



CASTING NEWS FROM LAURIE BANKS

Ken and I decided to drive up to Dunsmuir on Wednesday because he wanted to look for October caddis. I was more than happy to go with him (and take my rod). I am fascinated by aquatic insects especially the case building caddisflies. On the three hour trip up I turned to my phone and Googled caddisflies. I found an Animal Planet video naming the caddisfly as the #5 top building animal, learned that they construct their cases so water can funnel through them and glue the cases together with silk from their mouths. Interesting.

Needless to say we caught fewer fish than bugs (some 1 ½ inch dark salmonflies, a few small golden stones, green drakes, PMD's and the rocks were covered with five different species of caddis) When CFFU has the outing at the Upper Sac in October, the October caddis are pupating, sealed to the rock while they undergo metamorphosis. But now they are actively cruising along the rocks, head and legs exposed scraping and eating algae, dragging their cases along. This underwater world mesmerizes me and at times I actually am more interested in watching the bugs than fishing.

After 6 hours of fishing and bug collecting we left for the long drive home. I was tired. Ken stayed up past midnight, photographing and keying out the different insects while I fell asleep, not thinking about the caddis but something related. It put me to sleep faster than counting sheep: start with a size 10 or 12 TMC 200, or maybe a size 14 TMC 2457 since they are curved when they drift, peacock herl for the head or maybe black ice dubbing, small or medium black wire, medium ivory chenille or maybe

.....ZZZZZZZZZZ

Interested in learning more about aquatic insects? Join us for our annual entomology lab/ barbecue under the Watt Avenue Bridge Thursday, July 21st and discover what the fish are dining on! Check out the website for more information.

Laurie Banks

JUNE 7th SPEAKER

David Lass from Truckee will be presenting an updated program on Trout Unlimited Projects in the Sierras and Southern Cascades. He will also be sharing a program on fishing the Williamson and Sprague Rivers in Oregon, which are tributaries to the mighty Klamath.

David operates as California's Field Director and runs the Tahoe Office for Trout Unlimited. He looks over public land issues that concern trout and salmon, and works to build local, regional and statewide support among sportsmen to engage in policy decisions that protect the last best places we have to hunt and fish. It's a treat to welcome David back, because he's a person who has a real calling for conservation and also looks at each issue through the eyes of a fisherman. You don't want to miss this program!

Ken Giesser
Programs Director



FLY TYING DEMO

July's demo tier will be Erik Blihovde. He will start tying at 6:15 pm so come early to watch them tie some of their magic at the vise.

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A special thanks to

Beth Bittner Roberts Family

For a generous donation.

NEW MEMBER ORIENTATION

New members are encouraged to attend one of the quarterly meetings held at the Northminster Church, 3235 Pope Avenue, Sacramento, CA. The next meeting will be August 17 at 6:30 pm. Here you can meet other new members, ask questions, receive contact information and possibly find a fishing buddy. President Laurie Banks and Membership Director Rich Wilson supervise these meetings and will help you get the most out of your club. You will also receive a certificate for 6 free flies from local fly fishing shops.

FREE FLY DRAWING

Bring a Fly to the monthly meeting and have a chance to win. Drop the fly in the cup at Rich Wilson's desk and receive a ticket. At the end of the evening, a ticket is drawn and the winner gets all of the fly's in the cup.

NAME BADGE DRAWING by Rich Wilson

Each month we will be drawing for a \$30.00 gift certificate to be redeemed at one of the 3 fly shops in our area. Each month the \$30.00 gift certificate will be from a different fly shop in rotation. To qualify for the name badge drawing a member MUST be wearing his or her CFFU engraved name badge. Each member will receive one ticket for wearing his or her engraved badge. At the end of the meeting one ticket will be drawn for the gift certificate. You must be present at the time of the drawing. New members will still be eligible to receive the 10% off any item at the LOGO table.

REFRESHMENTS

Bev Lorens will be serving hot dogs, chips, drinks before the meeting.

