



## CASTING NEWS FROM LAURIE BANKS

### Searching for Gold

I just returned from a fantastic fishing trip!! At last year's Annual Dinner our President-elect Dave Lentz auctioned off his availability to lead a Heritage Trout trip, and we were successful in bidding for this experience. I've always liked fishing with dry flies in small streams, so starting the Heritage Trout Challenge\* appealed to me.

Inspired by Betty and Keith Pfeifer's presentation at a Social last year I have been longing to catch a Golden Trout that would count for the challenge. I was under the impression that the only way to catch a golden trout in its historic range was either by horseback or a strenuous hike. But Dave assured us that he could get us close enough that we could easily walk to the fishing spots.

The week of July 11, I set off with Ken, Dave, other winning bidders Gary and Hans to the Kern Plateau. The three heritage trout in the Kern range are the Little Kern Golden, California Golden and Kern River Rainbow. True to his word, Dave knew all the backroads and put us in close proximity to the trout. The meadow streams were so small you could jump across them. At times they disappeared beneath the ground, but it was perfect for my Tenkara rod and I managed to catch and release several of all three species.

The trip was so much more than just fishing. I have wonderful memories of vistas, studying trout behavior, camaraderie, great food and drink, stories, laughter and the oddest lodging ever! We will share features of our journey at a Social this fall and hopefully entice some of you to embark on this quest. Dave has agreed to auction another trip at this year's Annual Dinner. If you are up for a great adventure, bid high! It was truly an incredible experience.

\* If you can catch 6 of the 11 heritage trout in their historic range and photograph them you can receive a 16x20" poster with six full color images representing fish you caught with dates and locations. These are drawn by famous fish illustrator Joseph Tomelleri and provided by the Department of Fish and Wildlife. Visit their website for more information.

Laurie Banks

## AUGUST 2nd SPEAKER

Our August speaker is Dennis Lee and he will be presenting a program on the Klamath River. Dennis is a retired supervising Fishery Biologist who worked for the California Department of Fish and Game. In the course of his career he worked on many statewide projects and was responsible for the preparation of the Chinook Salmon and Steelhead Hatchery and Genetic Management Plans for the Central Valley Hatcheries.

He is also a lifetime Steelhead fly fisher, fly tier and author. His book, *The Half Pounder – A Steelhead Trout*, was published in 2015 and is already considered to be one of the finest ever written on the subject! We're very lucky to have him as a speaker. This is a must see presentation that you don't want to miss!

Ken Giesser  
CFFU Programs Director



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**A special thanks to****Beth Bittner Roberts Family****For a generous donation.**

## **TECH THURSDAY**

California Fly Fishers Unlimited offers a series of programs each month on the "technical" aspects of fly fishing. The program covers fly fishing topics, ranging from beginning fly casting and introductory fly tying, to more advanced topics such as rod building, tying Atlantic Salmon patterns, and spey casting. Let Carl know if there are any subjects you would like to see... or to teach! Tech Thursday's are held on the third Thursday of the month at the Northminster Church, 3235 Pope Avenue, Sacramento, CA

## **NAME BADGE DRAWING by Rich Wilson**

Each month we will be drawing for a \$30.00 gift certificate to be deemed at one of the 3 fly shops in our area. Each month the \$30.00 gift certificate will be from a different fly shop in rotation. To qualify for the name badge drawing a member MUST be wearing his or her CFFU engraved name badge. Each member will receive one ticket for wearing his or her engraved badge. At the end of the meeting one ticket will be drawn for the gift certificate. You must be present at the time of the drawing. New members will still be eligible to receive the 10% off any item at the LOGO table.

## **PRE-MEETING CASTING by SAM YEE**

Free Fly Casting Instruction before the monthly meeting from 6:00 pm until the meeting starts by Ken Giesser, Forrest Oldham, & Sam Yee, FFF Certified Casting Instructor. Just bring your favorite fly rod and a brightly colored floating line. Some loaner fly rods will be available but please be careful with them since they belong to the casting volunteers and not the club. Don't be shy, just ask for some help, there is usually others who are at the same stage of learning. Beginning Fly Casting to Advanced, casting in the wind, improve your roll casting, get more distance, be more accurate plus single hand switch & spey casting.

