK YOUR CALENDARS

June 4	Mentor clinic (see page 4 for info)
June 5	CFFU Board meeting at 6:30 pm
June 6	CFFU General meeting at 7:00 pm. Topic: Hex hatch with Lance Gray
June 15	Tech Thursday - Topic: TBA
June 21	Social Night - Topic: Fishing the American River
June 25	Deadline for article submission to newsletter
July 3	CFFU Board meeting at 6:30 pm
July 4	No CFFU General meeting due to holiday
July 20	Tech Thursday- Topic: Entomology & BBQ
July 31	CFFU Board meeting at 6:30 pm
August 1	CFFU General meeting at 7:00 pm. Topic: Trinity River restoration project with Robert Stewart
August 17	Tech Thursday- Topic: TBA
August 25	Deadline for article submission to newsletter
September 4	CFFU Board meeting at 6:30 pm
September 5	CFFU General meeting at 7:00 pm. Topic: The legacy of CFFU with Forrest Oldham
September 16	Annual Hagan Community Park Fish Derby 2017
September 21	Tech Thursday- Topic: TBA
September 25	Deadline for article submission to newsletter
September 27	Social Night - Topic: Flies-Real and Artificial

REFRESHMENTS

Bev Lorens will be selling refreshments before the meeting.

WHO'S WHO IN CFFU

OFFICERS NAME PHONE NUMBER/E-MAIL ADDRESS

President	Dave Lentz 2017	916-254-1016/ dlentz@surewest.net
President Elect		
Past President	Laurie Banks 2015-2016	916-972-8537/ laurie@creekman.com
1 st Vice President	Mary Ellen Mueller	916-213-2047/ mmueller@suerwest.net
2 nd Vice President	Craig McCulloch 2015-2017	916-456-2482/emcculloch@jps.net
Secretary	Phil Shipley 2015-2017	916-383-3453/pshipley@sbcglobal.net
Treasurer	Jim Berdan, 2009-2017	916-448-3125/ jberdan@aol.com

DIRECTORS NAME PHONE NUMBER/ EMAIL ADDRESS

Conservation Policy Dir.	Keith Pfeifer 2015-2017	530-753-7920/kimnkon@pacbell.net
Community Service Dir.	Trevor Segelke 2017	916-362-1063/ trevor-segelke@sbcglobal.net
Membership Director	Richard Wilson, 2006-2017	916-364-7545/ wilsonr7@yahoo.com
Outings Director	David Tevlin 2017	916-483-7362/ dwtevlin@att.net
Programs Director	Ken Giesser 2014-2017	916-685-3125/ thegiessers@yahoo.com
Public Relations Director	Lanny Garman 2017	916-393-9009/ Lanny55@att.net
Tech Services Director	Carl Lang, 2007-2017	916-967-2126/ langearl@att.net

COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS

Annual BBQ	vacant	
Annual Dinner	vacant	
Audio Visual Tech	Arthur Herron, 2010-2017	916-364-7545/ artygolds2000@yahoo.com
Bittner Scholarship	Bill Felts, 2010-2017	916-768-0658/ befelts@yahoo.com

COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS

Coachman Award	Paul Wisheropp	wisheropp@gmail.com
Fly Tiers Exchange	Don Wallace, 2012-2017	916-422-8674/ flyfisherman241@hotmail.com
Fly Tying Demo	Gary Howard, 2017	916-383-1221/ 104herefishy@comcast.net
Fish Derby	Tim Au-Young, 1999-2017	916-479-1049/ auyoungt@comcast.net
Fish in the Classroom	Brandie Herron, 2010-2017	916-364-7545/ brandie_w2002@yahoo.com
Howe Park Fish Derby	vacant	
Library	Christie & Michael Roberts	
List Serve Meister	Gregory Shaffer, 1999-2017	530-271-5556/ shafe@gshaffer.com
Logo Sales	Glenn Yee, 2008-2017	916-421-6922/ gyeec25@att.net
Mentoring	Andy Penn, 2014-2017	916-687-6799/ andypenn@frontiernet.net
NCCIFFF Rep.	Jim Berdan, 2013-2017	916-448-3125/ jberdan@aol.com
New Members	Laurie Bank 2015-2017	916-709-1309/laurie@creekchick.com
Newsletter Editor	Chris Weiland 2010-2017	916-691-2873/ cjweiland@comcast.net
Refreshments	Beverly Lorens 2015-2017	916-283-6773/blorens@surewest.net
SARA Rep.	John Barris, 2012-2017	916-524-5634/ peercourt1@sbcglobal.net
Sergeant At Arms	Larry Coulter, 2007-2017	916-689-1885/ lcoulter@frontiernet.net
Sportsmen's Expo	Richard Wilson, 2006-2017	916-364-7545/ wilsonr7@yahoo.com