PRE-MEETING CASTING by SAM YEE

Free Fly Casting Instruction before the monthly meeting from 6:00 pm until the meeting starts by Ken Giesser, Forrest Oldham, & Sam Yee, FFF Certified Casting Instructor. Just bring your favorite fly rod and a brightly colored floating line. Some loaner fly rods will be available but please be careful with them since they belong to the casting volunteers and not the club. Don't be shy, just ask for some help, there is usually others who are at the same stage of learning. Beginning Fly Casting to Advanced, casting in the wind, improve your roll casting, get more distance, be more accurate plus single hand switch & spey casting.

MARK YOUR CALENDARS

June 27	CFFU Board meeting at 6:30 pm
July 5	CFFU General meeting at 7 pm
July 21	Tech Thursday at 6:30 pm
July 25	Deadline for article submission to newsletter
August 1	CFFU Board meeting at 6:30 pm
August 2	CFFU General meeting at 7 pm (Topic Klamath River Steelhead with Dennis Lee)
August 17	New members meeting at 6:30 pm
August 18	Tech Thursday at 6:30 pm
August 20	Hagan Park Fish Derby 9 am– 1 pm
August 24	Social meeting at 6:30 pm
August 25	Tech Thursday at 6:30 pm
August 25	Deadline for article submission to newsletter
September 5	CFFU Board meeting at 6:30 pm
September 6	CFFU General meeting at 7 pm (Topic: fly fishing in Cuba with Matt Heron)
September 15	Tech Thursday at 6:30 pm
September 25	Deadline for article submission to newsletter
September 28	Social meeting at 6:30 pm
October 3	CFFU Board meeting at 6:30 pm
October 4	CFFU General meeting at 7 pm (Topic: Putah Creek with Mike Copithorne)
October 25	Deadline for article submission to newsletter
October 26	Social meeting at 6:30 pm
October 27	Tech Thursday at 6:30 pm
November 1	CFFU General meeting at 7 pm (Topic Fly lines with Jeff Putnam)

WHO'S WHO IN CFFU

OFFICERS NAME PHONE NUMBER/E-MAIL ADDRESS

President	Laurie Banks 2015-2016	916-972-8537/ laurie@creekman.com
President Elect	Dave Lentz 2015-2016	
Past President	Bob Effa, 2015-2016	916-443-4968/ reffa@sbcglobal.net
1 st Vice President	Beth Ison 2016	916-443-4968/bethscats@sbcglobal.net
2 nd Vice President	Craig McCulloch 2015-2016	916-456-2482/cmcculloch@jps.net
Secretary	Phil Shipley 2015-2016	916-383-3453/pshipley@sbcglobal.net
Treasurer	Jim Berdan, 2009 thru 2016	916-448-3125/ jberdan@aol.com

DIRECTORS NAME PHONE NUMBER/ EMAIL ADDRESS

Conservation Policy Dir.	Keith Pfeifer 2015	530-753-7920/kimmkon@pacbell.net
Conservation Programs Dir.	Bill Felts 2014-2015	916-768-0658/ befelts@yahoo.com
Membership Director	Richard Wilson, 2006 thru 2015	916-364-7545/ wilsonre7@yahoo.com
Outings Director	Rich Kendall 2015	916-277-4388/rkendall7116@gmail.com
Programs Director	Ken Giesser 2014-2015	916-685-3125/ thegiessers@yahoo.com
Public Relations Director	Jim Walker 2015	916-536-9049/jimsus7040@sbcglobal.net
Tech Services Director	Carl Lang, 2007 thru 2015	916-967-2126/ langearl@att.net

COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS

Annual BBQ	vacant	
Annual Dinner	vacant	
Audio Visual Tech	Arthur Herron, 2010 thru 2016	916-364-7545/ artygolf2000@yahoo.com
Bittner Scholarship	Bill Felts, 2010 thru 2016	916-768-0658/ befelts@yahoo.com

