



## CASTING NEWS FROM DAVE LENTZ

One of the aspects of CFFU's mission is to contribute to the conservation, preservation, and enhancement of fishery resources. The Club's Conservation Committee will be working this year to find worthy projects that we can support with funds that we have raised, largely from the annual dinner, but also through our other efforts. This committee has met twice this year and has looked at a candidate or two that we will consider for awarding some of our dollars to further fisheries conservation in California.

Another related way to further fisheries conservation is to support students in the fisheries science and management fields. The Club annually awards the Bob Bittner Memorial Scholarship to a U.C. Davis graduate student and that award will be coming later this spring. The scholarship winner will be invited to give a brief presentation about their project to the club. More than a dozen CFFU tiers have donated flies that will go to the California-Nevada Chapter of the American Fisheries Society for their annual meeting's fund raising raffle. AFS helps students with awards to attend this professional society meeting and give them exposure, to network with fisheries professionals, and present their fisheries work at the meeting.

Giving youth opportunity to learn about fly fishing and the basic skills is another area that we can contribute to future fly fishers. At the end of June there will be an opportunity for CFFU volunteers to help scouts learn fly fishing basics. Stay tuned for more on that at coming meetings.

All of these efforts are worth our time and energy...please keep supporting our CFFU outreach efforts when you can.

Thanks, Dave Lentz

## APRIL 2017 SPEAKER

Our April 4th speaker is Reno guide Doug Ouellette and he will be presenting a program on Reading Freestone Streams. Having the ability to read moving water is such an important skill set, that a case could be made, it's everything! Once you begin to realize where the trout are, the game will begin to change for you. Your confidence will grow and you will begin to fish with more purpose.

Doug operates Calvada Fly Fishing and is licensed in both California and Nevada. He is a longtime friend of this club and will be sharing over 45 years of on the water experience. His presentation will feature many trophy trout and where we should be looking in order to fish for them. This information can be used effectively on any freestone stream in the world!

\*After the presentation, Doug will go over details of the Spring Club Outing to Pyramid Lake. He will cover meals, lodging, equipment, etc.

Ken Giesser  
CFFU Programs Director



## FLY TYING DEMO

Come see April's demo tier. They will start tying at 6:15 pm so come early to watch them tie some of their magic at the vise.

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(775 ) 722-2267

[dougo@calvadaflyfishing.com](mailto:dougo@calvadaflyfishing.com)

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**A special thanks to  
Freeport-McMoran Foundation  
For a generous donation to  
the Bittner Scholarship.**

**Special thanks to  
Donald and Martha Stoneberger  
For their generous donation.**

## TECH THURSDAY

California Fly Fishers Unlimited offers a series of programs each month on the "technical" aspects of fly fishing. The program covers fly fishing topics, ranging from beginning fly casting and introductory fly tying, to more advanced topics such as rod building, tying Atlantic Salmon patterns, and spey casting. Let Carl Lang know if there are any subjects you would like to see... or to teach! Tech Thursday's are held on the third Thursday of the month at the Northminster Church, 3235 Pope Avenue, Sacramento, CA

## NAME BADGE DRAWING by Rich Wilson

Each month we will be drawing for a \$30.00 gift certificate to be redeemed at one of the 3 fly shops in our area. Each month the \$30.00 gift certificate will be from a different fly shop in rotation. To qualify for the name badge drawing a member MUST be wearing his or her CFFU engraved name badge. Each member will receive one ticket for wearing his or her engraved badge. At the end of the meeting one ticket will be drawn for the gift certificate. You must be present at the time of the drawing. New members will still be eligible to receive the 10% off any item at the LOGO table.

## FREE FLY DRAWING

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

## PRE-MEETING CASTING by SAM YEE

You are invited to join us for **Fly Casting Instruction** before the monthly meeting from about 6:00 pm until the meeting starts by Forrest Oldham, Bruce Bartholomew, Bill Siska, Craig Williams & a cast of CFFU Volunteers. We even have a FFF Certified Casting Instructor on hand to help out (Sam Yee). The monthly format is a good way to learn a few new skills, practice them & learn a few more new skills the following month. Bring your favorite fly rod and a brightly colored floating line. We have a few loaner fly rod available. Don't be shy, just ask for some help, there is usually others who are more than happy to help you, Beginning Fly Casting to Advanced, Double Hauling, Wind Knots, Roll & Spey casting, Distance, Accuracy, Plus Switch & Spey casting.

