

On the Fly

Official Newsletter of California Fly Fishers Unlimited, a 501c(3) Non-profit - January 2018



Contents

Pg. Features

- 2 Calendar
- 2 Big Catch
- 3 In the News
- 4 Trinity Report
- 5 Postcard
- 5 Congrats.
- 6 Programs Rep.
- 8 On the Road
- 9 Interview
- 10 Editor's Note
- 10 Go-to Fly
- 11 Vintage Fly
- 12 Photography
- 13 Bug of Month
- 13 Fly Tiers Exch.
- 14 Fly of Month
- 15 Conservation
- 16 Club Officers
- 16 Club Info.

Memo from the CFFU President - Dave Lentz

Fishy Christmas Gifts

Being a fishery biologist, I am accustomed to receiving fish-themed gifts, most often from my family. How many of you own a three-foot rainbow trout throw pillow...or rainbow trout slippers? I got that... and lots of other fishy items. But, I can report that—for some strange reason I received nary a fish-theme item in my Xmas stocking or other packages under the tree this year. And that's fine. I'm enjoying what I have already. I hope Santa was kind to you... maybe your fly fishing arsenal was enhanced by Santa or other thoughtful folks who know that you need this stuff. ;-)

January gives the opportunity to feature CFFU at the ISE at Cal Expo. We can tell people interested in fly fishing why we belong to a club like CFFU... and why they may want to be a part of the Club too. May 2018 be good to you.



Dave's Big Fish on Crowley Lake

P.S. All you Chili Chefs don't forget to tune-up your chili recipe and be prepared to enter our CFFU Chili Cook-Off at the February 6 Club meeting.



January Speaker - Dave Lentz

Program: Fishing for Western Native Trout

California is home to a great diversity of trout. We have at least a dozen native trout and a great way to learn about them is to pursue the Heritage Trout Challenge. The west is a trout fishing mecca with famous destination rivers like Montana's Madison River and its tremendous rainbow and brown trout fishing. Other western states may not have as many native trout forms as California but there are great opportunities for us to discover new trout and the places they live in. Montana is also home to



Wilderness Cutthroat Fishing

two cutthroat trout forms, a redband trout, Bull Trout, Montana (arctic) Grayling and Mountain Whitefish. This talk will feature fishing for the west's native trout that we Californians may not be familiar with. We will see some places to go that may be off the crowded trout fishing path. We will examine why we might be interested in fishing for these lesser known trout.



CFFU Calendar - January 2018

JANUARY	EVENT	INFORMATION LINK
2	CFFU General Meeting at 7:00 PM	CFFU Website (LINK)
3	CFFU Board Meeting	
13	Mentor Outing at High Hill	High Hill Outing (PDF)
18-21	International Sportsmen's Exposition	ISE Website (link)
25	Tech Thursday: Jon Baiocchi (Fishing the Yuba River)	Tech Thursday
31	Social: Dressing for Winter Fishing	CFFU Socials
FEBRUARY	EVENT	INFORMATION LINK
6	Board Meeting	CFFU Website (LINK)
6	General Meeting & Chili Cookoff	
14	New Member Meeting	CFFU New Members

Outstanding Catch - Ken Giesser

On a recent fishing trip to Pyramid Lake with grandson Matthew Barlow, Ken Giesser managed to luck into this nice 12 lb. 11oz Lahontan Cutthroat while stripping a Black Foam Beetle tied on a #6 200R hook, using chartreuse cactus chenille as an underbody and a short red marabou tail. Photo by Matthew Barlow.



Matthew Barlow Image

January Demo Tier

Sam Yee

At the General Meeting (6:30 PM), Sam Yee will be tying his "New and Improved" Clouser. For another option, see Joe Bania's feature on his "Modified Clouser" on Page 10 of this issue.