MAY 2017 SPEAKER

On May 2nd, we were treated to an outstanding program from our good friend and local guide Andy Guibord that featured Shad fishing on the American River. He began by reminiscing a little about his childhood fascination with water and I think most fly fishers by nature can relate to this. And speaking of water, how lucky for us to have our “home water” named after America. How great is that! Andy reinforced this idea that we have a true “national treasure” right here in our own backyard and really articulated a love and appreciation for it with this program.

He broke off to the technical side with information about the biology and history of Shad and why they were brought out west in the first place. By the way, their proper name is American Shad, if you can believe that! Fishing for Shad is one of the most enjoyable forms of fly fishing that I know of because it’s not complicated and allows the fly fisher to practice casting, hook setting, playing and landing fish with considerable rod bending power. They’re little torpedoes is what they are and are sometimes referred to as the “poor man’s tarpon”. Andy talked about the different types of equipment, including single handed, switch and spey rods. He also touched on lines including, floaters, shooting heads, Scandis and Skagit. He talked about the various depths and currents that hold Shad based on brightness factors and showed us how to fish each condition accordingly. He then went over the flies and colors Shad prefer also mentioned the blizzard hatches of evening caddis that can sometimes stir them into a frenzy. He rounded out his program by showing each access point and boat launch from Sailor Bar all the way down to Discovery Park.

In case you’re not aware of it, Andy is also a professional photographer and watching his slideshow felt to me like looking at a National Geographic or Arizona Highways magazine. It was just inspiring to me to see our home river so beautifully captured on “film”. Andy was able to subtly remind us that fishing should be a joyful pursuit and I think all of us should take that to heart when we fish, especially during this highest of all high water years.

Thanks Andy, Great Program!

Ken Giesser

CFFU Programs Director

MENTOR OUTING

The mentor outing follows the casting clinic and will be held on the same Sunday morning, (June 4th) from 11:30 a.m. - 1 pm at the same place(Ride to Walk 1630 Hwy-193, Lincoln, CA 95648).

This is a chance to combine all the skills you have learned so far. The pond is stocked with fish. There is no need for waders; the access is easy. Practice casting and fishing on the water. This outing covers additional skills such as: locating fish, setting the hook, stripping line, playing a fish, netting and safely releasing fish. Experienced fishermen will be there to help you. Bring your own lunch. If you have any questions, please contact the coordinator, [Jim Walker](#).

ANNUAL BBQ MAY 23, 2017



Another successful BBQ at Howard Ross’s house.



CONSERVATION ARTICLE

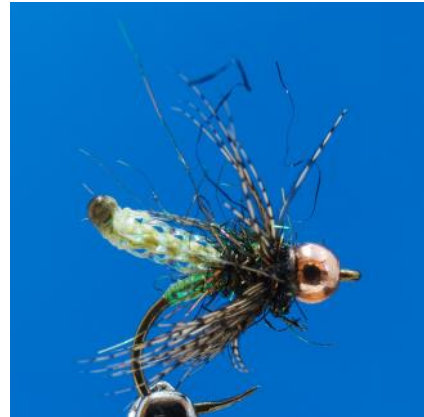
No report this month. It will return in July’s newsletter.

FLY TIERS EXCHANGE by Don Wallace

Photo's by James Simon



Rob Scafe tied a **Hale Bopp Fly** on a size 12, 2X long TMC 3671, Mustad 5262, TMC 200R hook using black or olive thread. The head is a size 4mm clear glass bead. The tail is olive or can blend with Burnt Orange blend marabou. The rib is fine red wire. The butt and front hackle can use olive or grizzly dark olive (size 12 or hook gap). This was tied with no hackle. The body is olive Angora/Mohair dubbing. The gill is size 8/0 red thread.