## MARK YOUR CALENDARS

March 29	Social Night at 6:30 pm, topic teaching youth
April 3	CFFU Board meeting at 6:30 pm
April 4	Annual Swap meet at 5:45 pm
April 4	CFFU General meeting at 7:00 pm, Topic: Reading freestone streams with Doug Ouellette
April 8	Fly Fishing Specialties Spring BBQ
April 15	Kiene's Expo
April 20	Tech Thursday - Topic: TBA
April 25	Deadline for article submission to newsletter
April 26	Social Night - Topic: Coachman Challenge
May 1	CFFU Board meeting at 6:30 pm
May 2	CFFU General meeting at 7:00 pm, Topic: American River Shad with Andy Guibord
May 18	Tech Thursday - Topic: TBA
May 23	Annual BBQ
May 25	Deadline for article submission to newsletter
June 5	CFFU Board meeting at 6:30 pm
June 6	CFFU General meeting at 7:00 pm
June 15	Tech Thursday - Topic: TBA
June 21	Social Night - Topic: Fishing the American River

## NEW MEMBER ORIENTATION

New members are encouraged to attend one of the quarterly meetings held at the Northminster Church, 3235 Pope Avenue, Sacramento, CA. The meetings occur on the second Wednesday in February, May, August, and November. 6:30 p.m. Here you can meet other new members, ask questions, receive contact information and possibly find a fishing buddy. President Laurie Banks and Membership Director Rich Wilson supervise these meetings and will help you get the most out of your club. You will also receive a certificate for 6 free flies from local fly fishing shops. Look for more info in the coming newsletters.

## WHO'S WHO IN CFFU

### OFFICERS NAME PHONE NUMBER/E-MAIL ADDRESS

President	Dave Lentz 2017	916-254-1016/ dlentz@surewest.net
President Elect		
Past President	Laurie Banks 2015-2016	916-972-8537/ laurie@creekman.com
1 <sup>st</sup> Vice President	Mary Ellen Mueller	916-213-2047/ mmueller@suerwest.net
2 <sup>nd</sup> Vice President	Craig McCulloch 2015-2017	916-456-2482/emcculloch@jps.net
Secretary	Phil Shipley 2015-2017	916-383-3453/pshipley@sbcglobal.net
Treasurer	Jim Berdan, 2009-2017	916-448-3125/ jberdan@aol.com

### DIRECTORS NAME PHONE NUMBER/ EMAIL ADDRESS

Conservation Policy Dir.	Keith Pfeifer 2015-2017	530-753-7920/kimnkon@pacbell.net
Community Service Dir.	Trevor Segelke 2017	916-362-1063/ trevor-segelke@sbcglobal.net
Membership Director	Richard Wilson, 2006-2017	916-364-7545/ wilsonr7@yahoo.com
Outings Director	David Tevlin 2017	916-483-7362/ dtevlin@att.net
Programs Director	Ken Giesser 2014-2017	916-685-3125/ thegiessers@yahoo.com
Public Relations Director	Lanny Garman 2017	916-393-9009/ Lanny55@att.net
Tech Services Director	Carl Lang, 2007-2017	916-967-2126/ langearl@att.net

### COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS

Annual BBQ	vacant	
Annual Dinner	vacant	
Audio Visual Tech	Arthur Herron, 2010-2017	916-364-7545/ artygolds2000@yahoo.com
Bittner Scholarship	Bill Felts, 2010-2017	916-768-0658/ befelts@yahoo.com

### COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS

Coachman Award	Paul Wisheropp	wisheropp@gmail.com
Fly Tiers Exchange	Don Wallace, 2012-2017	916-422-8674/ flyfisherman241@hotmail.com
Fly Tying Demo	Gary Howard, 2017	916-383-1221/ 104herefishy@comcast.net
Fish Derby	Tim Au-Young, 1999-2017	916-479-1049/ auyoungt@comcast.net
Fish in the Classroom	Brandie Herron, 2010-2017	916-364-7545/ brandie_w2002@yahoo.com
Howe Park Fish Derby	vacant	
Library	Christie & Michael Roberts	
List Serve Meister	Gregory Shaffer, 1999-2017	530-271-5556/ shafe@gshaffer.com
Logo Sales	Glenn Yee, 2008-2017	916-421-6922/ gyeec25@att.net
Mentoring	Andy Penn, 2014-2017	916-687-6799/ andypenn@frontiernet.net
NCCIFFF Rep.	Jim Berdan, 2013-2017	916-448-3125/ jberdan@aol.com
New Members	Laurie Bank 2015-2017	916-709-1309/laurie@creekchick.com
Newsletter Editor	Chris Weiland 2010-2017	916-691-2873/ cjweiland@comcast.net
Refreshments	Beverly Lorens 2015-2017	916-283-6773/blorens@surewest.net
SARA Rep.	John Barris, 2012-2017	916-524-5634/ peercourt1@sbcglobal.net
Sergeant At Arms	Larry Coulter, 2007-2017	916-689-1885/ lcoulter@frontiernet.net
Sportsmen's Expo	Richard Wilson, 2006-2017	916-364-7545/ wilsonr7@yahoo.com

## MARCH 2017 SPEAKER

On March 7th, guide Brett Wedeking presented an outstanding program entitled Alaska: From DIY to Fly-Out Lodge. In his program he covered every budget and all options ranging from top drawer fly out lodges, to the do it yourself trips. I really appreciated him mentioning these, if for no other reason than to reinforce what I've been saying for years. You don't have to be rich to experience Alaska. You'll actually be poorer if you don't experience it! I've gone up there many, many times and I still have a savings account!

Anyway, back to Brett's program... He started off by showing a tempting fishing video from the Bristol Bay region and did you notice all the Silver action and strip striking going on? This method of striking is something we should all try to learn because it's more efficient and will increase our success rate on hook ups everywhere. He then branched off and showed a map of Alaska that oriented us to the three regions of interest. Southwest, Southeast and my old stomping grounds the Kenai Peninsula. He talked about flying to Anchorage, renting a car and driving up and down the peninsula, visiting towns like Soldotna, Kenai, Homer and Seward. In actuality it really is a road trip. He mentioned combat fishing near the Russian river, but I would add that if you wait till after Labor Day, the crowds diminish, the Rainbows start hitting, and the Dollys put on their spawning dresses. The Rainbows in the Kenai are some of the largest in the world, and if you time it right, the Anchor River can provide as good as it gets Steelhead fishing! Brett talked about the various species available to the visiting angler, including Rainbows, Dolly Vardens, Artic Char, Lake Trout, Grayling, Silvers, Kings, Chums, Sockeyes, Pinks and Pike. Quite an assortment would you say?! He also touched on the gear we need to bring and answered questions about the various forms of air travel required. This was a very informative program that had everyone's attention. He stayed after and talked shop for a while, answering many individual questions. I'll be going back to Alaska with my grandson in September to fish for Silvers on the Tsiu, and this program really got the juices flowing for me!



Thanks Brett! Great Program!

Ken Giesser

Programs Director

## FLY FISHING 101

This class is generally offered on two consecutive Tuesdays, from 6:30-8:30 p.m. Location: Northminster Church (Social Hall, 3235 Pope Ave., Sacramento).

This class for new fly fishers includes: selecting the proper fly rod and reel, essential knots, rigging the fly rod, selecting flies, safety, equipment and accessories. Participants bring their fly rod and reel, leader material and tippet material to the first class. If you do not yet own a rod, let us know. We will provide you with a loaner rod and reel. If you have any questions, please contact the course coordinator, Tim Landrus.

## ANNUAL BBQ MAY 23, 2017

Once again, Howard and Donna Ross have volunteered the use of their amazing backyard, with its perfect view of the American River, and plenty of space for all of us. The plentiful large decks, sweeping jewel green lawn, and the expansive view of the American River always make this a picture perfect location for a very enjoyable evening with your spouses, guests and CFFU friends. The food is always great and plentiful, so be sure you attend! Remember to bring a sweater or jacket for later in the evening and insect repellent (we'll be outside).

Make your reservation early for you and your guest.