COMMITTEES NAME PHONE NUMBER/ EMAIL ADDRESS

Coachman Award	Sam Yee, 2007 thru 2016	916-505-7722/ sam4homes@aol.com
Fly Tiers Exchange	Don Wallace, 2012 thru 2016	916-422-8674/ flyfisherman241@hotmail.com
Fly Tying Demo	John Daniels, 2011 thru 2016	530-750-3511/ jedaniels@ucdavis.edu
Fish Derby	Tim Au-Young, 1999 thru 2016	916-688-3529/ auyoungt@comcast.net
Fish in the Classroom	Brandie Herron, 2010 thru 2016	916-364-7545/ brandie_w2002@yahoo.com
Howe Park Fish Derby	vacant	
Library	Christie & Michael Roberts	
List Serve Meister	Gregory Shaffer, 1999 thru 2016	530-271-5556/ shafe@gshaffer.com
Logo Sales	Glenn Yee, 2008 thru 2016	916-421-6922/ gyeec25@att.net
Mentoring	Andy Penn, 2014-2016	916-687-6799/ andypenn@frontiernet.net
NCCIFFF Rep.	Jim Berdan, 2013-2016	916-448-3125/ jberdan@aol.com
New Members	Laurie Bank 2015-2016	916-709-1309/laurie@creekchick.com
Newsletter Editor	Chris Weiland 2010 thru 2016	916-691-2873/ cjweiland@comcast.net
Refreshments	Beverly Lorens 2015-2016	916-283-6773/blorens@surewest.net
SARA Rep.	John Barris, 2012 thru 2016	916-524-5634/ peercourt1@sbcglobal.net
Sergeant At Arms	Larry Coulter, 2007 thru 2016	916-689-1885/ lcoulter@frontiernet.net
Sportsmen's Expo	Richard Wilson, 2006 thru 2016	916-364-7545/ wilsonre7@yahoo.com
Web Master	Lori Wisheropp 2016	
Youth Programs	Gary Howard, 2000 thru 2016	916-383-1221/ 104herefishy@comcast.net

CONSERVATION NEWS

Check next month for a new Conservation News article.

HAGAN PARK FISH DERBY AUGUST 20, 2016

Hagan Community Park Third Annual Fish Derby - August 20, 2016, Saturday, 9 AM to 1 PM (volunteers arrive at 8 Am to rig rods, divide worms tell lies, and drink coffee/eat donuts!)

Again, the major players will do what they have done for years:

1. Sacramento County, Therapeutic Recreation Services, TRS - they invite, pre-register, and register the day of the event, people who are disabled, mentally and physically, who live in the greater Sacramento County area, to come out and fish for half a day
2. Department of Fish and Wildlife (formerly Dept. of Fish and Game) - they donate over 1000 pounds of catfish, for free!
3. Carmichael Kiwanians - they provide a grilled lunch, chips, cookies, drinks, and fruit, all FREE to participants and all volunteers
4. Hagan Community Park, Rancho Cordova, will provide the Picnic Area B-3 location for the third year. Again, FREE parking for all volunteers who WEAR THEIR CFFU NAME BADGE, A SAVINGS OF \$5 PER VEHICLE
5. Last and NOT least, CFFU member volunteers, currently 25 plus volunteers so far, with almost 2 more months to increase those numbers to over 30 volunteers. The more club volunteers we obtain, the less in number we are assigned in numbers to assist participants. In my estimation, a ratio of 1 CFFU volunteer to 3-4 participants is ideal. Last year we numbered over 75 participants, and this year if the numbers go as estimated, we will have more than 100 pre-registered participants, so do the math and let's hope for more CFFU volunteers, and more participants!

One last comment, if you have never volunteered for this award winning community service event, you are missing out on a lifetime of memories, not only for yourself, but for the people that you will be with for that half a day! The jumps, yells, screams of joy, happiness, excitement, and over all exuberance, is nothing short of self-gratifying. And I am talking about the CFFU volunteers! You have not lived life until you multiply that times 10 from the participants.