## **MARK YOUR CALENDARS**

September 5	CFFU Board meeting at 6:30 pm
September 6	CFFU General meeting at 7 pm (Topic: fly fishing in Cuba with Matt Heron)
September 15	Tech Thursday at 6:30 pm
September 25	Deadline for article submission to newsletter
September 28	Social meeting at 6:30 pm
October 3	CFFU Board meeting at 6:30 pm
October 4	CFFU General meeting at 7 pm (Topic: Putah Creek with Mike Copithorne)
October 25	Deadline for article submission to newsletter
October 26	Social meeting at 6:30 pm
October 27	Tech Thursday at 6:30 pm
October 31	CFFU Board meeting at 6:30 pm
November 1	CFFU General meeting at 7 pm (Topic Fly lines with Jeff Putnam)

## **FREE FLY DRAWING**

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

## **REFRESHMENTS**

Bev Lorens will be selling refreshments before the meeting.

## **WHO'S WHO IN CFFU**

### **OFFICERS NAME PHONE NUMBER/E-MAIL ADDRESS**

President	Laurie Banks 2015-2016	916-972-8537/ laurie@creekman.com
President Elect	Dave Lentz 2015-2016	
Past President	Bob Effa, 2015-2016	916-443-4968/ reffa@sbcglobal.net
1 <sup>st</sup> Vice President	Beth Ison 2016	916-443-4968/bethscats@sbcglobal.net
2 <sup>nd</sup> Vice President	Craig McCulloch 2015-2016	916-456-2482/cmcculloch@jps.net
Secretary	Phil Shipley 2015-2016	916-383-3453/pshipley@sbcglobal.net
Treasurer	Jim Berdan, 2009 thru 2016	916-448-3125/ jberdan@aol.com

### **DIRECTORS NAME PHONE NUMBER/ EMAIL ADDRESS**

Conservation Policy Dir.	Keith Pfeifer 2015	530-753-7920/kimmkon@pacbell.net
Conservation Programs Dir.	Bill Felts 2014-2015	916-768-0658/ befelts@yahoo.com
Membership Director	Richard Wilson, 2006 thru 2015	916-364-7545/ wilsonre7@yahoo.com
Outings Director	Rich Kendall 2015	916-277-4388/rkendall7116@gmail.com
Programs Director	Ken Giesser 2014-2015	916-685-3125/ thegiessers@yahoo.com
Public Relations Director	Jim Walker 2015	916-536-9049/jimsun7040@sbcglobal.net
Tech Services Director	Carl Lang, 2007 thru 2015	916-967-2126/ langearl@att.net

### **COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS**

Annual BBQ	vacant	
Annual Dinner	vacant	
Audio Visual Tech	Arthur Herron, 2010 thru 2016	916-364-7545/ artygolf2000@yahoo.com
Bittner Scholarship	Bill Felts, 2010 thru 2016	916-768-0658/ befelts@yahoo.com

### **COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS**

Coachman Award	Sam Yee, 2007 thru 2016	916-505-7722/ sam4homes@aol.com
Fly Tiers Exchange	Don Wallace, 2012 thru 2016	916-422-8674/ flyfisherman241@hotmail.com
Fly Tying Demo	John Daniels, 2011 thru 2016	530-750-3511/ jedaniels@ucdavis.edu
Fish Derby	Tim Au-Young, 1999 thru 2016	916-688-3529/ auyoungt@comcast.net
Fish in the Classroom	Brandie Herron, 2010 thru 2016	916-364-7545/ brandie_w2002@yahoo.com
Howe Park Fish Derby	vacant	
Library	Christie & Michael Roberts	
List Serve Meister	Gregory Shaffer, 1999 thru 2016	530-271-5556/ shafe@gshaffer.com
Logo Sales	Glenn Yee, 2008 thru 2016	916-421-6922/ gyeec25@att.net
Mentoring	Andy Penn, 2014-2016	916-687-6799/ andypenn@frontiernet.net
NCCIFFF Rep.	Jim Berdan, 2013-2016	916-448-3125/ jberdan@aol.com
New Members	Laurie Bank 2015-2016	916-709-1309/laurie@creekchick.com
Newsletter Editor	Chris Weiland 2010 thru 2016	916-691-2873/ cjweiland@comcast.net
Refreshments	Beverly Lorens 2015-2016	916-283-6773/blorens@surewest.net
SARA Rep.	John Barris, 2012 thru 2016	916-524-5634/ peercourt1@sbcglobal.net
Sergeant At Arms	Larry Coulter, 2007 thru 2016	916-689-1885/ lcoulter@frontiernet.net
Sportsmen's Expo	Richard Wilson, 2006 thru 2016	916-364-7545/ wilsonre7@yahoo.com
Web Master	Lori Wisheropp 2016	
Youth Programs	Gary Howard, 2000 thru 2016	916-383-1221/ 104herefishy@comcast.net