International Sportsmen's Exposition

By Rich Wilson

CFFU will be back at the annual International Sportsmen's Exposition (ISE) event at Cal Expo in Sacramento. Dates for the upcoming show: January 18-21, 2018 (Thursday through Sunday). Come check out the latest in fly fishing equipment, hunting gear, RVs, etc., and get information from multiple guides and resort vendors vying for your patronage. ISE is CFFU's main yearly new member recruiting event, and we also raise funds for club activities by direct solicitation and a fly rod raffle. Thanks to all club members who volunteer to staff the CFFU Booth. Hope to see you there.

In the News...Female Angers Increasing!

Submitted by Mary Ellen Mueller



Sheila Cavanagh's first trout on a fly rod.

From a 12/10/2017 N.Y. Times article by John Clarke.

Women are the fastest growing demographic in fly-fishing which is one of the most male dominated outdoor sports. Of the 6.5 million fly fishers in the U.S., already 2 million are women. Industry leaders are finally recognizing this and are targeting women with gear and apparel specifically designed for women. Bart Bonime, the Patagonia fishing director said "We didn't want to take a

men's wader and dumb it down and color differently for women. Women don't want something that's designed for a man. They want something that's designed for them."

But in addition to the special needs of tailoring sizes and equipment for women, there is a growing awareness of other challenges they face such as acceptance in a male dominated sport and outdoor safety. Often for women

finding the right gear was not as problematic as "buying" it. Some female anglers said the big hurdle was the men who work in fly shops. One woman felt that every time she walked into a fly shop the employees treated her like she was lost.

A new initiative involving Orvis, Simms, Costa and Yeti is working towards a goal of "an even gender split" in fly-fishing by the year 2020. In addition, a women's magazine DUN, is dedicated to women and fly-fishing. The magazine's editor Jen Ripple called the sport "empowering." Fly-fishing is often attractive to women for different reasons than men. "Many women liken it to yoga; a quiet meditative getaway from daily stressors" says Jess McGlothlin a female instructor from Bozeman, MT. For others, a chance to commune with nature and learn new skills. Whatever the reasons, CFFU welcomes this growing demographic.

[LINK to N.Y. Times Article](#)



Report from the Trinity River by Craig Williams

We enjoyed a great outing on the Trinity where Steelhead fishing was active enough to give most everyone a chance to hook up. The first day, November 14 gave us good weather but the 15th rained most of the day. We had good attendance at the group dinners with satisfaction by all for the locations which were the Trinity Alps Golf Cafe, Cafe at Indian Creek and LaGrange Cafe in Weaverville. Best attendance and my favorite was at Indian Creek Lodge shown below. The larger fish were caught on the 14th with Robert Roundtree boating 3 including a 26" (5lb) fish. My partner Joe Puglisi boated 4 fish to my two .

Nancy Yee experienced her first steelhead hookup on this trip with Julie Kaye and Pamela Rourke requesting numbers of their guide catching more hatchery trout to count wade fishing below Lewiston Dam on the first day. If I recall correctly they drifted with a guide the next day.

Again, Robert Rountree had a good day the next day with the most steelies boat-

ed and my partner Mike Baume caught a nice steelie after a display of good "rodsmanship" to get this fish boated. I regret not having further info on fish caught from other members in attendance but I think most all hooked up. They would be John Coldiron Tim Landrus, Bob Roth, Sam Seaton, Guy Deaner Phil Shipley, Paul Wisheropp and Rob Scafe.

On the 16th I met up with fellow members of Amador Flyfishers and wade

fished the Evans Bar area and Bucktail Crossing where a good number of half pounders were caught.

All in all it was an enjoyable trip.



POSTCARD from George Lazar

A Float Trip Down the Alagnak River



Congratulations to CFFU Members

Trevor Segelke earns Advanced Coachman



Congratulations to Trevor for completing the Advanced Coachman Program.

Jim Simon's Crane Image in Calendar



Congratulations to Jim Simon for having his dynamic photograph of Sand Hill Cranes selected for the DFW Wildlife calendar.

December 2017 Program Report

By Ken Giesser

Our December meeting featured slideshow presentations from our very own club members, showcasing personal fishing adventures from 2017.