When: May 23, 2017

Social Time: 5:30 p.m. / Dinner: 6:30 p.m.

Location: Home of Howard and Donna Ross, along the American River. 3320 Edgar Lane, Carmichael. (916) 944-4089

Cost: \$20.00 per person for catered dinner, beverages.... and social evening! (Limited to 50 people, tickets at the door.)

Contact: Greg Howard

Buy Tickets Online: Purchase your dinner tickets online at <http://www.cffu.org/bbq.html> with PayPal. Limited to the 50 attendees.

Menu: Smoked Pork Ribs, BBQ Chicken, Slow Roasted Tri-Tip, Bacon-Braised Green Beans, Potato Salad, Garden Green Salad, and Rolls and Butter. Condiments and Table-Wear included. Extra salads are not needed, but donations of desserts will be appreciated. (Catered by Patrick Stiltner Catering: food prepared on-site)

Beverages: Drinks supplied by CFFU include coffee, soft drinks, and water. Gary Howard will provide his famous brew. All beer and wine donations are appreciated.

## SWAP MEET APRIL 4, 2017

WHEN: Before the April CFFU monthly meeting (April 4)

TIME AND WHERE: It will be held from 5:45 pm to 6:45 pm --- inside the Conzelmann Center (That's where we meet each month!)

If you are a member of CFFU, there is NO Charge to display and sell your old gear.

Just another advantage of being a member of the CFFU club.

Sellers --- start gathering your extra gear - anything fishing related --- remember - this is a gear swap - not a garage sale

Buyers --- bring money and be ready for a WIDE variety of fishing related merchandise.

This is always a fun event - and a great way for the new angler to purchase top quality gear at very reasonable prices.

Just to clarify ---- What is our annual "Gear Swap" ???

It is basically a "Garage Sale" type environment BUT we would like to focus on Fly Fishing related items.

"Fly Fishing related items" is a very broad term for rod, reels, fly line, waders, float tubes, pontoon boats, anchors, life vests, flies, fly tying stuff, etc. etc. etc.

BUT it also includes all the "other stuff" that anglers accumulate to go fishing including camping gear, tents, sleeping bags, pots and pans, GPS, etc. etc. etc.

Or another way to say it -----If you would use to go fishing or camping ---- then it qualifies!

I already have 4 sellers ---- looking to sell rods and reels ---- we usually have about 10 sellers - with a wide variety of gear and excellent prices.

- For higher priced items - sellers sometimes will take a check --- but usually the transaction is done in cash
- The sellers determines the price ----
- CFFU does not receive any money from the swap meet ---
- Just one of the many activities of the club that are free to members.

The "Gear Swap" is April 4 from 5:45 to 6:45 pm - at the Conzelmann Center (where we always meet) - before our monthly meeting.

Chuck Honeycutt

## MARCH FISHING DERBY

CFFU helped the parks department with their fishing derby on March 4, 2017.





**FLY FISHING FILM TOUR**  
2017

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**FLY FISHING FILM TOUR**  
2017

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Come join us for a night of fun with great door prizes, raffle items and a silent auction!!

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- Online at [THEF3T.com](http://THEF3T.com) \$18
- Night of the event \$20

All proceeds will benefit local conservation efforts



**NEVADA THEATER**  
**WEDNESDAY, APRIL 26TH | 7PM**

**DISCOUNT TICKETS AVAILABLE AT:**  
**REEL ANGLERS FLY SHOP**



**SAN FRANCISCO BAY-DELTA: NEW STRATEGIES TO PROTECT FISH**

In the December 2016 issue of the CFFU Newsletter, I wrote about the ecological decline of the largest estuary on the Pacific coast of the Americas. Recently, the U.S. Geological Survey presented some interesting information on a potential strategy to protect fish populations in this important ecosystem.

The San Francisco Bay-Delta is a 1,600 square mile estuary consisting of two major rivers, the Sacramento and the San Joaquin, and three Bays (San Francisco, Suisun, San Pablo) and their respective marshlands. This diverse ecosystem is home to more than 500 species of wildlife. The Sacramento-San Joaquin Delta is the central hub of California's water system. The natural outflow of water is through the Delta to San Francisco Bay and eventually the Pacific Ocean. However, water is also pumped into small diversion canals for local use and into two large water systems, the Central Valley Water Project and the State Water Project, which provide water to central valley farmers and to 22 million people in the towns and cities in Southern California. The farms that are dependent on this water are part of California's \$27 billion agricultural industry.