## CFFU ENTOMOLOGY CLINIC AND BBQ JULY 21, 2016



CFFU members have fun looking for insects and enjoying some delicious BBQ.



## JULY 5th SPEAKER

On July 5th we were treated to an outstanding program from Trout Unlimited's California Field Director, David Lass. David talked about T.U.'s commitment to rebuilding and sustaining California's cold water fisheries, mentioning a few of the various programs going on in our state including Klamath Dams Removal, Lost Coast Wild Steelhead Initiative, The National Forest Master Plan to improve watersheds, Little Truckee River Restoration Project, Squaw Creek Restoration Project, Pine Creek Restoration Project for Eagle Lake, and the Truckee River Operating Agreement between California, Nevada and Nevada Tribes to maintain adequate flow in the Truckee. He also gave a big shout out to CFFU for our effort to improve habitat along Putah Creek. He stressed that all of these projects are local in nature and this one in particular has started from the ground up, with people like Ken Davis and Steve Karr helping lead the way. There will be more about this project, along with fishing Putah Creek in the October general meeting



David then branched off and enthusiastically showed us some of the fishing opportunities available for the visiting angler to the Klamath Falls region of Oregon, calling it the most underappreciated "Trout Hub" in the Western United States. He started by detailing how to float and fish the Klamath River from Keno Dam to J.C. Boyle Reservoir. The fishing looked phenomenal and reminded me of the one time I fished it almost 40 years ago. Trust me, he wasn't kidding! He then went on and talked about Upper Klamath Lake and its major tributary, the Williamson River, where 20lb. Rainbows are landed each year on dry flies.

This was a terrific program that had every one's attention! He reminded us to be good stewards of our waters and to always remember that it's about the fishing! Thanks David!

Ken Giesser

### SPATIAL ECOLOGY: TECHNOLOGY MEETS FISHERIES CONSERVATION

Spatial ecology is the study of how populations of organisms, (e.g. fish), are distributed over different locations at given points in time and the processes that influence those distributions. A recent article<sup>1</sup> in the Journal of Environmental Monitoring and Assessment describes the value of spatial ecology to fisheries management and conservation. Knowing where and when fish are present is central to identifying critical habitats, understanding how human activities influence fish populations, understanding interactions between species and developing effective management strategies. Utilizing spatial ecology can help develop and evaluate fisheries assessment protocols, support invasive species removal, describe and improve habitat restoration measures and understand how environmental factors, (e.g. temperature and flow) affect fish populations.

Fish can travel a few meters or several thousand kilometers, depending on their daily and seasonal habits. They can move between different habitats for foraging or reproduction and may have to choose between several migratory routes. In California, researchers have monitored the movement of juvenile salmonids (salmon and steelhead) through the maze of channels in the Sacramento-San Joaquin Delta in order to better understand the most significant factors that dictate which routes the fish select as they migrate down the Sacramento and San Joaquin Rivers. With a better understanding of this selection process, managers can possibly modify the fish movement by blocking or opening channels to aid in fish survival. Increasing water flows is another option to help the fish navigate their way through the Delta.