Gary Howard started the evening off by taking us to Kodiak Island, Alaska where he enjoyed great fishing for Pinks and Silvers. He generously provided all the information needed for anyone considering this trip, including prices. He and his wife basically took a road trip around the island with a “rented car” and found fish. He also utilized the resources of guides for a couple of days and in doing so, got some terrific video footage of stream crossings on four wheelers. Exciting stuff! Thanks Gary!

[LINK to Gary's Video](#)



Sam Yee brought us down to Baja for exciting Dorado action. He traveled there with Maury Hatch and a group of guys he's fished with for years. Sam always gets the best videos and watching him play that big Dorado from the underwater perspective was special. He also included casting and stripping footage that I hope you all paid attention to. Sam is one of our best casting instructors and as a club we provide free “on the lawn” casting help before each monthly meeting, April through October. A fly rod has the potential to take you all over the world but only if you learn how to use it. Take advantage of the instruction. You'll be glad! Thanks Sam!



Laurie Banks took us on a trip to Knoxville Tennessee with Melanie Welborn and Sheila Cavanagh. Melanie's brother lives back there and was both host and tour guide for the group. They floated the Clinch River with guide Mike Bone and enjoyed great fishing for mostly Rainbows, along with a few Browns, and some Bookies. Laurie actually scored the Clinch River Grand Slam by catching all three species. Sheila had the biggest Rainbow for most of the trip until Melanie topped her with a “lunker”. Why is it that Melanie always seems to catch the biggest fish? She did the same thing on the Susan River. Anyway, thanks Laurie!

December 2017 Program Report continued



George Lazar followed that up with a beautiful array of slides from a trip he took to the Bristol Bay region of Alaska. He went there with his nephew and floated for several days on Moraine Creek and the Alagnak River. The fishing was fabulous for all species of Salmon and Rainbow Trout. You won't find any Rainbows, anywhere, more beautiful than Alaskan Rainbows! I might also suggest you won't find many geographical areas more beautiful than the braided streams and valleys of Alaska and George's aerial shots really showed that off. He also included several daytime photographs of Ursa Majors and Ursa Minors, and buddy, I don't mean constellations! Thanks George!



Matthew Barlow, my grandson, and I finished up the evening with a slideshow about our trip to Yakutat, Alaska and the Tsiu River. We enjoyed great Silver Salmon action along with saltwater fishing for large Halibut. Go there if you ever get the chance.

[LINK to Matthew's Video](#)

The OTTERS

The OTTERS (Old Timers Tying, Eating and Recreational Society) generally meets weekly for brunch, fly tying, and fishing. All CFFU Members are welcome at OTTERS events. Even "working" folks who have a day off can join the fun. Watch the CFFU listserv for notices about where the group meets to eat, tie some flies and probably tell a few fish tales. They even fish on occasion.

On the Road with...Betty & Keith Pfeifer

Fishing Utah's Green River

Every year we head out on the open road to discover new and beautiful places. Exploring National Parks and monuments, visiting friends and family, and finding new waters to fly fish are our primary objectives on these adventures. Our mode of transportation is a Ford camper van, appropriately named the Trout Mobile. In 2017 we joined 12 other fly fishers in late May on the Green River, a trip sponsored by Kiene's American River Fly Fishing Co. While most of our group headed to Utah from Sacramento via airplane to Salt Lake City and rental car to the Flaming Gorge area, we decided to drive via I-80 and secondary roads through the scenic Uinta mountains, the only major east-west running range in the United States. Accommodations were at the Red Canyon Lodge, which is approximately 30 minutes from the Green River put-in below Flaming Gorge Dam and the town of Dutch John. We fished three days out of a drift boat with an excellent guide, Dano Bolton, with Old Moe Guide Services. The blue ribbon Green is famous for its tremendous populations of rainbow and brown trout, estimated at 10,000 to 15,000 fish per mile. The Green was flowing above normal by three to four feet, but still very fishable. Below Flaming Gorge Dam, the Green flows for 30 miles through beautiful, towering red rock canyons. We fished the A and B Sections with many hook-ups of brown trout in the 15 to 20 inch range, and a few "football" rainbows above 20 inches. On one run we had four "doubles" in a row. Nymphing with scuds and sparkling San Juan worms with heavy split shot produced consistent results. Dry fly fishing was slow, but improves as the flows drop and the weather warms through the summer.