Despite efforts by many local, State and Federal agencies to balance water deliveries and the ecological health of the Delta, key fish species are facing severe declines in their populations, with the possibility of extinction. These species include the Chinook salmon, the Delta smelt and the anadromous rainbow trout, better known as steelhead. In order to provide sufficient water for these species, particularly during the recent drought, regulators restricted the amount of water pumped out of the Delta. In response to these ecological and potential economic crises, agencies like the California Department of Water Resources (CDWR) and the federal U.S. Geological Survey (USGS) are exploring new strategies to restore fish populations and improve the reliability of water deliveries south of the Delta.

USGS scientists have been developing an advanced technology called acoustic telemetry to help water managers assess the effectiveness of strategies designed to protect the endangered fish species. Basically, acoustic telemetry uses transmitters and receivers to track fish movements in their natural environment. The transmitters are electronic "tags" that are implanted in the fish and emit sonic impulses. Underwater receivers called hydrophones monitor the impulses allowing the scientists to track the fish.

The USGS scientists have recently applied the acoustic telemetry methodology to prevent migrating fish from entering sections of the Delta where their survival could be impacted. The project used a non-physical barrier called a "Bio-Acoustic Fence" (BAFF) that uses light and sound to deter fish from moving from the Sacramento River into smaller sloughs and waterways, where they might be more vulnerable to predation or water diversion pumps. The study used thousands of juvenile Chinook salmon fitted with acoustic tags and released near a diversion known as the Georgiana Slough. The BAFF was placed across the entrance to the Slough. The fish movements were monitored for prescribed periods with BAFF "on" and "off". The results of the study indicated that "fewer" tagged salmon migrated into the Slough when the BAFF was activated. The researchers concluded that the BAFF could be another "tool" to help protect endangered species that migrate through the Delta.

While the results of this study are interesting and encouraging, it remains to be seen if such methodology could be applied to the vast number of sloughs and waterways in the Sacramento-San Joaquin Delta. Additionally, such technological approaches would probably require significant funding from regulatory agencies at the State or Federal level. Based on current regulatory philosophies, such funding is highly unlikely.

Keith Pfeifer, Conservation Director

March 2017

*FLY TIERS EXCHANGE by Don Wallace*

*Photo's by James Simon*



Trevor Segelke tied a Swimming Caddis on a size 18 scud hook using brown thread. The body is extra fine stretch tubing. The hackle is natural CDC.



Rob Scafe tied a RS 2 Emerger on a straight-eye dry fly hook, Dai-Riki #310 size 18-24 using black 6/0 or 140 denier thread. The tail is two white or dun Microfibbets. The abdomen is black superfine dubbing. The wing is CDC puff in white or gray. The thorax is black superfine dubbing.



Tim Landrus tied a Soft Hackle Brassie on a size 16 nymph hook using black 6/0 thread. The body is copper wire. The hackle is partridge CDC or pheasant feather.



Tim Au-Young tied a Griffith's Gnat on a size 16 UMQ competition C260BL hook using red 6/0 thread for strength. The rib is small copper wire and the body is two strands of peacock herl. The hackle is #18 grizzly saddle hackle. Always use a rib when hackling a dry fly. Sharp BL hooks and wide gape are good.



John Coldiron tied a Vinyl Rib Chironomid on a size 16 J Stockard 720 nymph hook. The thread is black 8/0 uni-thread. The body is shrimp color medium vinyl rib.



Brett Wedeking was the demonstration tier this month. He tied a Coho Leech on an Owner 60 degree jig size 10 XL hook with plated lead eyes, using TC 140 Fl. Pink thread. The tail is Fl. Fuchsia rabbit strip. The body is UV polar chenille-UV Fuchsia. The wing is Fl. Fuchsia/Fl.med. pink marabou. The hackle is Fl. Fuchsia schlappen. Comments: Flash-Flashabou holographic blue.