Historically, studies of spatial ecology were labor intensive and often required following individual fish continuously or setting up long-term mark-recapture projects to determine fish locations. With the development of electronic tags (e.g. radio, acoustic, satellite and passive integrated transponder (PIT) tags) researchers can now track the movement of individual fish in striking detail. Some advanced satellite tags can even provide location information for an individual fish (e.g. latitude and longitude) and environmental conditions (e.g. water depth and temperature) as well as its swimming speed. PIT tags are now as small as a grain of rice. Self-powered acoustic transmitters are being developed that obtain their energy from the movement of the fish, and therefore, eliminating the need for batteries. Hydro-acoustic technology has also expanded, with the development of a high-resolution ARIS sonar camera that can be used to count and observe fish in real time without handling them. This type of remote technology is especially useful for surveying sensitive, large endangered species, such as the green sturgeon or Chinook salmon. On a much smaller scale, the "SmeltCam" has been developed, as a hands-off alternative to the annual trawling method for counting the numbers of delta and longfin smelt that are currently in severe decline in the Delta ecosystem.

<sup>1/</sup> Cook, S.J. et al. (2016) A moving target-incorporating knowledge of the spatial ecology of fish into the assessment and management of fresh water fish populations. Journal of Environmental Monitoring and Assessment, Vol. 188 (4)

Fisheries researchers have made exciting advancements in the technology for studying the spatial ecology of fish; yet, the cost of equipment and training of personnel required for the effective use of this technology may limit its application to selective regions. However, the long-term goal of fisheries scientists and regulators should be to use relevant and accurate data when making decisions that impact important fish populations. Spatial ecology can be an important tool in this conservation process.

A final note: Recently your CFFU Conservation Committee approved \$5000 for a project to monitor salmon and steelhead movement in Auburn Ravine. A portion of this money will be used to purchase digital video monitoring equipment similar to those mentioned in this article. Cramer Fish Sciences will conduct this study with support from Friends of Auburn Ravine.

*Keith Pfeifer, CFFU Conservation Director  
August 2016*

## FLY TIERS EXCHANGE by Don Wallace

Photo's by James Simon



**Christie Roberts** tied a **Pheasant Tail Variant Dry Fly** on a TMC 100 size 12-18 hook, using rust 8/0 thread. The tail is brown or badger rooster hackle. The rib is fine silver wire. The body is pheasant rooster tail fibers. The hackle is rooster hackle in badger, brown or variant.



**Rob Scafe** tied a **Prince Nymph** on a Tiemco 3761 size 10-16 hook using 6/0 black thread. The tail is brown turkey or goose biots. The rib is fine gold flat tinsel. The underbody is black rabbit dubbing. The body is peacock herl. The legs are brown hen cape hackle or partridge. The wing is white turkey or goose biots.



**Tim Au Young** tied a **Gold Ribbed Hare's Ear** on a TMC 3769 size 14-16 hook using camel 8/0. The tail is hare's mask cheek. The body is hare's ear/mask dubbing with fine gold tinsel ribbing. The thorax is turkey tail. Comments: May tie with tungsten or brass beads or no bead.



The **Demo Fly** was an **A G Shad Fly** tied by **Erik Blihovde** on a Diaichi 1120 size 10-12 hook using 210 denier florescent chartreuse thread. The tail is barred light olive rabbit fur. The bead is hareline white tungsten 1/8-28 mm. The tail is hareline UV minnow Belly. The body is florescent chartreuse large rib and the collar is peacock herl.

## AMERICAN RIVER CLEAN-UP JULY 23, 2016

I want to thank the following CFFU Club members who got up early on Saturday morning to clean our Mile 16 South of the American River:

Carl Lang, Jim Walker, Larry Coulter, Dick Angus, Robert Roth, Laurie Banks, Carol and David Tevlin, Mike Nielsen, Tony and Rosie-Vasquez Espinoza, Ken Waterstreet, Glenn Yee, George Lazar, Craig McCulloch, Christie Roberts, and Pam Felts. I thank you, and the runners and bicyclists traveling the bike path gave their thanks also.

We will do it again in October.

Bill Felts  
American River Clean-up Meister





## FLY OF THE MONTH

### HALLOWEEN WOOLLY BUGGER

Tied and photographed by: Dell Clark

#### MATERIALS:

Hook: Size 6 to 12, 3x long.

Thread: Black.

Tail: Black and brown marabou mixed.

Rib: Fine copper wire.

Hackle: Brown.

Body: Medium black and orange variegated chenille.

Head: Black thread.

COMMENTS: This fly was originally published in the April 2013 newsletter.

This is a very easy fly to tie and is very popular in Idaho lakes. It has been successful at Fuller Lake.