Other fishing opportunities abound in this region, particularly the Flaming Gorge Reservoir, which holds the Utah record for rainbow trout, Kokanee salmon, lake trout and brown trout. Red Canyon Lodge is a great, full service venue



Keith and Betty with a double catch!

servicing good breakfasts and dinners. The lodge has several comfortable cabins that are close to a private pond, stocked with good-sized rainbow trout and the unique tiger trout, a cross between a brown and brook trout. Several campgrounds are nearby as well as other lodging. Full service fly-fishing shops are located at the Flaming Gorge Resort and in Dutch John.

If you get tired of fishing, head south on Highway 191 to Highway 40 and visit Dinosaur National Monument and the

awesome Dinosaur Quarry north east of Vernal. The Quarry is the largest Jurassic period fossil bone quarry in the world and is an enclosed exhibit of many fossils, providing a close-up view via several elevated ramps.

Best of luck fishing on your future road trips.

Keith and Betty Pfeifer



Green River Gorge

Interview with Larry Lee - Owner of L3 Rods

By Laurie Banks



Laurie: First, I want to thank you for your very generous donation of the Sage Method rod for our annual dinner and fundraiser. You also built the Sage X rod blank that Val Adams donated.

Laurie: How did you get into rod building?

Larry Lee: About 20 years ago I started learning to build my own rods because of the expense of buying them. I tried to get knowledge, but back then there was no internet and the books were only so-so. I learned on own and made many mistakes.

Laurie: Tell me about your company, L3 Rods.

Larry Lee: I am a dealer for Batson Enterprises. This is where I get most of my blanks although I can get others, like Sage, for a discount. Batson blanks are light, responsive and durable. I also like Batson accessories, like cork, guides and reel seats.

Laurie: I built a rod with you last year and it was a great experience. I'm so glad you offer this opportunity to club members.

Larry Lee: One thing about belonging to a club is club members share knowledge. I have a lot to share. Also members don't have to spend thousands to learn rod building. I'd like to see more

members learn what is involved. There are many reasons to learn. For example, as we age we may lose range of motion in our arms. Using a shorter rods with larger guides can help women and older folks throw line more easily.

Laurie: What are the advantages of building your own rod?


Larry Lee: One reason is to save money. Another is to understand how rods are built and get an idea of what it entails. You can make choices about a reel seat, guides, tip top and the color of the thread used to wrap and customize your rod. You can have your name put on it and take pride that you participated in making it.

Laurie: Once a year you lead a Tech Thursday for our club to introduce members to rod building.

Larry Lee: Correct. Anyone interested can work with me to build a rod. It takes 3, 3-hour sessions at my shop. You pick out the weight of blank you want and all the components. You learn about flexes, how to spine the rod glue on the reel seat and tip top. I show you how to wrap the guides and epoxy the wraps. The rod will cost you substantially less than a retail rod.

Laurie: Anything else you would like us to know?

Larry Lee: This is knowledge that you don't get from a fly shop. I'm not in competition with them. Building your own rod is a way for people to enhance and broaden their knowledge of the art of fly fishing.

Laurie: Thanks Larry for giving CFFU members this opportunity. Not only is the rod I built with you special to me, but also the knowledge I gained while building it. 

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Larry L. Lee
5645 St. Claire Way
Citrus Heights, CA 95621

web: www.L3rods.com
email: L3rods@gmail.com
Cell/Text: (916) 601-7853

“Hooked” on CFFU - From the new Editor: Ken W. Davis

“The Fish are Small, the Memories Large.”