So, I challenge you to volunteer if you have never done this before, and to the trusted, loyal, and dedicated CFFU volunteers who have done this for years as many of you have, a very grateful THANK YOU in advance for your continued dedication to this worthy cause.

Tim Au-Young

Event Coordinator, 1999 - Present

JUNE 7th SPEAKER

On June 6th we were treated to an outstanding program from Dan LeCount about fly fishing for alternative species in the Tahoe region. As it turned out, this program featured more than just fishing alternatives as Dan was the demo tier for the evening, but forgot his vice at home! He quickly jumped into action and tied several of his Pheasant Dragon patterns without a vice, just holding the hook and coming up with beautifully tied, strong, durable flies that were better than most of us can do with a vice. Very impressive! Tim Au Young eventually showed up with a loaner vice from Kiene's but it was almost a let-down to watch Dan finish up with the proper tools.

As far as the program went, it was a real treat to learn about some of the alternatives available to the fly fisher in the Tahoe region, including the Nevada side. He started by showing us some of the almost unbelievable Smallmouth Bass fishing to be had in the area. He mentioned several lakes and reservoirs including: Stampede, Independence, Boca, Prosser, and the Tahoe Keys. Dan talked about the early, summer, and fall seasons and what to look for in the way of temperature gradient, structure, and food sources. He went on to list the various things that Smallmouth eat, but settled on Crayfish as their number-one choice. Crayfish and Dragonfly patterns are the best all around flies for these wonderful cold water bass. He then talked about the common carp and suggested they could be one of the cagiest of all fish, but also one of the most rewarding to catch. He said there aren't too many on the California side, but that Nevada is loaded with beasts up to forty pounds. He shared beautiful pictures that backed up this claim! He went on to speak about what to look for, what flies to use, and how to use a stealthy approach to your advantage. Very fascinating information! Dan closed by sharing methods, gear, and seasons to target Mackinaw in the larger, deeper lakes, including night fishing for these bruisers.

This was a terrific program that held everyone's attention! Many questions were asked and answered will into the break. Dan did a great job of perking our interest and getting us to think just a little bit outside of the usual box. Thanks Dan!

Ken Giesser

CFFU Programs Director



FLY TIERS EXCHANGE by Don Wallace

Photo's by James Simon



Michael Roberts tied **The Tarcher Style Pheasant Tail** on a Gamakatsu C12U Caddis size 10 (6-14) using red Veevus 14/0 thread. The tail is pheasant tail fibers. The abdomen is pheasant tail wrapped with copper wire. The body and wingcase are pheasant tail. The thorax is peacock herl and the hackle/legs are pheasant tail. Comment: The Tarcher Style Pheasant tail is tied on a Gamakatsu C12u hook. This gives the fly "implied" movement. Meaning the fly appears to be wiggling and moving, even on a stationary hook. The Tarcher Pheasant Tail can be tied in many ways. It can be tied upside down, to the side and everything in between. I like to tie mine on the side (as seen in the video). The Tarcher Style is just a different take on the traditional pattern, and very effective on trout as well!



Christie Roberts tied a **Bead Head Prince Nymph** on a TMC 3761 or U101 size 12-14 hook, using red 8/0 thread. The tail is brown turkey biots. The abdomen is peacock herl with a small gold wire rib. The wing is white turkey biot. The head is a size 5/32 red tungsten bead with a red collar.



The **Demo Fly** was a **Furball Minnow** originated and tied by **Dan LeCount** on an Umqua U506 size 1 hook using 200 denier white GSP thread. The tail is barred light olive rabbit fur. The abdomen is flash chenille. The thorax is olive craft fur/white craft fur. The hackle is fish food bruiser blend brown/olive and fish food bruiser blend cream.