Andy Guibord was the demonstration tier this month. He tied a Nitro Caddis on size 10-12 hook using black 6/0 thread. The head is a gold or black bead. The rib/tag is olive flashabou. The abdomen and extended body are pearl core olive braid (hareline). The thorax is peacock ice dub (hareline) and the hackle is Hungarian Partridge.



Christie Roberts tied a **Gut Bomb Damsel Nymph** on a size 8-12 TMC 5263 hook using olive UTC 70 thread. The tail is olive marabou. The rib is UV crystal flash and the abdomen is 1/8 inch olive (H) scud. The body is UV loon thin and flow cements. The wingcase is thinskin mottled oak. The thorax is AZ UV Arizona olive dub. Mono eyes and legs are sillilegs.

Fly Tier's Exchange Gift Certificate Award

To be part of the Fly Tier's Exchange, just tie 12 flies, turn them in to the exchange at the beginning of the meeting, and the exchange will distribute the participants flies to one another. You do not get your contribution back; you get everyone else's work! Your pattern can be of different sizes, but generally the flies are all the same pattern, the same size. *Give it a try!*

Everyone who ties a dozen or more flies and donates them to the Fly Exchange, or to the club to support any club program, will have their name entered into a drawing. The winner of this drawing will receive a gift certificate for \$25 to the **American Fly Fishing Company**.

CONGRATULATIONS TO LAST MONTHS WINNER !

Tim Au-Young

FLY OF THE MONTH

Simple Damselfly Nymph

Tied and photographed by: Jim Berdan

This fly is a variant of one originally tied by a guide and fly tier from the Washington D.C. area, Rob Snowwhite. It can be fished in a variety of waters and is intended to mimic a damselfly nymph. Lake Davis comes to mind for a place to try this fly.

MATERIALS:

Hook: TMC 2457, Size 12

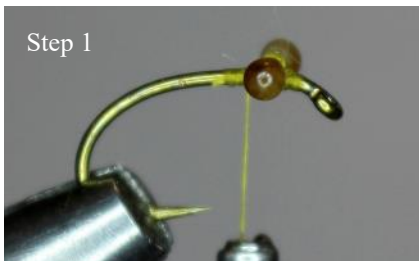
Thread: Danville Flymaster, 70 Denier, Light Olive

Eyes: Mono Eyes, 25# Monofilament

Flash: Krystal Flash, Olive Pearl

Body/Tail: Ostrich Herl, Light Olive (Jumbo plums work best)

Step 1



Step 1: Pinch the barb and place hook in the vice. Start the thread just behind the hook eye, wrap back to the 1/3 point, remove the tag end and wrap forward half way. Tie in the mono eyes, using a figure eight or other eye mounting technique.

Step 2



Step 2: Tie in three stands of Krystal Flash behind the eye, secure with a few wraps, remove the excess and trim to length to about 1½ times the length of the hook.

Step 3



Step 3: Select five ostrich herls and tie them in behind the eyes so that they are the same length as the Krystal Flash.

Step 4



Step 4: Pull the butt ends of the herl to the rear and secure as shown. (If you can't find a jumbo ostrich plum and the herl is not long enough to complete the fly, remove the butt ends and restart five new herls behind the eyes.)

Step 5



Step 5: With hackle pliers, grab the herl butts, twist to form a rope, wrap forward to the eyes, and secure with a couple of wraps. Wrap the remaining herl around the eyes using a figure eight wrap and secure behind the hook eye.

Step 6: Trim the excess herl, whip finish and apply head cement. The fly is done, now give it a try.

Step 6



UPCOMING OUTINGS

FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER

TBA	Lower Yuba (UC Preserve) (Postponed)	Fishmeister: Mike Wigginton; tr109mike@comcast.net
JUNE 8	Lower Yuba	Fishmeister: Ty Espinoza: ty.espinoza@yahoo.com
JUNE 10	North Fork American River	Fishmeister: Trevor Segelke Trevor-segelke@sbcglobal.net
JUNE 17	Fuller Lake	Fishmeister: Rich Kendall; rkendall7116@gmail.com

LOWER YUBA OUTING JUNE 8, 2017

IMPORTANT DISCLAIMER:

THE FISHMEISTER & ASSISTANT FISHMEISTER ASSUME NO LIABILITY AND SHALL BE HELD HARMLESS FOR ANY ACCIDENT(S) AND OR INCIDENT(S) THAT MAY OCCUR TRAVELING TO, FROM, AND DURING THIS OUTING REGARDLESS OF WHETHER THE CFFU OUTING LIABILITY FORM IS SIGNED, AND, WHETHER OR NOT THIS OUTING FACT SHEET IS READ.