First, I would probably would not be in the club if it were not for Laurie. I frequently ask her why are you doing all this work for CFFU? Her response is “It’s the least I can do for a club that has given us so much. Look at all the knowledge we’ve gained and all the friends we’ve made.”

Anyway, thanks to Laurie, I am a member of CFFU and have made some great friends...some for life, I hope. I have had some life changing or at least life-impacting trips through CFFU. Our journeys with Dave Lentz on the Heritage Trout excursions have been incredible. Of course, we could do these on our own, but Dave and the participants made the trips a really memorable experiences. If you like to fish, explore, laugh, learn, these trips are for you. The fish are small, the memories are large.

If you want a club, I think you have to participate on some level. I joined the conservation committee because I felt



McCloud Redband Trout - Heritage Trout Trip

I had a lot to contribute. I work on grass roots conservation efforts every day of my life as part of my career. Counting fish, identifying bugs and designing monitoring projects are elements of my contracts.

Another way for me to participate is volunteer as the new *On the Fly* editor and use some of my geeky media experience. CFFU is composed of remarkable people and we’d like to hear from as many members as possible. Two new features

we would like to add are “Letters to the Editor” if relevant, positive and germane to the club. Also “Questions for Anglers” where members would submit a question to solicit responses from other anglers. I want to hear your stories and what makes you hang around the club. Please send quips, stories, images and any other media that will enrich the CFFU experience via our newsletter to ken@creekman.com. 

My “Go-to Fly” by Joe Bania

Bania’s Modified Clouser

To be successful catching stripers you have to imitate the fish they eat. The profile or shape of the fly is very important. This is what they key in on while looking for their next meal. Delta Smolt, Threadfin Shad, Bluegill, Pike Minnows and the young of their own kind make for very good eating.

In waters that are stained or muddy use lots of flash and rattles to attract them. In clear water you can use less flash. Your fly should have a swimming motion as it is stripped through the water. The tail made from lateral flash in pearl or blue is a good example for this motion. You cannot strip fast enough to keep the fly from being eaten by a striper. Vary your strips. Experiment with various sizes, color and materials.



I like to tie my flies on #1-3/0 600 Jig hooks with the flies created from 3 to 6 inches long. I like deer hair for tying my baitfish. Sometimes I like synthetics that shed water and add sparkle. Colors can be yellow over white, olive over white, gray over white or, black/blue over white. I even tie some with yellow haloed by orange. The basic pattern is a modified clouser with a mylar

wrapped body and sparse fur to give a profile that fish can see through.

I fish these casting a 400 gram sink line 70-80’ on flats 6-12” next to a drop-off. Stripers will come up on these slots to feed on the bait fish. Check the tides, fish like it when the water is moving. So fish the cuts and the flats to have a great time catching the “Big

Ones”.

P.S. Many times I catch other species of fish like pike minnow, largemouth and salmon with this fly.

Note: The first 10 members who ask Laurie Banks at the General Meeting for a Joe Bania Clouser - get one free.



Vintage Fly Corner - Art Winnie's Michigan Hopper

By Rob Scafe



Recipe

Hook:	Mustad 94831 or equal size 8 – 10
Thread:	Black
Tail:	Long dyed red duck or goose quill fibers
Body:	Yellow Chenille
Wing:	Modeled Turkey feather
Hackle:	Ginger

Mary Orvis Marbury in the book *Favorite Flies and Their Histories* which she wrote more than 120 years ago stated, "Anyone who will invent a grasshopper with the natural "kick" has a fortune in his hands." Over the years, many imitations were bodies of wood, quills, cork, covered with silk, wool, robber and silk-worm gut, but they were clumsy lacking the spring and softness of a real insect"

As early as the 1920s there were articles written about attempts at making a hopper fly made of the materials mentioned above but all fell short.

In the 1950s Art Winnie's Hopper was introduced to fly fishermen called the "Michigan Hopper and later "popularized" as Joe's Hopper. Art is credited with one of the first "Hopper" patterns that was used in the art of fly fishing. Art

was a barber in Traverse City Michigan and is said to have tied over 200,000 flies over his lifetime.