**Fly Tier's Exchange Gift Certificate Award**

To be part of the Fly Tier's Exchange, just tie 12 flies, turn them in to the exchange at the beginning of the meeting, and the exchange will distribute the participants flies to one another. You do not get your contribution back; you get everyone else's work! Your pattern can be of different sizes, but generally the flies are all the same pattern, the same size. *Give it a try!*

Everyone who ties a dozen or more flies and donates them to the Fly Exchange, or to the club to support any club program, will have their name entered into a drawing. The winner of this drawing will receive a gift certificate for \$25 to the **American Fly Fishing Company**.

**CONGRATULATIONS TO LAST MONTHS WINNER !**

*Tim Landrus*



## FLY OF THE MONTH

### Madam X

Tied and photographed by: Bob Bettati

During the 1980's, Doug Swischer developed an impressionistic/terrestrial fly pattern that would imitate a hopper pattern for rivers and streams in Montana. Tied in various colors you can imitate a stone fly and a number of other terrestrial flies.

#### MATERIALS:

HOOK: ANY 2X HOOK IN SIZE 8 TO 14 (DAIICHI 1760 SIZE 8 WAS USED)  
THREAD: UTC 140 HOPPER YELLOW  
TAIL: NATURAL DEER HAIR  
BODY: HOPPER YELLOW THREAD  
WING: NATURAL DEER HAIR  
HEAD: NATURAL DEER HAIR TIED BULLET STYLE  
LEGS: CLEAR PEARL SILLY LEGS WITH SILVER INCLUSIONS TO ADD A LITTLE SPARKLE. (THE ORIGINAL USED WHITE RUBBER LEGS)

Step 1



Step 1: Crush the barb, place the hook in the vise. Start the thread and wind back to the barb.

Step 2: Tie in a clump of natural deer hair on top of the hook shank and extend beyond the hook about 1/2 inch. Then start wrapping the thread to form a body.

Step 2



Step 3



Step 3: Tie in a clump of natural deer hair on top of the hook shank facing forward.

Step 4: Next push the fibers toward the rear of the hook, forming a bullet head. Be sure to form the front of the bullet head as close to the eye of the hook as possible.

Step 4



Step 5



Step 5: Attach one rubber leg to each side, slightly up toward the rear to simulate hopper legs.

Step 6: Finished.

Step 6



# Upcoming outings

## UPCOMING OUTINGS

FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER

TBA	Lower Yuba (UC Preserve) (Postponed)	Fishmeister: Mike Wigginton; <a href="mailto:tr109mike@comcast.net">tr109mike@comcast.net</a>
March 31 - April 2, 2017	Pyramid Lake	Fishmeister: John Daniels; <a href="mailto:jedaniels@ucdavis.edu">jedaniels@ucdavis.edu</a>
April 9 - 11, 2017	Lower Sacramento River	Fishmeister : Jeff Howard; <a href="mailto:jhighcntrv1@gmail.com">jhighcntrv1@gmail.com</a>
April 22 - 23, 2017	Pyramid Lake	Fishmeister: Meloney Welborn; <a href="mailto:melwel2222@gmail.com">melwel2222@gmail.com</a>

## PYRAMID OUTING MARCH 31-APRIL 2

Nestled in a desert valley northeast of Reno and fed by the Truckee River is Pyramid Lake, home of the Lahontan Cutthroat. During the spring, the fish are always in the shallows in large schools searching for food. While the numbers are not what they used to be, you still have a better than average chance of catching a good number of fish in the 20-28" range...and there are also 20# leviathans (and bigger) cruising the shore these days. This is an outing for serious fly fishers who have the wherewithal and daring do to rise to the challenge of Pyramid and find their own bit of glory. Those of you who need to be told where and how to fish and have their hands held for the day, had best talk to Meloney about her pay-to-play outing later in month.

The outing will be March 31-April 2. The lake should be open by then but if not, the alternate date is the following weekend. Most will be staying in town, and a meeting place for breakfast in Sparks will be announced later, along with a meeting place for Saturday at the lake. There is a lot of coastline to fish and almost all of it will produce. If you miss the meeting time, then cruising the beaches with an FRS walkie-talkie tuned to the club frequency/code (10-4) is your best way of finding folks, because there will be members from Warrior's to Dago Bay, and many points in between. Cell phones do not always function at Pyramid, so having a radio is a must and expect no sympathy from the fishmeister if you show up without one. If you are going up earlier and do not know the area, let me know, and I can see if I can hook you up with someone else.