FISHMEISTER, AND CONTACT INFORMATION: Ty Espinoza

Email: ty.espinoza@yahoo.com

Phone: 916-813-9550

FISHMEISTER, ASSISTANT: Rosie Vasquez

SUMMARY: This is intentionally a weekday outing due to the higher volume of fishing pressure the river experiences during the weekends. A maximum of 12 anglers for this outing with carpooling HIGHLY recommended due to limited parking.

This is a walk and wade outing that consists of moderate hiking between 2 to 4 miles over uneven and river rock terrain. During the summer one must also be careful to watch for rattlesnake and poison oak and staying on the trail is often a safer route; however, no guarantees.

There are NO restrooms except for what mother nature provides so plan accordingly when packing your outing/hiking backpack. So now, if you're up for the challenge...the lower Yuba River is an exciting fishery that is known for it's Dr. Jekyll & Mr. Hyde characteristics and infamous hard fighting Rainbows.

MEETING LOCATION (MEAL AND/OR FISHING): Chevron Gas Station at the corner of Marysville Blvd. & HWY 20 about 8 minutes Northeast from the town of Marysville heading towards Grass Valley.

MEETING TIME: 7:30am. We will depart from the meeting location at 7:50am to drive to the fishing location. Allow approximately 1hr and 20 minutes from downtown Sacramento to the Chevron meeting location depending upon travel conditions. Best to allow extra time. For those that might miss the meeting location the group will be parking on the frontage road near the HWY 20 bridge on the northwest side of the river which is immediately BEFORE the bridge crosses the river. We will be fishing above the HWY 20 bridge.

FISHING FEES: None. Will need current fishing license with Steelhead card.

EQUIPMENT RECOMMENDATION:

- Barbless hook flies.
- A minimum of 9 foot 5 weight rod/reel with a 9.5 or 10 foot 6 weight rod/reel being ideal.
- Chest/waist waders with wading belt, and, studded boots. Fishing net optional.
- Floating line. Sink-tip or integrated sinking line for those using the swing method.
- Variety of indicators (Thing-a-ma-bobber) and variety of split shot sizes. Tapered Leader 9 foot. Tippet leaders ranging from 5x to 3x or even 2x for those swinging.
- Day backpack or sling-pack
- Wading/hiking staff
- Wading belt
- Hat, sunscreen, polarized sunglasses.
- Usual gear such as: nippers, hook removal tool, etc.
- headlamp/flashlight (shielded from water/waterproof with new batteries)
- Mobile phone (shielded from water/waterproof and fully charged)

Suggested patterns:

Nymphs:

Pheasant tail #12 - 18, Cooper John #12 - 16, Rubberleg stone #4 - 8, Birds nest #14 - 18, Zebra midge #16 - #20, PMD #16 - 18, Prince nymph #14 - 16, San Juan worm #14 - 16, Hare's ear #12 - 16, Ant #16, Peaches & cream #14 - 16

Continued on page 8

LOWER YUBA OUTING JUNE 8, 2017 (CONTINUED)

Suggested patterns:

Wet:

Soft hackles #12 - 16, Dirty bird #12 - 16

Streamers:

Wooly buggers #6 - 10, Sculpin imitation patterns #4 - 6,

Dry/Emergers:

EH Caddis #12 - 16, PMD comparadum #12 - 16, Sparkle dun (BWO and PMD) #12 - 16, Yuba River pinkie #14 - 16, Chubby Chernobyl #4 - 6,

Foam Hoppers #4 - 6, Ant #14 - 16, Stimulator #4 - 6

MEAL INFORMATION: Bring your own packable lunch and plenty of WATER to keep hydrated. Please remember to pack-out all waste and any extra nearby waste if observed.