I first heard of Art when I read *The Founding Flies* by Mike Valla. Being a Michigander myself, I read the section about Art several times. Many of the "Hopper" flies we see today had their beginning with Art's Michigan Hopper. Art had many friends they helped promote his hopper fly. A large order for someone in Texas led to the fly being named the Texas Hopper. Then it was used in Montana and became well known. As much as the Western fly fishers wanted to think it started out west it is credited to Art Winnie from Traverse City Michigan.

This pattern does not use palmered hackle over the body and it is one of the first flies to use turkey feathers for the wings. The later hoppers we see today have evolved from this simple pattern. Dave Whitlock's Hopper pattern is a very good example of today's patterns.



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Taking Photos of Flies on the Cheap by Jim Simon

I've been taking photos of flies for a few years and would like to share some of what I've learned. These are my suggestions. You can be successful doing it your way, but keeping these suggestions in mind will help cure problems that crop up in your photos. Here's my Q&A.

1. Do I need a tripod? Not absolutely. A tripod will give you all sorts of advantages. Holding still lets you get the focus right, lets you shoot at long exposures and low ISO (avoid noise, grain and the attendant blurring of detail), lets you skip flash and bright lights that bring on shadows and bright spots, and it makes your set up repeatable for each photo. The tripod will let you effectively use live view. Handholding with live view is difficult with longer exposures.

2. What's the easiest and best background? Intuitively it would seem that white would be the best as it doesn't introduce strange color casts. For a bunch of reasons our intuition is wrong. White fools the camera meter into believing the scene is darker than it really is (you'll notice the white comes out grey). Also the contrast with the white and the fly is low. I find that fun foam (paper works too) in blue and green makes a good background. Other colors will also work, but these two are the go to. Put white foam or paper under and around your setup to evenly reflect light, and the color foam just in the background. If the fly has blue tones use a green background and if it has greens, use blue. Experiment!

3. How do I get the color right? Every editing program including your



Jim's setup to photograph flies

phone's has a method to correct the white balance. On the iPhone it is called "cast". At the edge of your photo set up put something white or grey and include that item (a piece of paper that is not glossy is fine) in the photo. You'll just crop it out later. When you review the photo later adjust the white balance using that white or grey object. Then the color will be spot on.

4. What camera equipment do I need? You can use what you have (if you get into macro photography you'll buy stuff). Most everyone has a camera or phone with enough pixels that you can crop the photo to fill the frame. Remem-

ber it doesn't take many megapixels to fill a monitor screen. For those who use interchangeable lens cameras, a closeup tube is inexpensive and works well as the poor man's macro. Cheap close up filters can be had at the NY camera stores but are full of distortion and can be a pain to use.

5. What's an easy light source? Fluorescent lights that are close to white in color as in a kitchen ceiling work well. Whatever the light you use, the bounce off the white foam or paper will help illuminate the fly evenly and including the white or grey object will allow you to fix the color cast from lights that are less than perfect. Try to avoid flash.

6. What camera setting do you suggest? Having a camera which lets you choose the ISO will really help. For point and shoot cameras choosing 100 is a good start. For recent interchangeable lens cameras, 200 to 400 ISO works. I use aperture priority and choose a small aperture (large number) so I have a greater depth of field. I choose f/13, but cameras with small sensors will be fine at f/5.6 or 8. The tripod will let you take the 2 or 3 second exposure you will need. Focus using the live view, not through the viewfinder, and you can magnify the view to determine if the focus is correct. Try to focus on the hook eye.



Fly Tiers Exchange - Submitted by Don Wallace

Photos by James Simon

Partridge and Orange



Trevor Segelke tied a Partridge and Orange on a size 12 hook using orange (other colors such as grey, yellow, brown or olive can be used) 8/0 thread. The body on this fly is orange thread with a small black wire rib (can be tied with or without the rib). The thorax is dark antron dubbing. The hackle is one turn of a partridge feather. Comments: A simple fly tied with or without rib. Body is thread wrapped around the hook. The thorax is a small amount of dubbing tied at the head of the hook. The wing is a single turn around the hook of partridge.