Step 1: After placing a de-barbed hook in the vice, cover shank with thread and tie in equal amounts of a mixture of black and brown marabou, shank length.



Step 2: Tie in copper wire, hackle, and chenille at the bend of the hook.



Step 3: Wrap chenille forward, leaving room for the head.

Step 4: Wrap hackle forward and tie off. Reverse wrap the copper wire over the body and hackle, and tie off. Form a head, whip finish, add head cement and you are done.



## UPCOMING OUTINGS

FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER

September 30-October 2	Upper Sacramento River, CA	Fishmeister: Craig Williams	Asst. Fishmeister: open
October 7-8	Fall River, CA	Fishmeister: Val Adams	Asst. Fishmeister: open
December 9-11	Pyramid Lake, NV	Fishmeister: John Daniels	Asst. Fishmeister: open

## UPPER SACRAMENTO RIVER OUTING 2016

WHEN: Friday, September 30- Sunday, October 2, 2016

INCLUDING SHORT LINE NYMPHING AT THE PARK

WHERE: Upper Sacramento River near Dunsmuir, CA

DINNER FRIDAY: 7:00 p.m. - We will meet for dinner at 7 PM Friday night at a location to be determined

LODGING & MEALS: We have reserved the Log Castle where we have had memorable times at past outings. Needed will be check in hand for \$91 if you would like to stay at the Log Castle, first come first serve. Contact Craig at 916-224-3630. Motels are available in the area but I would recommend the Cedar Lodge 530-235-4331.

Dinner on Friday night at 7 pm at a location to be determined at a later date.

BREAKFAST SATURDAY 8:00 a.m. - Cornerstone Cafe, 5759 Dunsmuir Avenue, Saturday in Dunsmuir. Call or e-mail Craig for reservation.

LUNCH SATURDAY: You may want to pack a lunch to take fishing with you.

SATURDAY POTLUCK DINNER: Saturday night will be a potluck barbecue which is well suited at the Log Castle. Dinner will be at approximately 7:00 pm, depending on when folks get off the river. Bring something for yourself for the grill and something to share (appetizer, salad, side dish, dessert, etc.). There is a market in Dunsmuir and another one in Mt. Shasta.

DETAILS: With 37 miles of fishable water, most of which can be easily accessed, the Upper Sacramento is one of California's best fly fishing destinations. Hat Creek, the McCloud River, and a myriad of lakes are also within easy striking distance from Dunsmuir, so the fishing opportunities are literally endless.

SHORT LINE NYMPHING AT THE PARK: After breakfast Saturday, we can disperse to the river or for those interested, we can go to the Dunsmuir Park were Craig Williams and other CFFU members will explain and assist on the river the use of short line nymphing.

Our very own Ken Davis is planning on sharing his expertise regarding the aquatic insects found in the river at the park.

Fishing might be pretty good this time with the emergence of the October Caddis starting along with the planting program of California DFW and the trophy fish program by the city of Dunsmuir city still happening. The wild upper sac rainbows can tear you up as well if you are so lucky.

The Dunsmuir area has a wealth of great guides if you are so inclined. I would recommend the following in no particular order; Ron Rabun, Fred Gordon, Wayne Eng, and Steven Bertrand and Rick Cox.

A sign-up sheet will be available at the September general meeting or contact Craig Williams.

Craig Williams 916-224-3630



## OTTER'S ACTIVITIES

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

Check the listserv for upcoming OTTERS events.

## PHOTO CREDIT

THANKS TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTION OF PHOTOGRAPHS FOR THE NEWSLETTER:

Ken Davis          Laurie Banks

## CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

**Meetings are held at 7:00PM on the first Tuesday of the month at Conzelmann Community Center, 2201 Cottage Way, Sacramento, CA.**

Individual annual dues are \$30 per member, \$45 per family, renewed in January of each year and prorated after June 30<sup>th</sup> for those joining later, and a \$10 initiation fee. Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at East Ranch Clubhouse, 150 East Ranch Road, Sacramento, CA 95725

**ON THE FLY** is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to [cjweiland@comcast.net](mailto:cjweiland@comcast.net). Pictures will only be returned upon request. **Absolute Deadline for submissions - 25th OF THE MONTH**



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