To fish Pyramid, you need a bit heavier rig than usual. The typical setup is an 8 weight with a shooting head. This could be either a traditional running line & head combination (floating or sinking running line with Type 3 & Type 6 heads, sometimes heavier), or an integrated line with a 200+ grain head (5-6 ips sink rate, Teeny T200 or Rio Outbound Short), and straight 10-12# leader. You can get away with a lighter rig, but if the wind comes up, and it often does, you will have problems. Typical flies used are Woolly Buggers and Woolly Worms, size 4-8, HEAVILY hackled (colors: black, olive, chartreuse, white, purple, yellow, blue, etc.) on a straight 10-12# leader. Pyramid Beetles and Tadpoles in white/chartreuse and black/chartreuse are also a good idea. Indicator fishing can also be effective, so you may also want to bring a 6-7 weight, bobbers and a selection of flies. For flies, #12-10 nymphs work well, and local favorites include: Flashback Pheasant Tail, Copper John, Mahalo Nymph, Mahalo Midge, and chironomid patterns. Typically, 8# tippet is as light as you want to go when indicator fishing, with some recommending 10# these days. You will need waders and boots and enough clothes to cover every eventuality because the conditions at Pyramid can range from shirt-sleeve weather to sleet and snow. Leave your dinky little trout net at home and either invest in a Landing Hand, or a steelhead-size net. You will also need a fishing permit, which you can get online, at most sporting goods shops in town, and at Crosby's. If you plan on driving on the beaches a 4WD is REQUIRED -- and a 4WD can still get stuck, so use caution. Ladders are optional and unnecessary, and float tubers MUST stay a reasonable distance away from the fishmeister (1-2 miles) and have their liability waivers and life insurance up to date. Attendees will be responsible for their own lodging, food, and debts at the casinos.

A sign-up sheet will be available at the next general meeting.

P.S. Latest news is that part of the lake may be open as early as in 2 weeks, and the whole lake will be open 4/1. Watch this space for further updates.

John Daniels

## LOWER SACRAMENTO RIVER OUTING APRIL 9-11

Fishmeister , Jeff Howard (916) 834-7202 Asst. Craig Williams (916) 224-3630

WHERE: Redding Area & Downstream on the Sacramento River.

Meeting Time is 8:00 AM at The Fly Shop 4140 Churn Creek Rd. Redding, CA. 96002

Cost is \$382.50 per. Guide / Boat or 191.25 \$ per person.

Lodging: The club has used The Gaia Hotel in Anderson, the Hampton Inn & Hilton Inn

What to Expect: These Fish are Wild Rainbows mostly + Steelies. We will be Drift Boat fishing which is mostly Nymphing under an indicator with Nymphs; although Soft Hackles, Jimmy Legs, Sucker Spawn (yellow Egg) and other new flies are options. OBVIOUSLY for the Fall Trips an Egg Pattern is the GO TO. I do recommend a 9 ft. 6 or 7 WT. rod for this OR even better a 10 ft. 5 WT.

Mending is the key! WE will meet for dinner after fishing at the CR Gibbs and The Gaia for the April trips at 7:15. MORE LATER

## FULLER LAKE OUTING JUNE 17, 2017

WHERE: Fuller Lake

FISH: Rainbows and Brown trout

WHEN: Saturday, June 17th, 9:00 a.m., meet at lower parking area at Fuller Lake (There are two separate parking and launch areas at Fuller. The first is close to the dam. The second is where we will meet, and are having lunch and the float tube clinic at the launch ramp picnic area.

LUNCH: A TACO & BURRITO BAR group lunch at noon will be provided. We will pass the hat for donations. Bring your own beverages. Members may want to bring some salads and dessert items to share along with fish stories. PLEASE LET RICH OR JIM KNOW IF YOU WILL BE ATTENDING! (Please send an email to Rich or Jim at above links if you are able to attend or you have questions.

FEES: Parking at Fuller Lake is \$7; Boat Launch is \$2, honor system inserted into collection box.. Checks are okay and exact change is required. (Donation for lunch is requested.)