The Boss



Rob Scafe tied The Boss on a size 8 TMC 3761 or a Mustad 7957BX (the original hook) can be tied in 8, 10 or 12 using black thread. The tail is black calf tail. The body is black chenille with a silver tinsel rib. The hackle is 1 to 3 turns of orange saddle hackle and the eyes are silver bead chain.

FLY TYING EXCHANGE

The Fly Tying Exchange provides an opportunity for members to practice their tying skills and share their flies with other tiers. Another benefit is the chance to win a gift certificate to a local fly shop.

Each month members submit one dozen samples of the same fly, along with the written recipe of the fly and any comments they wish to provide. The club will take two of the flies to be sold in fly boxes at the annual dinner. One additional fly is kept to be photographed and archived on the CFFU webpage. The remaining flies are then distributed among the participants for that month. Each contributor will receive flies from all the other contributors, but none of their own.

Don't Forget:
Send Your Steelhead Card to DFW!

Biology on the Fly - Skwala Nymph

By Ken W. Davis

Skwala Stonefly nymphs look similar to their larger cousins the Golden Stoneflies, but are much thinner and their legs always appear more gangly than the more robust golden stones. The major distinction about this stonefly is when they emerge, early in the year from January to late April depending on the river. The golden stoneflies will emerge later in the year depending on the elevation and water temperature.

When they finally decide it's time to emerge, the nymphs begin to migrate to large stones near the bank. The pre-hatch period is when you want to fish the

nymph patterns near riffles and along the banks. When these nymphs move, they run like they are triple jointed, so experiment with giving that nymph pattern a "twitch" or two to imitate a slow drifting, "leg-shaking" Skwala nymph.



© Ken W. Davis







Fly of the Month - Skwala Nymph

By Bob Bettati

This variation of the “Skwala” was designed by local guide Ron Speroni of Ron’s Guide Service for the famous Yuba Skwala hatch (more color specific for this river).The following is a reasonable reproduction of Ron’s fly.

Recipe

Hook:	2XL Size 8 To 10 with 10 being the most popular
Thread:	Black Size 6/0
Ribbing:	Black Copper Wire
Overbody:	Thin Skin Molted Bastard Yellow
Legs:	Silly Legs bared olive or MFC Sexy Legs
Body:	Light Olive Chenille or Micro Chenille or Easy Dub Olive
Tail:	Silly Legs or Sexy Legs
Antenna:	Silly Legs or Sexy Legs

STEP	IMAGE	TYING INSTRUCTIONS
1.		1. Crimp the barb and place the hook in the vise. Start the thread base back to the barb.
2.		2. Place one leg on each side of the hook shank extending the Silly Legs front and back. These represent the antennae and tails.
3.		3. Tie in the wire (ribbing), Thin Skin (overbody) and the Chenille (body). Advance the thread about 2/3 forward from the barb.
4.		4. Tie in six Silly Legs , three on each side.
5.		5. Start wrapping the body material forward until you reach the abdomen area. Tie the body materials a little thicker through the thorax area. Tie the Chenille off behind the eye of the hook.
6.		6. Advance the “Overbody” across the top of the fly, pull the Thin Skin taut and secure at the body tie-off point. Advance the wire ribbing up the abdomen and tie off. Trim the legs, tails and antennae. Done.

CFFU Conservation - 2018

Keith Pfeifer, CFFU Conservation Director

This is the time of the year when we reflect on our activities of the past year and begin thinking of what we might be doing in the next 12 months. Certainly for people that fly fish, there are many potential resolutions that come to mind. Improving your casting, learning to fish with a two-handed rod, organizing your hundreds of flies or fishing a new river outside of California, are just a few to consider. Of course, there is another important activity in which we all can participate, namely fisheries conservation.