Rob Scafe tied an **Amherst Spey** on a 36890 size 4 hook using 6/0 black thread. The tag and rib are oval tinsel size 10. The thorax is floss—silver dark blue. The first collar is blue marabou, the second collar is mallard flank and the third collar is silver pheasant—silver dark blue. The wing is Lady Amherst chartruse.

ENTOMOLOGY CLASS AND BBQ JULY 21st

Want to learn more about the bugs the fish eat and how to tie realistic flies? Come to this years Entomology Class and BBQ. This years Entomology Class and Bar-B-Q will be held on July 21 on the American River by Watt Avenue at 6:00 pm. Ken Davis will be putting on the class. Last year, Ken gave an overview of the common aquatic insects complete with the terminology and examples of application to fly fishing in region waters. This class also qualifies for the Coachman Award certification.



FLY OF THE MONTH

Red headed step child

Tied and photographed by: John Daniels

MATERIALS:

Hook: #16-18 standard length or 2XS nymph hook (e.g. TMC3769 or Dai Riki 075)
Head: Red glass bead
Tail: Pheasant Tail
Rib: small or extra-small red Ultrawire
Abdomen: brown 6/0 Danville thread or 12/0 Benecchi
Wingcase: medium spooled pearl or opal mylar
Thorax: Peacock herl
Legs: red Flashabou Accent (metallic color)

COMMENTS: This fly was originally published in the January 2011 newsletter.

This pattern is from Hogan Brown, a Northern California guide and sometimes high school teacher (or perhaps that should be vice versa). Brown's patterns are simple, effective, and often have really silly names, and this fly is no exception. Tried and tested on Central Valley rivers such as the Lower Sacramento and the Lower Yuba, the Red Headed Step Child in smaller sizes can be a very productive pattern that everyone should have in their fly box.

Step 1



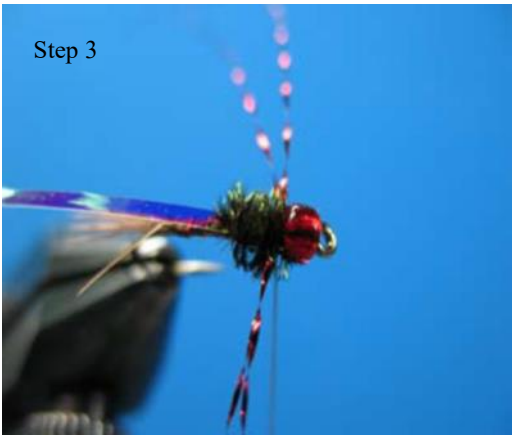
Step 1: Crimp down barb, slide on bead, lay thread base to bend of hook. Tie in Pheasant Tail gape length, and wire rib with minimum of thread wraps at bend.

Step 2: Wrap smooth abdomen with touching thread wraps to beginning of thorax, about a 1/4 hook length behind the eye, then rib with wire.

Step 2



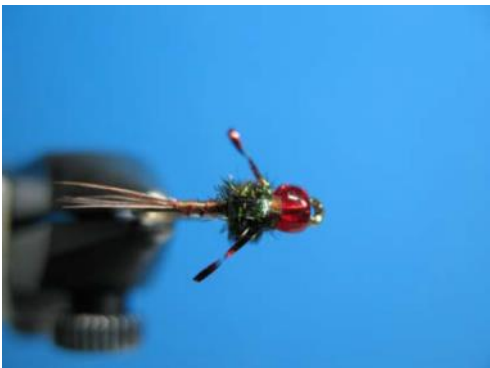
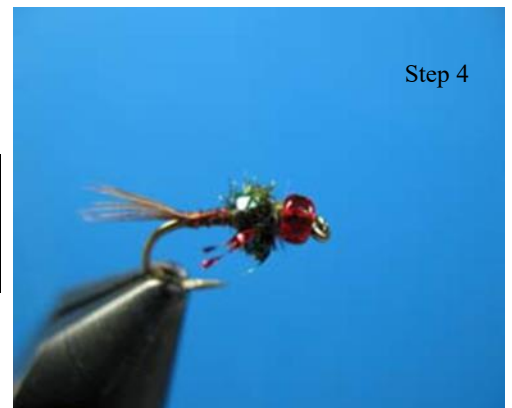
Step 3



Step 3: Tie in wingcase and 2-3 peacock herl, wrap peacock forward to the bead. Take two strands of Flashabou Accent, tie in right behind the bead perpendicular to the hook with crisscrossing wraps. Cut the legs to about the point of the hook, or just a bit longer than the thorax.