FISHING NOTES:

We will rig-up once we arrive at the fishing location parking area. For those interested, I will demonstrate how I rig my rod for fishing the Yuba and patterns I use. To save time, have your waders on and or suit up quickly as not to delay the group. The plan is to hike out together as a group to the various fishing spots; however, those that wish to venture on their own are welcome to and best to fish and hike using the buddy system.

As for lunch, there will be no central lunch location as we will likely be spread out along the river. Therefore, eat your lunch whenever. Be careful when finding shade along the river or setting your backpack down for an extended time as these areas are more prone to rattlesnake resting areas and poison oak. Highly recommend viewing on the Internet pictures of how poison oak looks and how to avoid and treat snake bite.

In addition, DO NOT grab any debris that may look like a stick or branch floating down as the river is a mode of transportation for snakes. Should you encounter one swimming near you it is important to remain still and CALM and let it pass. This outing will conclude at 2:45pm for those wishing to be escorted on the trail back to the vehicles. The trail is not always visible in areas and one may get lost locating the twists and turns (sometime blocked by thick brush) back to the parking area. We will establish a meeting location for the hike back to the vehicles. Those wishing to leave early or stay late are welcomed to; however, the escorted option will be at 2:45pm at the designated location.

Fishing methods consist of the following techniques:

1. Indicator
2. Short Tight Line
3. Swing
4. Dry fly

ADDITIONAL RESOURCE:

- Internet - search information for fishing the lower Yuba River
- Internet - search information on identifying poison oak and how precautions for avoiding snakes and treating snake bite

-

REQUIREMENTS:

- Read Disclaimer above
- Current 2017 CA fishing license and Steelhead card

Ty Espinoza

NORTH FORK AMERICAN RIVER JUNE 10, 2017

SUMMARY: Come spend a day sharing Tenkara or Small Stream Fishing with your Light Western Fly Fishing Rig. The North Fork of the American River is a Wild and Scenic Stream that is one of the forks that is the beginning of the American River. This stream is a Sierra setting. The fish are not large, but are wild and plentiful. This is approximately 1.5 hours East of Sacramento.

MEETING LOCATION (MEAL AND/OR FISHING): On the North North Fork of the American river, on the North East side of the bridge, across from the North Fork Campground on Texas Hill Road.

MEETING TIME: 9 am on Saturday 6/10/17

FISHING FEES: Valid CA fishing license is required. Fishing is in National Forest. No Fee to fish. Day use fee does apply if use campground to park, or picnic. 10\$ day use fee if park in the Forestry Camp Ground. Free parking available in turnouts outside of the campground. Day use fee does apply if use campground to park, or picnic.

DIRECTION/MAP: Take I-80 E

Take exit 158A toward Emigrant Gap 0.2 mi

Drive to Texas Hill Rd (6.5 mi)

Turn right toward Emigrant Gap Rd/Texas Hill Rd 108 ft

Turn right onto Emigrant Gap Rd/Texas Hill Rd

Continue to follow Texas Hill Rd 6.4 mi

NORTH FORK Campground

Texas Hill Rd, Emigrant Gap, CA 95715

Main access to the stream is paved. The parking near the bridge is unpaved turnout, or forestry dirt road clearings. If not in a truck or SUV, be careful of your selection of where to park. 4 Wheel drive is not required. There is another access road away from the camp ground. It is not paved. 4 Wheel drive is not required on this road, but crosses a drainage runoff. If you are taking this road, a truck with some clearance and/or 4 wheel drive is recommended.

EQUIPMENT RECOMMENDATION: I have a great time with Tenkara on this stream. The fish here are about 6-8 inches. Anything bigger is a trophy.

Tenkara Rod or the lightest rod you have.

Wading Boots to cross in and out of the stream. You can get by with Hiking Boots but you will be able to be more aggressive at casting to the fish with wading boots.

Wear layers for clothing. This is a mountain stream and the weather can vary in the day. Expect to be chilly in the morning and hot in the afternoon. Weather changes quick in the mountains so packable rain gear is always good to have.

Hat

Sunscreen

Water or a water filter.

Energy Bar or daytime snacks. This is hiking and moving up and down the stream. It is very enjoyable to sit and enjoy a snack along the way. Allow yourself to relax and enjoy a snack in the mountains. This is fishing for enjoyment, not a competition.

Lunch (Bring your own).

Tippet.