Fisheries conservation is the preservation of the species by protecting the fish from physical and chemical harm and maintaining their habitat to insure optimal reproductive success. The list of potential natural and human adverse activities includes: climate change (i.e. drought and flooding), invasive species, mining, logging, dredging, dams, water diversion, water quality, poaching and over fishing. In addition, let us not forget that marijuana will be legal for recreational use starting in 2018. With the eventual increase in “pot” cultivation comes the potential adverse impact to headwater tributaries in the Northwest California, and other sensitive remote areas throughout the Sierra Nevada range. Clear cutting, road construction, water diversion, and the use of fertilizers and pesticides can ultimately impact our regional fisheries.

Learning about fisheries conservation is not as complex as it might seem. There are many organizations and individuals with web sites providing current information about environmental issues and conservation projects. Some of the most useful and diverse websites providing fisheries conservation information are: Mavens Notebook, California Water Blog, Water Deeply and Fish Bio. Since fish are dependent on sufficient, clean water, all these web sites provide information and perspectives on many



Chinook salmon that has returned to spawn in Auburn Ravine. The CFFU Conservation Committee is committed to helping with salmon projects in small Sacramento Valley tributaries. Ken Davis photo.

water issues in California. Other fisheries conservation organizations include: Trout Unlimited (Truckee, El Dorado, Sac Sierra Chapters) Cal Trout and the California Sport Fishing Alliance. Certainly, there are many more groups that focus on the preservation of individual rivers and watersheds, e.g. Save the American River Association, South Yuba River Citizens League.

CFFU is committed to protecting fish and their habitats. The Mission Statement for your CFFU Conservation Committee is “to promote and support the CFFU goals of conservation, preservation and enhancement of California’s fisheries, aquatic resources and the watersheds that sustain them.” The Conservation Committee has an annual budget to fund local and regional conservation projects that are directly related to fisheries conservation. In 2017 CFFU provided both financial and volunteer support to projects on Putah Creek, Auburn Ravine Creek and the Little Truckee River. The Committee will be meeting in January to discuss potential funding for 2018. If you have any information about conservation projects that may qualify for funding, please contact me or one of the Conservation Committee members:

Laurie Banks, Jim Berdan, Ken Davis, Carl Lang, Dave Lentz, Mary Ellen Mueller, Bill Templin, Mike Wigginton.

As members of the oldest, largest and most diverse fly fishing club in Northern California, I encourage you to become knowledgeable about fisheries conservation and participate in activities that you find important and interesting. Also, please voice your opinion to your government representatives and regulatory agencies on conservation topics and current legislation affecting fisheries. As your Conservation Director, my primary goal is to keep the CFFU membership informed about significant environmental/conservation projects, topics and issues related to our fisheries and fly-fishing. I will always base my perspective on what is best for our fish and their habitat.



CFFU Club Meetings

First Tuesday of each month.
Richard Conzelmann Community Center ([PDF Map Link](#))
2201 Cottage Way, Sac., CA 95825

General Meeting Schedule:

6:15 p.m.: Fly Tying Demo
7:00 p.m.: Program Presentation
8:00 p.m.: Club Information

CFFU Membership

New Member: Individual: \$40.00

New Member: Family: \$55.00
(Includes spouse and children under 18 years old.)

New Member: Junior: \$25.00 (Under 18 years old)

New Membership Dues:
(Includes \$10 initiation fee.)
After September 1, annual fees are pro-rated through
December 31.

JOIN CFFU: Membership Form: ([PDF Link](#))

CFFU RENEW Membership Online ([PDF Link](#))

CFFU Board of Directors

Please visit the CFFU Website for information about the
Officers, Directors and Club Committee Leaders

[LINK to CFFU Leaders](#)

Newsletter Editorial Staff

Editor: Ken W. Davis
ken@creekman.com

Assist. Editor: Laurie Banks
laurie@creekchick.com

Newsletter Submissions

All submissions, images and other material are due by the
25th of the month. The Newsletter Editor reserves the right
to reject any article or image that does not meet the Editor-
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California Fly Fishers Unlimited
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