FLOAT TUBE BEGINNERS: A short clinic for beginners will start around 9 am to cover safety points on float tube use with questions/ answers. If you need any gear let us know so we can ask around for loaners from the other club members. Float tubes are quite stable, but mishaps can occur. New float tubers will need to bring their own waders and fishing equipment. Come try it out! Shore fishing is available at Fuller Lake, but extremely limited.

DIRECTIONS: To get to Fuller Lake, (Map 1 of 3) take I-80 east and exit at the Grass Valley/ Nevada City/ Hwy 20 exit. Go toward Grass Valley/ Nevada City 4.2 miles and (Map 2 of 3) turn right at Bowman Lake Road/ Discovery Trail. Drive 3.5 miles and you will see the Fuller Lake dam on your right. (Map 3 of 3) There is parking and easy lake access at the dam but no boat ramp. You can continue from the dam .7 miles and turn a sharp right at the Fuller Lake boat ramp sign onto rough dirt road. There is a concrete boat ramp, paved parking, picnic tables and a daily use fee of \$5 per car plus a \$2 launch fee. Most tubers just launch from the picnic area. Both parking areas have modern pit toilets.

EQUIPMENT RECOMMENDATION: To fish Fuller Lake, you really need the following:

a) Float tubes, U-Boats, V-Boats, pontoons, kayaks, canoes, rafts, prams, rowboats, or other such devices are all useable at Fuller Lake. No gas motors are allowed, but electric are OK. See below for invitation to float tube beginners. b) Personal floatation device (PFD) - strongly suggested for safety c) Rods and lines - 4 to 6 weight, 9 foot rods are suggested. A variety of lines may be used - floating, intermediate, or sinking lines, depending on the depth of the fish. d) Flies - The Sheep Creek Special fly has been popular with OTTERS at Fuller Lake. Woolly buggers of a variety of colors, sizes, and weights have also worked well. Midges sizes 14 - 22 have been successful for some. e) Radio - Bring radio tuned to 10 - 4 to keep in touch with other members and share fishing reports. f) Waders, sunscreen, plenty of water, hat, and personal items. You may even want a sweatshirt for later, or a change of clothes. It can get very hot in the summer. (A few of our "Wettest Fly Awards" have occurred at this lake, which prompts us to recommend the change of clothes!) g) Folding lawn chairs are recommended. There are picnic tables, however they are singles and stationary, seating only about 10 people, and sometimes fill up. Also, your chair is probably more comfortable!

Fuller Lake is in a beautiful setting and surrounded by tall trees with eagles and osprey joining us to fish. A couple years ago Dick Angus got a video of an osprey stealing the trout on his line and other have experienced the same "problem". Bring your camera!

Fuller Lake is one of several small lakes in the scenic Bowman Road Area of the Tahoe National Forest. The lakes range from 5,600 feet to 7,000 feet in this beautiful high Sierra country. Lake fishing can be excellent for catching trout. It's not much more than an hour's drive from Sacramento (roughly 70 miles), nestled in the Sierra Nevada just far enough away from the highway to provide a scenic and secluded setting. It is a great place to escape the valley heat (elevation 5340 feet) and fish for some very eager Rainbow and Brown trout (planters and holdovers to 18 inches) almost all year round.

I think this is everything.

Thanks,

Rich Kendall

## OTTER'S ACTIVITIES

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

Check the listserv for upcoming OTTERS events.

## PHOTO CREDIT

THANKS TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTION OF PHOTOGRAPHS FOR THE NEWSLETTER:

Arthur Herron    Laurie Banks

## CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

**Meetings are held at 7:00PM on the first Tuesday of the month at Conzelmann Community Center, 2201 Cottage Way, Sacramento, CA.**

Individual annual dues are \$30 per member, \$45 per family, renewed in January of each year and prorated after June 30<sup>th</sup> for those joining later, and a \$10 initiation fee. Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at East Ranch Clubhouse, 150 East Ranch Road, Sacramento, CA 95725

**ON THE FLY** is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to [cjweiland@comcast.net](mailto:cjweiland@comcast.net). Pictures will only be returned upon request. **Absolute Deadline for submissions - 25th OF THE MONTH**



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