Fly box (Most any Sierra Dry or Nymph can work here). I like Adams, EC Caddis, Pheasant Tail or Birds Nest. Sizes 14 – 18.

Toilet Paper; for if nature calls.

First Aide Items. (always helps to be prepared)

MEAL INFORMATION: Pack your own lunch, snacks and drinks. Be prepared to have something to munch on when you get back to your car. After walking the stream it is nice to have a “munchy” and a beverage before you start driving.

FISHING NOTES: The fish here are small. This is a wild and Scenic Stream. The trophy here is anything over 8”. The trout are mainly Rainbows with some Browns. With a short growing season, and a wide variety of food, the trout are not selective. Most Sierra Stream or common flies will work here. The name of the game here is not fly selection, but presentation. This is pocket water, and the fish can be in any pocket. My favorite fly options here are Parachute Adams, EC Caddis, CDC Caddis, or most any Kebari.

Trevor Segelke

FULLER LAKE OUTING JUNE 17, 2017

WHERE: Fuller Lake

FISH: Rainbows and Brown trout

WHEN: Saturday, June 17th, 9:00 a.m., meet at lower parking area at Fuller Lake (There are two separate parking and launch areas at Fuller. The first is close to the dam. The second is where we will meet, and are having lunch and the float tube clinic at the launch ramp picnic area.

LUNCH: A TACO & BURRITO BAR group lunch at noon will be provided. We will pass the hat for donations. Bring your own beverages. Members may want to bring some salads and dessert items to share along with fish stories. PLEASE LET RICH OR JIM KNOW IF YOU WILL BE ATTENDING! (Please send an email to Rich or Jim at above links if you are able to attend or you have questions.

FEES: Parking at Fuller Lake is \$7; Boat Launch is \$2, honor system inserted into collection box.. Checks are okay and exact change is required. (Donation for lunch is requested.)

DIRECTIONS: To get to Fuller Lake, (Map 1 of 3) take I-80 east and exit at the Grass Valley/ Nevada City/ Hwy 20 exit. Go toward Grass Valley/ Nevada City 4.2 miles and (Map 2 of 3) turn right at Bowman Lake Road/ Discovery Trail. Drive 3.5 miles and you will see the Fuller Lake dam on your right. (Map 3 of 3) There is parking and easy lake access at the dam but no boat ramp. You can continue from the dam .7 miles and turn a sharp right at the Fuller Lake boat ramp sign onto rough dirt road. There is a concrete boat ramp, paved parking, picnic tables and a daily use fee of \$5 per car plus a \$2 launch fee. Most tubers just launch from the picnic area. Both parking areas have modern pit toilets.

EQUIPMENT RECOMMENDATION: To fish Fuller Lake, you really need the following:

a) Float tubes, U-Boats, V-Boats, pontoons, kayaks, canoes, rafts, prams, rowboats, or other such devices are all useable at Fuller Lake. No gas motors are allowed, but electric are OK. See below for invitation to float tube beginners. b) Personal floatation device (PFD) - strongly suggested for safety c) Rods and lines - 4 to 6 weight, 9 foot rods are suggested. A variety of lines may be used - floating, intermediate, or sinking lines, depending on the depth of the fish. d) Flies - The Sheep Creek Special fly has been popular with OTTERS at Fuller Lake. Woolly buggers of a variety of colors, sizes, and weights have also worked well. Midges sizes 14 - 22 have been successful for some. e) Radio - Bring radio tuned to 10 - 4 to keep in touch with other members and share fishing reports. f) Waders, sunscreen, plenty of water, hat, and personal items. You may even want a sweatshirt for later, or a change of clothes. It can get very hot in the summer. (A few of our "Wettest Fly Awards" have occurred at this lake, which prompts us to recommend the change of clothes!) g) Folding lawn chairs are recommended. There are picnic tables, however they are singles and stationary, seating only about 10 people, and sometimes fill up. Also, your chair is probably more comfortable!