Step 4: Bring wingcase forward and tie in behind the bead. As you tie in the wingcase, the legs should sweep backwards. Trim the wingcase with a small tag hanging off just past the tie down point, a signature feature of several Hogan Brown patterns. Whip finish behind the bead and you are done.

Step 4



Finished fly as seen from above

UPCOMING OUTINGS

FOR DETAILS ON A PARTICULAR OUTING, PLEASE CONTACT THE FISHMEISTER OR ASST. FISHMEISTER

August 25-28	Mammoth Area, CA	Fishmeister: Jeff Howard	Asst. Fishmeister: open
September 30-October 2	Upper Sacramento River, CA	Fishmeister: Craig Williams	Asst. Fishmeister: open
October 7-8	Fall River, CA	Fishmeister: Val Adams	Asst. Fishmeister: open
December 9-11	Pyramid Lake, NV	Fishmeister: John Daniels	Asst. Fishmeister: open

MAMMOTH LAKES OUTING AUGUST 25-28 2016

This year's summer camp out will be held at Twin Lakes in Mammoth Lakes Ca. Mammoth lakes area is one of my favorite places to vacation AND fish. There is so much to do and see in this area you cannot get it all in just one trip! The Minarets are awesome at sunset!! Devils Postpile, Reds Meadow, Rainbow Falls, Hot Creek; the list goes on and on!! We will be staying in an area that has 5 lakes to fish. Load your buddies and tubes up and pick one. We will do the same 2-fly Event on Saturday AND The Natural Tie Event as well at Saturdays Potluck. At this point I am not sure which lake will be fishing the best to hold the 2 Fly event; time and research will tell. Huge Alpers trout have been planted for years in this area, but since last year the Trout have been coming from Oregon; due to Hatchery issues, i.e., WATER ISSUES. There will be fish and that's all that really matters :)

Fishing this area is almost endless: Hot Creek, Crowley Lake, Convict Lake Rock Creek and Rock Creek Lake, Upper Owens River, Lower Owens River; just to name more than a few PLUS 5 Lakes in our backyard of camp.

This year there will also be a guided trip on Crowley Lake. The cost is 310\$ for 1/2 day , 2 fishers and 410 \$ full day , 2 fishers. All flies and gear provided , drinks, snacks for 1/2 day, and lunch is included for full day.

Jeff Howard

OUTING REPORT

FULLER LAKE OUTING JUNE 2016

We jumped on 80 about 7:15. As we hit Auburn we noticed a bit of cloud cover. While we rolled thru Gold Run, Jim noticed the wet pavement. We pressed ever onward. Now we are at Blue Canyon and I am seeing the puddles on the side of the road. I can honestly say I am not prepared for this as I sit in my shorts and t shirt.

When we pulled into the parking lot we saw many hearty CFFU members getting ready. Once on the water and making the rounds we quickly found Nick Fitzgerald had great karma as well as the right fly and depth on this morning. We started to see others join the fray. - Trevor, Brian, Chuck, Ty, Mike, Greg, Mic, John C., Laurie, Mel, John D. (after a bit of bribery with an extra jacket), Robert and Dave and Carol.

Nick "Fish On" Fitzgerald started us off with 8-9 in the boat by lunch and 10 for the day. Mary Ellen caught her first fish out of a float tube! All others had some levels of success as the morning rolled on. After a recent plant the fish seemed to be at many different levels in the water column.

The afternoon seemed to quiet down with fish being caught but at a much slower pace. The sun worked thru the clouds and tried to warm things up later in the day.

John D. and Brian hung in til the end netting a few more before being chased off by the cold.

My apologies if I missed your name in attendance

Thanks to all members who attended, we hope you had a good time!

Rich Kendall

CFFU TEACH LOCAL VETS FLY FISHING

25 CFFU members answered the call to help local veterans learn to fly fish. We will be needing your assistance in the months to come! Rich Kendall, Bill Conway and Jake Mater volunteered to take a leadership role and coordinate this program. On Tuesday, May 17th they met with six Peer Specialists from Mather/ McClellan along with their boss, Laurie Sheerer. These Peer Specialists are veterans of the Afghanistan or Iraq wars who work for Northern California Health Care Services (NCHCS). Each of these young men has approximately 60 veterans with whom they work, trying to integrate them into community activities.

Rich, Bill and Jake spend ½ day introducing the Peer Specialists to fly fishing. They taught them to rig their rods, gave them a casting lesson and had them tie wooly buggers. Ideas were exchanged and plans made. The Peer specialists left enthused and excited to find which of their veterans might be interested in learning to fly fish.

Next Steps: As part of NCHCS's commitment, each participating veteran will need a physical, which Laurie Sheerer estimates will take at least one month. NCHCS will also help all veterans get a fishing license. After that we will call on our CFFU volunteers to participate in a hands-on overview day to introduce a group of interested veterans to the many facets of fly fishing. From this group, we will find the veterans who are excited and committed to learn to fly fish.

Laurie Banks



Bill Conway helps vets tie some flies.



Rich Kendall and Jake Mater help vets tie some flies.



Jake and Bill help teach casting techniques to the vets.

OTTER'S ACTIVITIES

The OTTER'S (OLD TIMERS TYING, EATING and RECREATIONAL SOCIETY) generally meets weekly for lunch, fly tying and fishing. Everyone is welcome at CFFU OTTERS events. Even "working" folks who may have a day off. An e-mail is sent on the CFFU listserv before each activity; please respond if you will be attending and then just show up.

Check the listserv for upcoming OTTERS events.

PHOTO CREDIT

THANKS TO THE FOLLOWING MEMBERS FOR THEIR CONTRIBUTION OF PHOTOGRAPHS FOR THE NEWSLETTER:

Rich Wilson Laurie Banks

CALIFORNIA FLY FISHERS UNLIMITED

CFFU is a non-profit community organization serving Sacramento and statewide. Since its inception in 1962, the club's objective has been to promote increased awareness and participation in the art of fly fishing, particularly among families. CFFU also promotes the enhancement and preservation of resources through conservation efforts and in-school programs. Club activities and membership participation include monthly fly fishing programs where special guest speakers provide information on angling around the world. The club also has at least one club outing a month on the water, technical fly fishing clinics and classes, and conservation projects.

Meetings are held at 7:00PM on the first Tuesday of the month at Conzelmann Community Center, 2201 Cottage Way, Sacramento, CA.

Individual annual dues are \$30 per member, \$45 per family, renewed in January of each year and prorated after June 30th for those joining later, and a \$10 initiation fee. Board of Directors meetings are held on the Monday preceding the regular first Tuesday meeting at East Ranch Clubhouse, 150 East Ranch Road, Sacramento, CA 95725

ON THE FLY is the official monthly newsletter of the California Fly Fishers Unlimited, P.O. Box 162997, Sacramento, CA 95816. No claim is made by the organization as to the accuracy or veracity of any information within this publication. Apologies are made in advance for all errors and offenses as none are intended. No warranties are made by CFFU on any products or services discussed in this newsletter. Submission of articles and news items is welcomed and encouraged. Preferred format is in an e-mail attachment in plain text sent to cjweiland@comcast.net. Pictures will only be returned upon request. **Absolute Deadline for submissions - 25th OF THE MONTH**



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