Fuller Lake is in a beautiful setting and surrounded by tall trees with eagles and osprey joining us to fish. A couple years ago Dick Angus got a video of an osprey stealing the trout on his line and other have experienced the same "problem". Bring your camera! Fuller Lake is one of several small lakes in the scenic Bowman Road Area of the Tahoe National Forest. The lakes range from 5,600 feet to 7,000 feet in this beautiful high Sierra country. Lake fishing can be excellent for catching trout. It's not much more than an hour's drive from Sacramento (roughly 70 miles), nestled in the Sierra Nevada just far enough away from the highway to provide a scenic and secluded setting. It is a great place to escape the valley heat (elevation 5340 feet) and fish for some very eager Rainbow and Brown trout (planters and holdovers to 18 inches) almost all year round.

FLOAT TUBE BEGINNERS: A short clinic for beginners will start around 9 am to cover safety points on float tube use with questions/ answers. If you need any gear let us know so we can ask around for loaners from the other club members. Float tubes are quite stable, but mishaps can occur. New float tubers will need to bring their own waders and fishing equipment. Come try it out! Shore fishing is available at Fuller Lake, but extremely limited.

I think this is everything.

Thanks,

Rich Kendall

PLANNING A TRIP TO PYRAMID

Planning a Trip to Pyramid Lake

Home of the Lahontan Cutthroats

I have been fly fishing for some time now. I have been trudging up and down rivers and streams in several of our Western States in search of wild and native trout for years now. This year I am facing an adventure I have wanted to do for years but, was never equipped to do it. Now I am going to try and share my adventure of planning and going on my first trips to catch the famed “Largest Trout Species” Lahontan Trout.

Since I have been focused on River and Stream Fishing for so many years, I had no idea of the gear needed. What flies to tie, Rod and line system to use, presentation methods, and what about this “Ladder” I hear I need.

First, track down where the Lake is and what are the accommodations. That’s easy enough. With a quick “Google” search I see Pyramid Lake is outside of Reno area and is about a three hour drive from Sacramento. This leads to the dilemma of how much time is needed for this trip. I can take a tiring full day (leave at 4am, get there at 7:30am, fish the day, and if I leave at 6pm with be home around 9:30pm), or can plan for a weekend. More online research shows there is some camping available on the lake with some amenities of a store, tourist information, fish hatchery, and mid-priced motel around the lake. Reno and Sparks are about 36 miles or 45 minute drive from the lake. Clearly both the day trip, or the weekend trip are options. I will not have to ruff it on this trip. The only time I would potentially be without, unless I packed it, was lunch/snacks during the fishing time. Anything else forgotten or needed would be within about 45 minute drive.

Second, when to plan my trip? I had been hearing in Club Meetings and from reading about outings to Pyramid Lake, that the lake fishes starting in fall and going to spring. From correspondence with CFFU club member John Daniels and online research I learned that what I was hearing was true. The Lahontan trout are most accessible to fly fishing in the fall to spring. The reason is the water temperatures. As the water cools in fall and continuing to spring the bait fish and bugs can be followed to the shallower shores of the lake. The cooler temperatures of this time of year allows for the Lahontan to move up and chase the Tui Chub, Sacramento Perch, and Cui-ui as they are spawning and foraging along the banks. As spring warms into summer the shallower water warms up the Trout recede to the deeper sections of the lake. This makes chasing them with a Fly Rod very difficult so I decided to plan my excursion in the spring, since the Fall Season had already passed.

Third, what fishing gear to pack. Lahontan Trout are the largest trout species and they are known to grow in Pyramid over 20 lbs. Research also showed that as important of a rod to handle the fish was that you will have to be able to cast into a wind. Pyramid Lake is huge lake in a High Plain. This leaves the lake subject to strong winds. These winds are found to create the currents in the lake that the bait fish/food will be in. Thus my research showed that it would be likely want to seek out a beach that would put me likely to be casting into a headwind. With these factors in mind, and from the most common suggestions from my resources I am packing an 8 wt. Rod for the streamers and large flies. I will be taking my 10 ft 5 wt for nymph/midge fishing but am thinking this rod will not see much action on Pyramid. Line is suggested to be a sinking head to get flies down to the bottom for streamers so I picked up a sinking versi tip. This was a much cheaper option for a sinking head than buying a second spool and new line. It will also leave the option open that if we do some nymphing under a strike indicator all I have to do is take the Versi Tip off. For the Reel I am learning that with the heavy tippet of up to 12 pounds the sensitivity of the drag is not a requirement. I did learn that Pyramid Lake has a high alkalinity level so the reel should be a sealed drag. This is also noted that washing off the reel, line and all gear will be necessary after the trip is over. The myth/rumor of Pyramid Lake is that a ladder is needed. From my research I found that a ladder is not said to be required but is helpful. For my first trip I do not believe I will be using a ladder (no need for extra expense for only one trip). If I find myself wanting to make the trip to Pyramid regularly, I will reconsider if the ladder is really worth the cost and trouble.

Fourth, what flies to tie up for my fly box. As mentioned I mainly haunt the streams and rivers. I found the challenge of what flies to bring the biggest challenge for me. I am used to fishing in places where a size 12 Grasshopper or Stimulator is considered Huge. The fly used to get the “Big Ones” moving. When hearing about using midge patterns, I think size 18 – 22. I had to change my thoughts all together to tie some Pyramid Lake Flies. From input at Kienes American Fly Shop, Club Members, Online, and John Daniels Outing Synopsis, it is clear that the Lahontan Trout do not grow to size that can rival a Salmon by eating tiny bugs. I was forced to give up the idea of a midge being a size 20, to more like a 14. The Hopper will have to be exchanged for Streamers in size 4-8. Flies I ended up tying were: Woolly Buggers in Green or Purple with Black Hackle. Pyramid Tad Poles in Black/Purple, Black/Green, White/Hot Pink, and Brown/Root Beer. Mahalo Fly in Red, Purple, or Black.

Fifth, what Fishing License is needed? Pyramid Lake is in the State of NV but, is on Indian Reservation Land. From what I can gather, from multiple sources, there are several entities involved in managing the Fishery. Some agency and the Sate of NV, the Indian Tribe, Several conservation groups since the Lahontan’s are threatened, and the Federal Government. Fortunately determining the licenses needed was very Simple. You only need one Permit. It can be obtained online or at the lake from the Pyramid Lake Paiute Tribe. The cost for the Permit is \$11 daily, \$28 for 3 day, or \$88 for season.

Sixth, what are the regulations? This item is usually not an issue for me. I typically only check to verify fishing at my location is legal, and how many flies can be used. I only practice catch and release because, I am allergic to fish. Therefore it is extremely rare to need much more information than this. Interestingly, even though the Lahontan are a threatened and managed species, Pyramid Lake is not a Catch and Release only lake. All hooks must be barbless. You can use no more than 2 flies. You can Keep 2 fish between 17” and 20” or over 24”. The bag limit is 4. Noted: only one of the 4 fish kept may be over 24”. Most contacts and information I found suggests most fishermen choose to catch and release only.

Seventh, what can I expect for total cost for a day trip?

Permit	\$11	1 day
Gas	\$70	round trip (can split gas if going with 1 or more)
Food	\$30	Breakfast, Dinner and snacks.
Total	\$111	

Eighth, what items do I need to be sure to bring?

Jacket and layers of clothes to be comfortable in changing weather and winds, waders and wading boots, hat, sunscreen, rod, reel, fly fishing pack/vest,

Pyramid Lake fly box (the big guys not my typical stream flies), change of clothes for the drive, fishing permit, large fishing net, waterproof camera, phone &

Truck or car keys.

Ninth, time to go fishing and come back with many photos and stories.

Resources/References:

Google.com, CFFU.org, John Daniels Trip Details PDF posted on CFFU and input from John Daniels, Pyramidlake.us, Pyramidlakefisheries.org, youtube.com

Mimicflyfishing.com, Pyramid Fly Company, Pyramidlakeflyfishing.com, Kienes American Fly Shop

Trevor Segelke

OTTER'S ACTIVITIES

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

Check the listserv for upcoming OTTERS events.

PHOTO CREDIT

THANKS TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTION OF PHOTOGRAPHS FOR THE NEWSLETTER:

Laurie Banks

CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

Meetings are held at 7:00PM on the first Tuesday of the month at Conzelmann Community Center, 2201 Cottage Way, Sacramento, CA.

Individual annual dues are \$30 per member, \$45 per family, renewed in January of each year and prorated after June 30th for those joining later, and a \$10 initiation fee. Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at East Ranch Clubhouse, 150 East Ranch Road, Sacramento, CA 95725

ON THE FLY is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to cjweiland@comcast.net. Pictures will only be returned upon request. **Absolute Deadline for submissions - 25th OF THE MONTH**



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